

**Admin/Peterborough**

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Empowering you to live at home  
in the City and County of Peterborough

January 11, 2021

Mr. Doug Wellman  
Anstruther Lake Cottagers' Association Inc.

Dear Mr. Wellman:

We express our sincere gratitude to the *Anstruther Lake Cottagers' Association* for your donation of \$500.00 to support our Community Care - Apsley office.

We so appreciate you becoming a "lifeline" donor to help residents in Apsley and North Kawartha. Community Care never stopped, supporting our clients throughout the COVID-19 pandemic and, we will continue to support our residents through the loss of Sayers Food too.



We were resilient and operating, and continued to provide critical support services such as Meals on Wheels, Grocery Delivery, Transportation, Telephone Reassurance Check and Personal Distress Alarms. In fact, these services ramped up due to the increased demand from those most vulnerable, seniors and adults with physical disabilities, who were left isolated during the pandemic.

On our website, we have created a new page to keep everyone up to date on what services we have activated to provide additional supports, so if you hear of anyone searching for help, please feel free to share this resource with them. [www.commcareptbo.org/BeALifeline](http://www.commcareptbo.org/BeALifeline)

Of course, they can also reach out by phone by contacting Sarah, in our local program office and, she can assist them directly too. Here's the number for quick reference. (705-656-4589) We truly appreciate the ongoing support of the Anstruther Lake Cottagers' Association. We are humbled to see the community come together to support each other. Again, thank you for your generous donation!

Sincerely,

Danielle Belair  
Executive Director

**Offices**

Apsley	Lakefield
Buckhorn	Millbrook
Chemung	Norwood
Havelock	Peterborough

**Programs and Services**

- Brokered Home Help/ Home Maintenance
- Caremobile
- Diners' Club
- Drop In and Outreach
- Exercise and Falls Prevention
- Friendly Visiting
- Health/Wellness Clinics
- Home at Last/ Home First
- Information and Referral
- Intergenerational Programs
- Meals on Wheels
- Medical Equipment Program
- Personal Distress Alarms
- Telephone Reassurance Checks
- Transportation
- Workshops and Seminars

Charity #136680865RR0001