

PRE-OPERATIVE INSTRUCTIONS FOR SEDATION

- Do not eat or drink anything for 6 hours prior to your appointment. The only exception is water which can be consumed up to 2 hours before the appointment.
- **If your appointment is in the afternoon, you should have a light breakfast,** as long as you finish your meal 6 hours before your appointment.
- Your escort must be with you when you check in and out.
- You should not be left alone for 6 hours after your procedure. Your ride will verify with their signature that they will have responsibility for staying with you.
- Medication that you take daily should be taken at the normal time with a few sips of water. An exception may be made for patients taking diabetes medications. Ask us!
- Wear comfortable clothing including a short sleeve shirt that does not tuck in. You may bring a small blanket.
- Remove contact lenses prior to sedation and do not wear dark fingernail polish or artificial nails. Remove all jewelry, rings or watches. Leave all valuables (wallet, purse, cell phone, etc.) at home or with your escort.
- Do not drink alcohol or smoke anything 24 hours before and after treatment.

I HAVE READ AND UNDERSTAND THE ABOVE ENTIRELY.

Patient's or Guardian's Signature



Questions? Ask Us! 619-877-0124

Or email Office@TheExtractionClinic.com