

## **Bioidentical Hormone Replacement Client and Provider Expectations**

**What you can expect. The first year 5 visits are expected.**

**First visit is a physical exam**, will be ½ hour long. The cost is \$250. During this visit we will gather your past and present medical history. This includes a review of medications, vitamins, minerals and supplements that you are currently taking. Please bring in a bag with all of these so that we can accurately the medications, vitamins and supplements. Based upon the assessment lab testing will be ordered including but not limited to saliva testing.

**Second visit** is a consultation. The cost is \$250. This will include a review and discussion of all lab testing results. A comprehensive treatment plan will be formulated and initiated. (This appointment will be rescheduled if testing is not completed prior to the visit).

**Subsequent visits** are \$200. The time for this visit is ½ hour. The length of time between these visits will vary typically every 3 months. This will be determined by the plan and any medication changes.

**The second year 4 visits are expected.** *This may vary at the providers discretion.*

**The first visit the second year** will be a physical and review of your comprehensive treatment plan. The cost is \$250.

**Subsequent visits** will be ½ hour. The cost is \$200.

If at anytime the provider requires a 1 hour visit the cost will be \$250.

Saliva testing will be done a minimum of 1 time a year. More frequent testing will be required depending upon medication changes. Payment for the saliva test is provided to the lab performing the test. This is a completely separate entity.

***We will not bill insurance for this service.*** Bioidentical hormone replacement is typically not covered by insurance.

Payment is due at the time of service. Payments must be in cash or charge. We accept cash and charge only for this service.

**Laboratory testing** is a very necessary part of your health and is critical for bioidentical hormone replacement therapy. A kit will be provided to you to perform a saliva test. You will mail it back directly to the lab. *The cost of a saliva test is paid by you directly to the lab and any other tests ordered by the physician is the patients responsibility.* Traditional labs ordered can be done at a facility such as Quest, Labcorp, an AHN, UPMC facility, or laboratory of your choice. Traditional labs may be covered by your insurance. However, we can not guarantee that they will be covered.

***It is your responsibility to complete a minimum of 10 days prior to the next visit or your visit will be rescheduled as it is critical that we have results here for your visits.***

### **Appointment cancellations or rescheduling**

Appointments must be cancelled or rescheduled 24 hours prior to your scheduled appointment. Failure to do this will result in a charge of \$50.