Certified REAL Colors Facilitator



April L. Starks

April L. Starks is a native of Louisville, Kentucky. She is a 1993 graduate of Central High Career Magnet School where she concentrated in Law & Government. Upon graduation, she attended Centre College in Danville, Kentucky and obtained her Bachelor of Science in Economics. Her graduate level studies consist of a Paralegal degree from the University of Louisville (2009) and Masters degree studies in Professional Counseling at Liberty University. Mrs. Starks professional career experience includes Retail Store Management with Kroger Co., Financial & Banking servicing with National City Bank, Legal Administration with Wyatt, Tarrant & Combs, LLP and the United States Federal Court. She is also a certified Real Colors facilitator through the National Curriculum and Training Institute, Inc. Her community service involvement is with the Louisville Section NCNW, Inc. (Board member), S.O.W., Inc. (mentor), Dress for Success (volunteer) and High Top Basketball (camp director). Her mission is to serve people in the spirit of excellence. Real Colors is an opportunity to share her passion for building strong people service.

For additional information or to schedule a session

Call: (502) 523-3803 Email: starksnest@aol.com

www.realcolors.org







Putting the pieces together for you!

REAL Colors

What is REAL Colors?



Real Colors is an easy to remember and simple to administer temperament assessment. There are four temperament colors used within this model-Green, Blue, Gold & Orange. It provides an effective tool to understanding human behavior, for uncovering motivators specific to each temperament and for improving communication skills. When an individual understands their color they will be able to gain a more authentic view of themselves, as well as develop a better understanding of others. Communication and social abilities will be enhanced and opportunities for greater success will expand. Real Colors can be utilized at home, work, church, business and in various areas and situations of life. Adults and youth can be better by implementing the information obtained from going through a Real Colors assessment.

NCTI's Real Colors® is a leading edge tool that bridges temperament theory and real life applications in a way that is easy to understand, fun to learn and that offers unprecedented levels of retention.

National Curriculum & Training Institute, Inc., or NCTI, is an organization dedicated to helping people succeed.

Real Colors for Youth

The advantage of youth knowing their temperament is for them to better understand how they will assimilate into social arenas with confidence and security in who they are. In addition, they will be more equipped to articulate their strengths, weaknesses and means for improvement. Peer pressure will take on a different perspective when youth comprehend the concepts outlined in the Real Colors model. Higher educational decisions and career guidance can be made easier with the knowledge Real Colors will provide.

Real Colors for Adults

When Adults engage in the thought provoking concepts of the Real Colors model they gain the ability to access what makes them function. By knowing one's color it presents an opportunity to understand their primary temperament in any given situation. Stronger relationships can be built among family members, co-workers, business partnerships, community activist, and church members. The advantages of realizing the positive effects of Real Colors is priceless.



Let's be Real!

How to host a Real Colors session?

<u>Seminars</u> - Brief informational sessions can be given to explain the overview of what Real Colors consist of. This option includes a PowerPoint presentation and a colors reference chart for the participants. Length of sessions is 30-60 minutes.

Workshops - Are comprised of two parts

Part One: Is a two hour session allowing participants to take the Real Colors survey and obtain their temperament profile.

Part Two: Is a two hour session which gives participants details and application to the information gathered from the survey.

Which session works best for your group?

Sessions can be customized to meet your needs.

Contact April L. Starks for scheduling options

REAL Colors has been conducted in schools, corporations, non-profit organizations, churches, leadership committees, youth camps, governmental agencies, and for military families .

Hope you will consider hosting one of these life changing sessions for your company, family, group, or team!

Check out some of the Clients & Testimonials www.realcolors.org