PROJECT : SWITCH OFF

1

WHAT?

Switching off unused or unneeded electrical equipment.
Too many light bulbs, computers and other equipment left on at the end of the day.

WHY?

2

Financial - energy is expensive, practice has high energy bills and want to reduce them.
The surgery uses a lot of excess power and it's something we've needed to address.

3

HOW?

Created a plan including reminders for staff.
Placed energy saving stickers around the building next to light switches as reminders.
Provided information to educate staff including weekly notifications.
Show energy use is everyone's responsibility.
Monitored the number of rooms with everything switched off by the cleaners at the end of the day.
Staff were spoken to individually to explain what we needed to do and why.
Reminders placed in rooms to turn off electronic devices and lights when not in use.
Just started this in my consulting room. Switched off all plugs at end of the day. Left a note on my desk highlighting that I had done so (as room used by others on days I'm not in) and asking them to do the same at the end of the day.

WHO?

4

Practice manager, admin, all staff, IT team, cleaning team, maintenance manager/estates team.

5

WHAT WENT WELL?

Placed energy saving stickers around the building next to light switches as reminders.
Email to all staff and posters to remind them.
Felt that it inspired some members of staff to look at other actions.
Audit showed 84% of monitors were turned off compared to 3% before the project started.

EVEN BETTER IF?

6

Engaging mobile staff can be a challenge as they are not in all the time - but the room can be left empty after they've been working.
Project stops if on leave or working elsewhere.
Improvements for next time would be getting wider team on board.

RESOURCES

https://businessenergyscotland.org/guides/switch-off-campaign/

Doing what we do, but a bit greener

Dr Matt Sawyer

See Sustainability