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| A1 |
| Search used to identify patients on >10 repeat items |
| System set up for performing SMRs on patients with > 10 items on repeat |
| Evidence of numbers of SMRs performed for patients with >10 items on repeat during 4 month period (eg attach search results). |

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| A2 |
| Please name the lead pharmacist at your local pharmacy/ pharmacies |
| Outline the patient education needs identified. |
| Outline a collaborative approach for increasing patient awareness. |
| Please attach evidence that patient knowledge has improved (eg survey results). |

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| A3 |
| Please provide evidence of number of flutiform and Symbicort MDI prescriptions being prescribed before your intervention at your practice ( please attach open prescribing screenshot)*Both these medications contain fomoterol as their LABA – you may wish to consider fostair or Symbicort tubohaler as alternatives.* |
| Outline your system for switching patients. |
| Show evidence from open prescribing that your flutiform and Symbicort prescriptions have decreased (please attach screenshot). |

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| A4 |
| Please show results from a search of patients with DPI preventer inhaler and MDI reliever |
| Please describe your system for changing these patients to two DPI inhalers. |
| Please repeat the search and show that the number of patients on DPI preventer and MDI reliever has decreased. |

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| A5 |
| Please show results of a search for patients on ICS+LABA and separate LAMA (both MDI and DPI included). |
| Please describe your system for switching these people to a single inhaler.  |
| Please show the results of a repeat search and show that the number of patients on both inhalers has decreased the number on a single ICS + LABA+ LAMA has increased. |

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| B1 |
| Please select a suitable toilet to switch from paper towels to an electric hand drier (the more heavily used the quicker you will pay back the cost of the hand drier) |
| Please ask your cleaning staff to weigh the waste paper towels from that toilet over the course of a week and insert the figure in kg. |
| Please insert the date of your switch to a hand drier, model and make.  |
| Please calculate the paper weight of waste paper towels you will now save over the course of a year. |

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| B2 |
| Please describe the communications you intend to switch from letter based to electronic communications – text/ email or NHS app.  |
| Please describe your process for changing to electronic communications.  |
| Please provide evidence that this has taken place, with an estimate of the number of posted letters you are saving each year. |

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| B3 |
| Please ask your cleaning staff to weigh the clinical waste and the domestic waste during their routine collections from the clinical rooms ( period of time to be decided by practice). Please enter the figure.  |
| Please describe how you educated your staff about the difference in incineration temperatures and appropriate waste splitting.  |
| Please ask your cleaning staff to reweigh the clinical and domestic wastes after your educational intervention and demonstrate better splitting of waste. |

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| B4 |
| Obtain an estimate on how many disposable gloves your clinicians are using per month (eg number of glove boxes ordered/ serial weights of glove boxes) |
| Describe how your educated your staff on the WHO 5 steps of handwashing.  |
| State the occasions where you think gloves are being overused. |
| Describe the education your staff received to decrease glove use. |
| Provide evidence of decreased glove use. |

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| B5 |
| Show search results for number of paper sick notes being left for collection at reception. |
| Implement electronic sick note system. |
| Demonstrate that fewer paper sick notes are being generated. |

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| C1 |
| Describe the system leading to over monitoring and unnecessary pathology tests. |
| Describe your intervention to address this overuse. |
| Describe its implementation.  |
| Submit evidence to demonstrate that positive change has occurred.  |

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| C2 |
| Describe the system you have devised to discover if patients have already had blood tests before they attend for their annual review.  |
| Describe its implementation |
| Provide evidence of the system working and over the numbers of unnecessary tests saved.  |
| C3 |
| Describe the system you have designed to facilitate the use of add-on tests. |
| Give evidence to demonstrate its implementation. |
| Give evidence demonstrating increased use of add on blood tests saving patient trips and HCA appointments. |

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| C4 |
| Describe the system you have devised for a ‘one stop’ clinic visit for routine annual chronic disease monitoring assessments. |
| Show evidence of its implementation.  |
| Show evidence of its embedded use going forwards.  |