**Examples of sustainable testing QIMPs carried out at a GP practice in Gloucestershire.**

*1)* ***Stop screening for diabetes in the >80s.****The average life expectancy in the UK is 82 and a diagnosis of diabetes when you are >80 does not shorten your life.*

Aim of QIMP :-

The only people >80 who should get an HBA1c are those already with diabetes and those in whom it is clinically indicated.

Calculation of impact:- search for all those with non-diabetic hyperglycaemia and the vascular disease codes ( IHD, PVD, CVD), who would otherwise automatically get an HBA1c as part of their annual long term conditions review.

In one 10,500 pt practice this saves 311 tests a year (with associated phone calls and follow up for positive results) and 19 HCA appointments ( those who would be attending exclusively for this test)

NB Someone will need to exception report your >80 with non-diabetic hyperglycaemia at the end of the tax year to make sure you don't miss Qof points.

*2)* ***Stop repeat annual cholesterol tests for those patients taking a statin for primary prevention, who have already had a 40% fall in non-HDL.***

Aim of QIMP:-

Stop repeat annual cholesterol tests on primary prevention patients who have reached target on a statin.

This may require a bit of explanation for your HCAs.

In a 10,500 patient practice it is estimated this will save 490 tests a year - with all the associated time looking through the patients' notes to see why the test has been taken and if further action is necessary.