

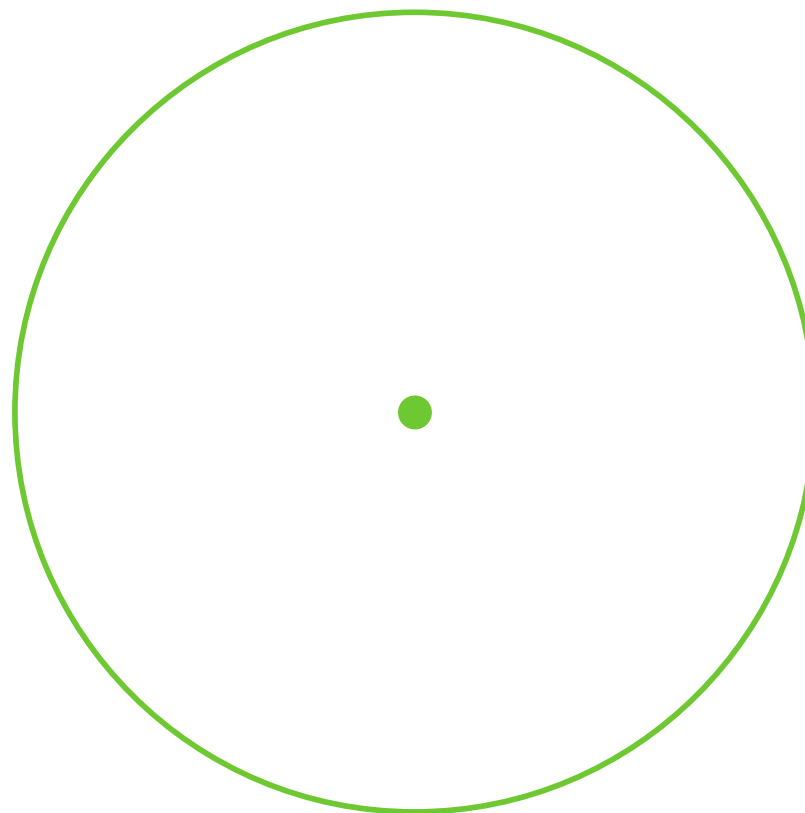


MEASURE!



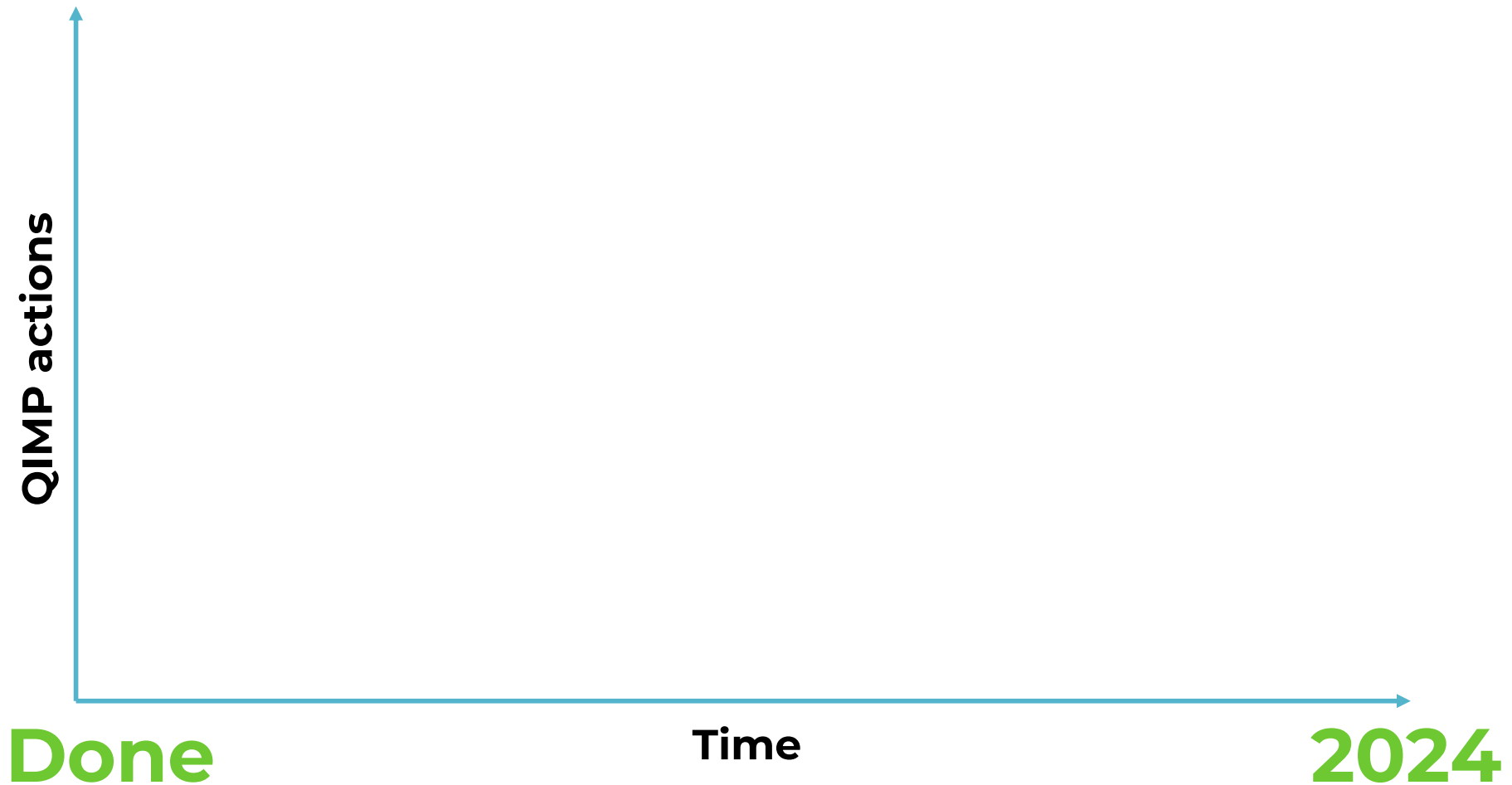
<https://seesustainability.co.uk/carbon-footprint>

What does your practice footprint look like?



Footprint _____ t CO₂e

**Map the actions you will take over the next 3 – 12 months.
This is your carbon reduction plan to share with the ICB.**



MEDICATION



Look at the list of Medication Actions below and tick the boxes to show which ones you:-

- have done already
- can do in 2023
- will do next year in 2024

	Done	Doing	Next
Set up system to perform SMRs on pt with >10 repeat medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educate patients to reduce waste in collaboration + local pharmacy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Set up system to review + educate high carbon MDI inhaler pts to understand benefits of low carbon/ DPI inhalers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educate patients on benefits of single delivery inhaler type for treatment + rescue.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educate COPD pts to move to a single triple therapy device (DPI Trelegy/ MDI Trimbrow.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Space for your notes from the
QIMP 1 Medication Webinar...

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WASTE



Look at the list of Waste Actions below and tick the boxes to show which ones you:-

- have done already
- can do in 2023
- will do next year in 2024

	Done	Doing	Next
Install electric hand dryers in toilets.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Unsoiled couch roll/ paper towels ->put in recycling bin.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Send e-letters/ text messages to patients via NHS app / text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educate workforce about reducing unnecessary glove use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Set up system to send e-sick notes via AccuRx.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Space for your notes from the
QIMP 2 Waste Webinar...

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TESTING



Look at the list of Testing Actions below and tick the boxes to show which ones you:-

- have done already
- can do in 2023
- will do next year in 2024

	Done	Doing	Next
Set up system to reduce over testing of routine bloods.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Implement system to check on ICE that annual bloods not already done by hospital.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Implement system to use test 'add on' website to request additional tests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Design annual one-stop visit system for chronic disease monitoring + phone follow up with trained professional.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Space for your notes from the
QIMP 3 Testing Webinar...

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