

# PROJECT : REDUCING PLASTIC SINGLE USE

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## WHAT?

To reduce single use plastics in the practice.

## WHY?

Staff bring in single use plastic coffee cup on the way to work and there are single use plastic cups in the practice.

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## HOW?

Staff supplied with re-useable coffee cups and info on discounts available to avoid use of disposable cups. Regular positive comms (starting with coffee cups) put on staff notice boards. For urine collection kits, have replaced plastic cups with paper ones and have stopped giving out plastic bags with Monovette urine kits.

## WHO?

Led by senior admin, practice manager, partner and green lead. Spoke to all staff at the team meeting.

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## WHAT WENT WELL?

Good staff engagement. Staff were motivated by positive messaging as some plastic recycling was rinsed out following our meeting!

## EVEN BETTER IF?

One department does not know what the other does, so need to go between and keep on spreading positive messaging.

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## RESOURCES

<https://www.lbhf.gov.uk/recycling-and-rubbish/recycling-home/15-top-tips-help-you-reduce-your-single-use-plastic-waste>



Doing what we do, but a bit greener

Dr Matt Sawyer



See Sustainability