

PROJECT : COUCH ROLL



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WHAT?

Aims - to reduce inappropriate use of couch roll for clinical examinations and disposal in the correct bin after use.

WHY?

Financial - we spend a lot on couch roll!

Waste - a lot of couch roll ends up in the wrong bin. If its not clinically contaminated, it shouldn't be in clinical waste bin.

Found that in clinical setting couch roll often being disposed of incorrectly.

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HOW?

Seached the ordering log to see how much is bought.
Made and put up posters about using less couch roll.
Spoke to staff about when was appropriate to use - and when it wasnt.

Education for staff in practice meeting and via clinical Whatsapp group.

WHO?

Spoke to all staff at the team meeting - especially the nursing team - they were helpful allies!

Spoke at a PCN meeting and followed up with an email afterwards.

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WHAT WENT WELL?

Good staff engagement and enthusiasm

Really raised awareness

People asked for more information - which showed they were interested.

Change in behaviour, less couch roll noticed in clinical waste bins and staff receptive to reducing couch roll

EVEN BETTER IF?

We couldnt get biodegradable wipes to clean inbetween patients at the beginning so it meant the project was delayed. Now we have the right wipes, we are going to relaunch the project.

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RESOURCES

Derbyshire Community Health Services NHS Trust

dchs.nhs.uk/my_dchs/show-me/staff-news-my-download/ipc-team-are-launching-new-campaign-roll-or-not-roll

Doing what we do, but a bit greener

Dr Matt Sawyer



See Sustainability