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# WAYZATA together AUGUST 2022

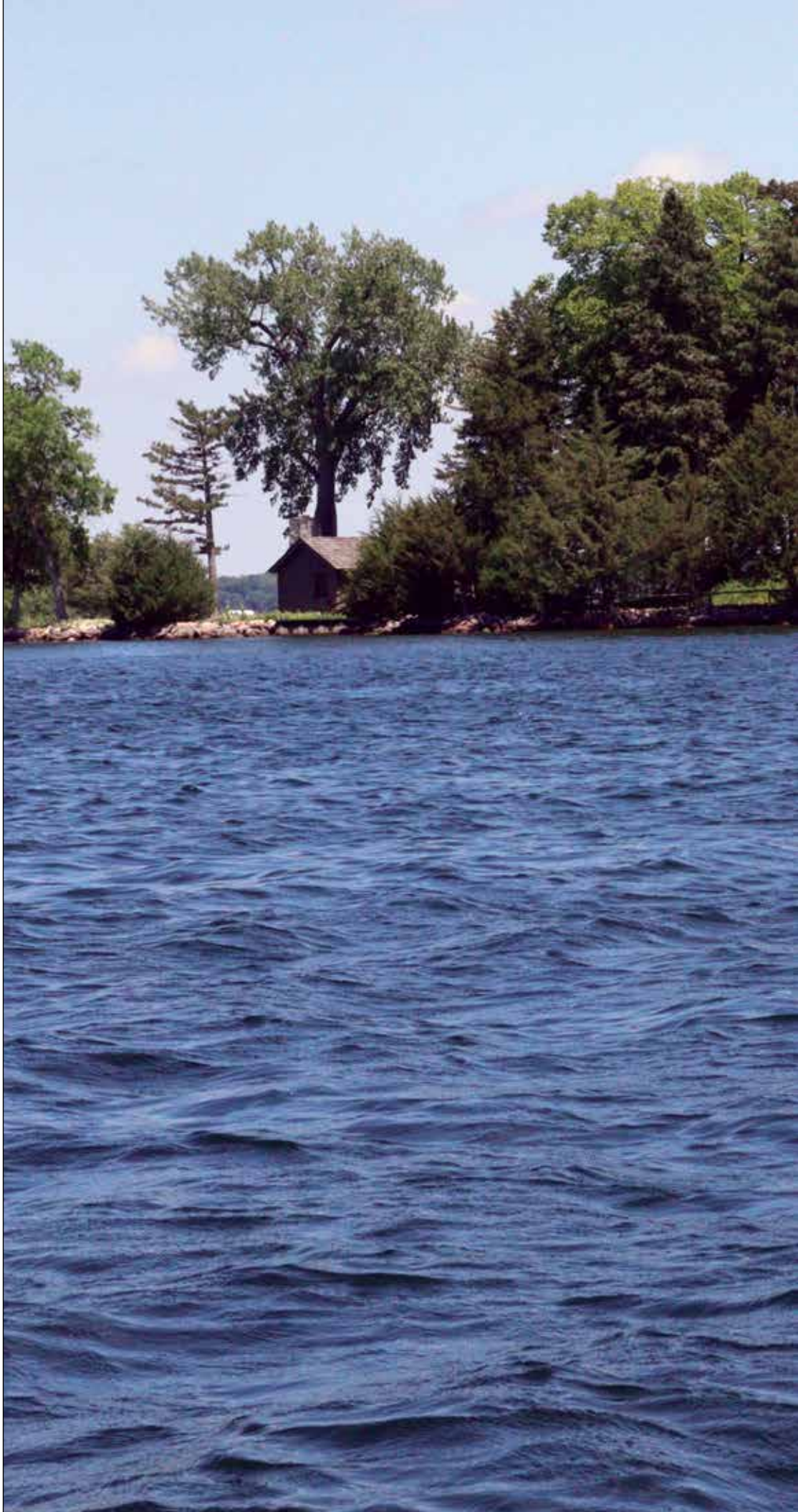


# PawParazzi

Each month, Wayzata Together features furry friends around town. Do you know of a picture perfect pet?  
Email a pic: [nate@wayzatatgether.com](mailto:nate@wayzatatgether.com)



**Palmer**, Two-year-old Aussie Doodle. She just moved to Wayzata and loves walks around downtown to all the stores who have treats, boating on Lake Minnetonka and playing with her puppy friends.  
Owners: Brooke and Ryan Peltoma



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The Bayfield Experience



McGruff, Night to Unite 2021

### From The Editor

As a kid, I remember our neighborhood block parties fondly. Wayzata's Glenbrook Road is unique in that it has two cul-de-sacs. There were gatherings on both ends of the street with children zipping back and forth on their bikes. Food, fun, and friends.

Since the mid-80s, communities across the country have celebrated Night To Unite. The event promotes neighborhood safety. This year's Night To Unite is Tuesday, August 2.

It will be an evening for Wayzata neighbors to celebrate community. The gatherings will include visits by members of the Wayzata Fire Department and Wayzata Police Department. Of course a big highlight for the kids will be McGruff the Crime Dog!

It's heartening to know that neighbors still gather, still hang out, still get to know each other.

Night To Unite is great opportunity to bring Wayzata Together!

*Nate Hedning*  
Editor in Chief

**Marly LePage**  
Graphic Design

Wayzata Bait & Tackle  
15748 Wayzata Blvd. Wayzata, MN 55391  
(952) 473-2227

### August Fishing Report:

Considering the warmer temps, most folks will be fishing early in the morning and later in the evening. It helps avoid recreational boat traffic. Walleyes will be going deeper looking for cooler water around 24-28 feet. Find the schools of sunfish and crappie and you'll find walleye. Bass fishing will be fantastic - if you find a big bass know that they school together and there will be others in that area.



## LAKE EVENTS

### August 7 | Rock The Lake

Browns Bay, Lake Minnetonka  
3 to 6 pm  
for more info: [rockthelake.funraise.org](http://rockthelake.funraise.org)

### August 13 | Dog Days Westonka 2022

Surfside Park & Beach, Mound  
9 am to 2 pm  
for more info: [westonkacc.com](http://westonkacc.com)

### August 13 | Big Island And Back

A friendly race out around Big Island  
Excelsior Beach Park  
7:30 am to 11pm

### August 20 | Starry Trek 2022

Statewide event focused on searching for one of Minnesota's newest aquatic invasive species, starry stonewort.  
8 am to 1 pm  
Excelsior Commons

### August 28 | Badges & Bobbers

Wayzata Sailing Center  
for more info: [wayzata.org/calendar](http://wayzata.org/calendar)



QR Code to Access LAKE MINNETONKA Conservation District's monthly calendar of events.

# Tonka Lifestyle

lake life at its finest

The Lake Minnetonka area offers so much for residents and visitors. We are highlighting this in a restaurant & lifestyle guide section of our magazine. The idea is to grow this into its own publication that will feature all the great things the area has to offer.

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# Wayzata Beach Memories

WANING SUMMER DAYS

Summer's sun is setting, but don't worry, there are plenty of those warm, sunny Wayzata days to enjoy.

And like decades ago, Wayzata Beach is the place for families.

If the sand and lake isn't enough of a draw, there is a newly opened playground to check out.

It's a far cry from the one we had when I was growing up.

That was a wooden structure in the shape of a ship. Pretty cool, right?. Well, it should have been called the "Splinter Maker". A tweezer was nearly as important for parents as sunscreen and beach towels.

Like any lakeside playground, building sandcastles is a favorite pastime at Wayzata Beach. As a baseball fanatic growing up, I was more interested in building baseball stadiums in the stands. They had to have accurate measurements - base to base, pitcher's mound to home plate, and the correct distances from home plate to the outfield fences. Boston's Fenway Park was always a challenge considering the extremely tall left field wall.

Enjoying summer treats while at the beach made the whole experience that much better. You could pack them and hope they didn't melt, wait for the ice cream truck to come through, or cross the street and get some goodies at the local pharmacy at the corner of Lake Street and Barry Avenue.

Some folks of a certain generation remember taking swimming lessons at Wayzata Beach.

Parents could drop off their kids and shop at the stores along Lake Street. Meanwhile, many kids would ride their bikes to the beach and back.

The sound of laughing children, lapping waves, the feel of sand between your toes have not changed. Neither has the sun on your face and the southwesterly wind coming in across the lake from Excelsior. All this with arguably the best view in the Twin Cities. Stimulation for the senses and the soul.

May you enjoy the waning days of summer.

Don't fret, there are plenty of 'em left!



A couple photos from my family album of Wayzata Beach in the 1980's. Pictured above is the notorious "Splinter Maker". You could burn yourself on the slide and hide in the shade to cool off..all the while playing chase games with your friends. You can see me dangling above my friends on the monkey bar gym.

***"Won't be long til summer time is through, not for us now." – All Summer Long, Beach Boys***



From left to right: Jan Himan, Cathy Whiting, Deborah Bellows, Barbara Hemsley, Deb Anderson, Terri Carlson, Mary Newell

Wayzata loves its flowers and gardens. Pretty much anywhere you go around town, you are bound to see a bountiful bouquet of color.

The Children's Garden, located at the corner of Rice Street and Broadway Ave. and adjacent to the Wayzata Library, is where the Wayzata Garden Club has recently starting helping the city workers maintain and enhance this garden.

This year, the Wayzata Garden Club is celebrating its 70th year as an organization.

### Generations of Growth

The Wayzata Garden Club originally was an offshoot of the Lake Minnetonka Garden Club but became its own club in 1952.

In the 1990s, The club planted and maintained a small garden for Interfaith Outreach Community Partners (IOCP) in Wayzata. When IOCP outgrew its space in Wayzata and moved to Plymouth, the gardens were moved to Plymouth as well. The club's work with this garden, in honor of Sally MacMillan, continues to this day.

### Budding Friendships

Through the years, the group grew organically.

Neighbors recruited neighbors and friends recruited friends to join and help out with the gardens.

"It's a fellowship thing for all of us", said member, Jan Himan'. We garden together and we get to know each other much better. It's fun! I think volunteerism is a fabulous thing to do."

"Gardens are very noticeable around here because it's a small town. It attracts so many people from outside of Wayzata," said member Deb Anderson.

### Fruitful Future

"We have a continued interest in gardening and sustainability" said Himan, talking about the club's future.

The club has maintained the beauty of its gardens through the hard work and green thumbs of its members.

"Our whole goal is to share the knowledge and love of gardening to its members and the community at large," said Himan.



Scan this QR code for more information about the Wayzata Garden Club and its history.



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# August Activities

COMMUNITY CONNECTIONS

## August 4 | Kids Fest

Hilde Performance Center, Plymouth, for more info: plymouthmn.gov

## August 9 | Minnesota Primary Election

## August 12 thru August 14 | Irish Fair

Harriet Island, Saint Paul, for more info: exploreminnesota.com

## August 20 thru October 2 | Renaissance Festival

Shakopee, for more info: visitshakopee.org

## August 21 | Hope Fest

Hilde Performance Center, for more info: wayzatachamber.com

## August 25 thru Sept. 5, 2022 | Minnesota State Fair



Stay up to date on all of the lake area activities at [tonkalifestyle.com/events](http://tonkalifestyle.com/events). Scan this QR code and it will take you directly there. We will continue to add and update events. Are we missing something? Send an email to [nate@wayzatatogether.com](mailto:nate@wayzatatogether.com)!



## Wayzata Farmers' Market

Thursdays, 1:30 - 5:30 pm

## Excelsior Farmers' & Artisan Market

Tuesdays, 2 - 6 pm

## Minnetonka Farmers' Market

Tuesdays, 3 - 7 pm



A night of activities and fun, maintaining a focus on crime prevention and building a strong, safe community.

## August 2 | All Day



Scan QR code for more information on the events and activities.

## Throughout the Summer...

Music By the Lake, Wednesdays, 6:30 to 8 pm, [wayzatachamber.com](http://wayzatachamber.com)

Concerts in the Commons, Every other Wednesday, [excelsiorconcerts.com](http://excelsiorconcerts.com)

Entertainment in the Park, events June through August, [minnetonkamn.gov](http://minnetonkamn.gov)

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## Feet - Your Body's Foundation

By Dr. Barbro Brost, D.C.  
The Brost Clinic

Feet are often ignored when it comes to health care, but they can be an underlying cause of many health problems and musculoskeletal conditions.

Your feet have three arches, the medial, lateral, and metatarsal arch. As we age, and especially with weight gain, these arches tend to collapse. This causes stressful weight bearing on all of the small joints in your feet and also sets the stage for plantar fasciitis and the development of bunions. To keep your feet happy, custom-made arch supports or orthotics are recommended for most people over 40 and for anyone that is overweight or has a job where they are on their feet all day.

Pronation or decreased arches, also can gradually undermine the alignment and create stress on your knee and hip joints. This can eventually lead to knee and hip joint degeneration and arthritis.

So, be kind to your feet! Wear good shoes and get a computerized foot scan to evaluate the need for custom-made shoe supports. Orthotics can prevent many painful conditions and allow for an active lifestyle, which helps your overall health!

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# Wayzata History

THE TRAIN ARRIVES IN WAYZATA



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Photo Courtesy of The Wayzata Historical Society



August 1867 is one of the most important months in Wayzata history.

On the 24th of that month the St. Cloud #7 steam engine arrived in Wayzata. This was the first train to carry passengers along the newly minted Saint Paul & Pacific iron.

The train coming to town is significant for every community during this era. But this connection was extra special. See, the passengers aboard this steam engine were greeted by the Governor Ramsey steamboat. The lucky few hopped off the train and onto the boat for a voyage on Lake Minnetonka. An image from that day shows the train stopped in front of a dock where the big boat was moored.

It appears the guests were on the boat ready to cast off. The image also shows the railroad workers at the front of the engine.

Back then, Wayzata was home to several farms. The arrival of the train meant for easy transport of crops back to the big city. Connecting Minneapolis to Wayzata was no easy task.

An advertisement in The Saint Paul Daily Press in February 1866 recruited workers to make this happen. "WANTED - One Hundred Men - to work on the main line of the 1st Div. St. Paul & Pacific R.R between Minneapolis and Wayzata."

Between 1876-1873, Scandinavian, Irish, and Chinese immigrants installed some 30,000 miles of railroad tracks across the country.

Passenger service along the tracks in Wayzata stopped in the 1970s. Ten or so commercial trains still run through each day. No doubt you've heard the horns!

The Great Northern Wayzata Depot stands as it has since 1906. It's a place preserved. A reminder of our rich railroad past. Remember August 24, 1867. It's a day that changed our town forever. It's the first time Wayzata heard that train whistle.

Side Note: 1867 is the same year that our town's name was changed from Wayzata to Freeport. This didn't sit well with the locals. The following year, citizens demanded that the state legislature change it back. They succeeded.



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