

OCT 2022



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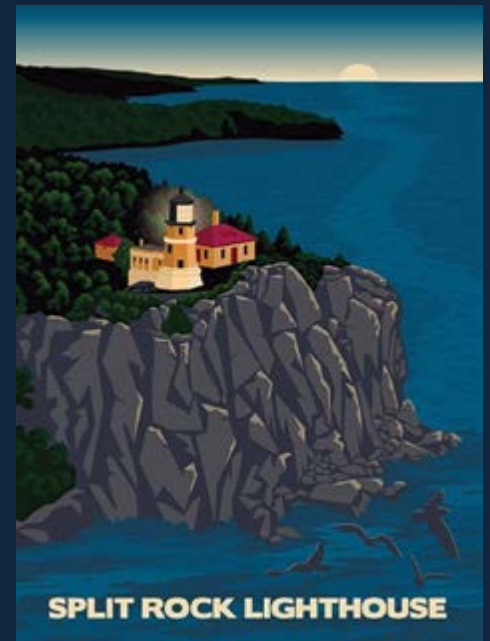
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On The Cover: A print featuring the Wayzata Theater by Rich Sladek

Right: Rich Sladek interests for his prints don't end on the shores of Lake Minnetonka.

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FROM THE EDITOR

October is a month that makes it easy to fall in love with Wayzata.

Crunching leaves, geese overhead honking along southern flight paths, the smell of hot apple cider, or fire pits, and of course trees ablaze with colors that could almost heat the chilly air.

Of course, that might be said about any city in our neck of the woods. But this is Wayzata.

I challenge you to find a more magical spot than Shaver Park when the colors are peaking. A walk through Klapprich Park and a trek down the Luce Line Trail are pretty special too.

Enjoy this special month in this special city.

Nate Hedding
Editor in Chief

Marly LePage
Graphic Design

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LAKE LIFE:

COMMUNITY CONNECTIONS

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OCTOBER FISHING REPORT:

As the water temperature continues to cool, the fish are going to move to the deeper edges of the weeds in suspended rock piles.

Fish walleye and bass on suspended rock piles. Jig fish the walleye with fat heads, crawlers. Bass you can throw crank baits & spinner baits.

Musky fishing is picking up now on the outside edges of the weed flats.

Northern are on the weed edges in about 12 to 15 feet of water and will chase spinner baits and a sucker minnow.

Panfish are on the outside edges of the weeds.

October is when the temps get down in the 50s and the lake will start to turnover. Cold water will sink and warmer water will rise. During this period, the lake becomes very murky making fishing difficult. This typically lasts about two weeks. After that occurs, the fishing gets good again.



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WAYZATA MUNI 75TH ANNIVERSARY CELEBRATION

October 1st, 3-7 pm

INDINGENOUS PEOPLES DAY, OCTOBER 3RD

PUBLIC SAFETY DAY

Wayzata Fire Department, October 3rd, 4:30 to 6:30 pm

SPOOKTACULAR CRAFT & GIFT SHOW

October 23rd, American Legion in Mound

HAUL OUT

October 23rd & 28th, Wayzata Yacht Club

HALLOWEEN AT THE LAKE

October 28th, Parkers Lake Playfield, Plymouth

HALLOWEEN IN EXCELSIOR, OCTOBER 29TH

WAYZATA BOO BLAST, OCTOBER 29TH

BURWELL SPOOKTACULAR

October 29th, Minnetonka

HALLOWEEN, OCTOBER 31ST

SCAN THE QR CODE FOR MORE EVENT INFORMATION



Stay up to date on all of the lake area activities at tonkalifestyle.com/events. We will continue to add and update events. Our QR codes are interactive in our e-mag. Just click to access the webpage. Are we missing something? Send an email to nate@wayzatatgether.com!

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HALLOWEEN



NEIGHBORHOOD SPOTLIGHT: Rich Sladek

“The inspiration comes from having grown up around the beauty of Lake Minnetonka,” said Sladek”.

Artist Rich Sladek is a hometown kid. He grew up just blocks away from Lake Minnetonka. And being that close to the water certainly left an impression with him.

“The inspiration comes from having grown up around the beauty of Lake Minnetonka,” said Sladek”.

Growing Up

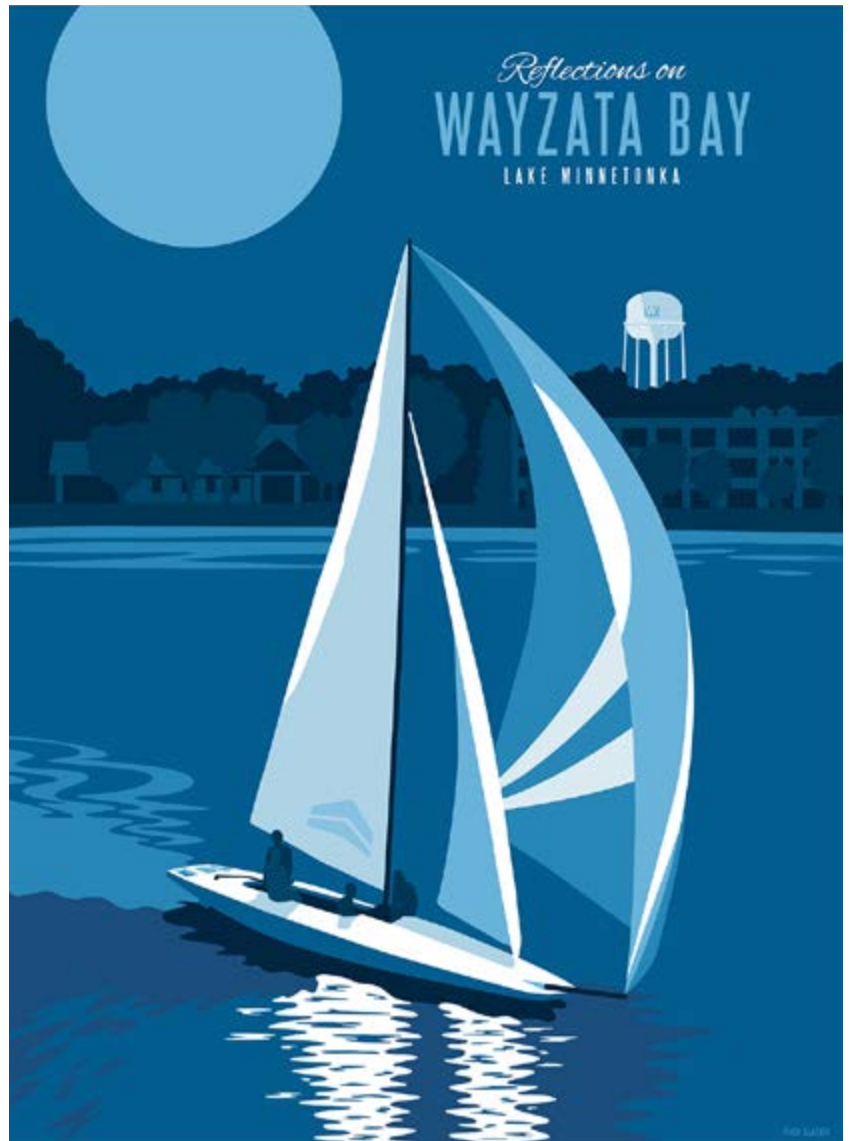
“I grew up on Benton Avenue in Wayzata with six of my brothers and sisters,” said Sladek. “As a kid, I worked cutting lawns and then worked for Homer Martinson, the golf pro at the Wayzata Country Club, caddying and in the golf shop through my college years.”

His creative passion for design developed early on.

“I was always designing things as a young kid. I remember designing The Benton Ave Tribune. I typed the articles on a typewriter,” said Sladek.

Remember, this was back in the day when designing was not yet aided by computers. Sladek’s work was old school.

“I drew illustrations and incorporated photos that I took from Kodak cameras, for which I had the film developed at the Wayzata Rexall in Colonial Square,” said Sladek. “I assembled the paper together gluing everything on sheets of paper and then rode my bike to the Wayzata Library to make copies.”



Unfortunately, those gems were lost over the years. Wouldn’t they be fun to see today?

And what’s old becomes new again.

“For years, I had this old 1970s Wayzata Theater photo with the marquee and wanted to do something with it,” said Sladek. “A couple years ago, I decided to start drawing it and I tried to make it into a cool poster. I liked what I had and started designing other posters.”

The theater poster was his first and was the start of something magical.

Sladek graduated with a degree in Applied Design and Visual Communications from the University of Minnesota.

“I draw and design everything on the computer,” said Sladek. “I’ve been a graphic designer for a long time and designing on the computer comes naturally for me. I use mostly photos as reference and work with different color palettes for the posters.”

Historic Inspiration

If it feels like his posters have a certain feel and look to them, you’re on to something.

He’s always been a fan of those old posters of the 1930s. That style was used in all those posters used to promote our country’s national parks. At that time, cars were more affordable, and families could travel the country.

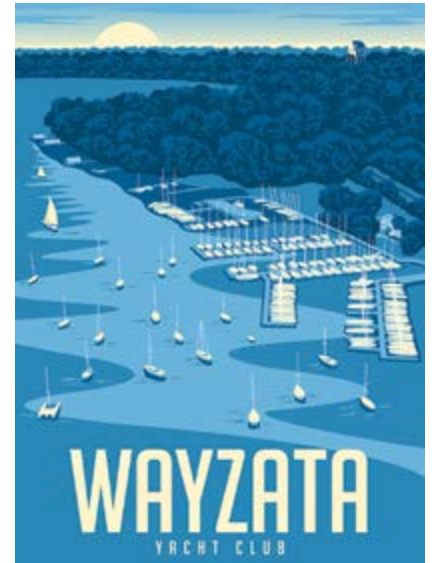
Future

So what’s next?

“My plan is to design a Wayzata Beach poster, in addition to a cool winter scene of Klapprich’s Field,” said Sladek.

Just like his other work, those are bound to be breathtaking.

“If these posters bring back memories of places you enjoy being around, that’s great,” said Sladek. “I’m having fun creating them and am humbled by the positive response I’ve received.”



For more info on these images and how to purchase one for yourself, scan the QR code.

“If these posters bring back memories of places you enjoy being around, that’s great,” said Sladek.”



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WAYZATA HISTORY

THE WAYZATA POST OFFICE, EST. APRIL 1942



It's 1933 and it's the height of the Great Depression. One in four workers don't have jobs. That's the same year that newly elected President Franklin Roosevelt rolled out the New Deal. Essentially, it was an effort to stabilize the economy and get folks back to work.

Two years later, the Works Progress Administration (WPA) was created. WPA put 8.5 million Americans back to work over the course of eight years. Buildings were built by people eager for a paycheck.

One of those buildings is the Wayzata Post Office.

Construction began in 1941 and just in the nick of time really. In December of that year Pearl Harbor was bombed and our country was thrust into World War II.

WPA had served its purpose – now, the country immediately needed factory workers to produce the equipment needed to win the war– there were plenty of good jobs available.

For \$70,000, the federal government funded the building, land, equipment, and furnishings. It opened for business in April of 1942.

The mural inside was created in 1943 by artist Ruth Grotenrath. This was a part of the U.S. Treasury Department's Section of Painting and Sculpture. Same idea – get folks working – in this case, starving artists.

When you walk into Wayzata Post Office these days, you're immediately propelled to a time nearly 100 years ago. The dark wood, the old-time signs and the pleasant smell of the past. Whether you have mail to drop off or pick up, it's worth taking a step back in time and checking this place out.

We're lucky to be able to do that frankly.

In 2009, the U.S. Postal Service posted a notice that it was considering selling the historical building. The charge to prevent the sale of the building was led by the Wayzata Heritage Preservation Board. Residents Judy Starkey and the late Irene Stemmer were at the forefront of the effort.

Fortunately, through hard work, petitioning politicians, the campaign worked. The post office was not sold.

Last year, the post office was officially named for the late U.S. Congressman Jim Ramstad – a longtime voice for residents.

Well, nearly 100 years ago, we have a true treasure sitting along Minnetonka Avenue just blocks from Lake Minnetonka.

A postal portal to the past.



Construction on the Wayzata Post Office began in 1941 and opened its doors to residents in 1942. Black and White Photos Courtesy of Judy Starkey



GET READY FOR FALL

By Dr. Barbro Brost, D.C.
The Brost Clinic

The summer is coming to an end and it's time to get ready for fall and the fast-approaching winter. We naturally tend to get more sedentary in the wintertime, so planning for physical activity and exercise becomes more important. Join a health club, regular exercise classes or, if you are a good self-motivator, schedule your own program at home. There are plenty of workouts available online. If you have space, buy an exercise bike or an elliptical machine for rainy or cold days, but get outside to walk or ski if the weather allows. Fresh air in our lungs is important too!

Regular chiropractic care to keep your body in line is important year around, but especially needed after fall work in the yard. Bending to clean out flower beds, raking, etc. is tough on the body, so reward yourself with a chiropractic "tune up" after you are done.

Remember that you are going to live in your body for, hopefully, many more years and that you need to "service" your body to make it last, just like you service your car regularly.

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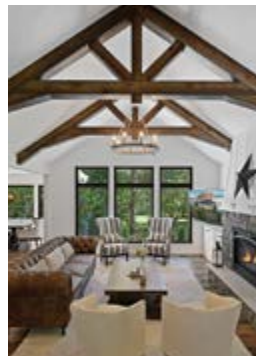
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