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February 2023



PawParazzi

Each month, Wayzata Together features furry friends around town. Do you know of a picture perfect pet? Email a pic to: nate@wayzatatogogether.com



Walden, is new to Wayzata and absolutely loves it here. He loves long walks on the Dakota Rail Trail and playing at the Klapprich Field dog run. **Owner, Madelyn Kozlowski**

Cover image: illustration created from a photograph courtesy of Alex Bellus as well as other Chilly Open images featured in the magazine.

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Celebrate Valentine's day with gifts like these beautiful flowers from Candlelight Floral & Gifts.



Greetings,

February is here. Big plans with your sweetheart for Valentine's Day?

Before that big day, there is another big day. Wayzata's Annual Chilly Open is coming up! The event is happening Saturday, February 11.

The greatest show on ice has been going since 1984.

You'll find a special section devoted to this fantastic community experience in this edition of Wayzata Together.

Embrace the chilly weather and check out the Chilly Open.

It's a unique experience folks come from all over to be a part of.

Have a great February!



Nate Hedging
Editor in Chief

Marly LePage
Graphic Design

From The Editor



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Lake Life: February Fishing Report

COMMUNITY CONNECTIONS

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Anglers continue to hit the smaller bays.

By the end of the month, walleyes will be off limits so you'll see a lot of folks getting their last licks on that species. After that, most will focus on crappies suspended over deep water in 30-35 feet of water.

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Valentine's Day is Tuesday, February 14th!



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WAYZATA

February Activities

COMMUNITY CONNECTIONS



FIRST DAY OF BLACK HISTORY MONTH, 2/1

GROUNDHOG DAY, 2/2

LAKE MINNETONKA KLONDIKE DOG DERBY
2/3 - 2/4, Excelsior

POLAR PLUNGE 2023
2/4, Fish Lake Regional Park

SNOWBALL OPEN 2023
2/4, Birch's One The Lake

NORTH AMERICAN POND HOCKEY CHAMPIONSHIP
2/9 - 2/12, Excelsior

CHILLY OPEN
2/11, Wayzata

WINTER FARMERS MARKET
2/11, Minnetonka Community Center

FREZE YOUR BUNS 5K RUN AND WALK
2/12, Hamel Community Center


VALENTINE'S DAY, 2/14

PRESIDENT'S DAY, 2/20

WAYZATA LION'S CLUB PANCAKE BREAKFAST
2/25, 8:30 am - 11:30 am, St. Bartholomew of Wayzata




SCAN THE QR CODE FOR MORE EVENT INFORMATION
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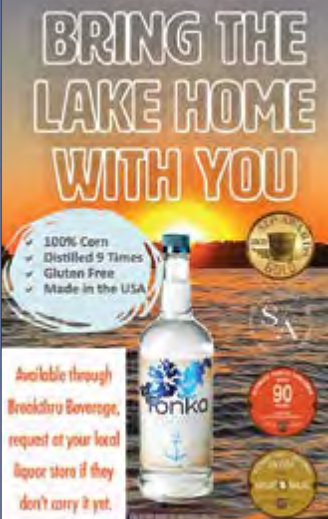


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Images Courtesy Of

This Page, Alex Bellus

Right side, Images Labeled

Since Nineteen Eighty...FORE!

When the Chilly Open kicked off in 1984 ... it was the same year that Apple launched the Macintosh personal computer, Prince's Purple Rain album was a huge hit, and those ultra-patriotic Olympics were hosted by the USA.

The event is a unique frozen golf event on Wayzata Bay that has attracted participants from all over the country and even folks from overseas.

This year visitors can enjoy golf, the Chili Cookoff, Snowga, and Snowkiting.

Through the years, the Chilly Open has had various, festive themes. This year's theme is a nod to Las Vegas. Other years included: Fairways to Follies, the 20s, the 70s, the 80s, the Olympics, Auto racing, Superheroes, and Gone Country. Each golfing team is encouraged to dress up and play the part.

Wayzata native, and professional golfer, Tim Herron designed two of the holes in 2005.

In 2002, the golfing portion of the event was cancelled because warm temps created thin ice. Meanwhile, 2021's golf and chili cookoff were iced because of the pandemic.

In addition to the frozen golf, the famed chili cookoff is a big draw. Restaurants battle it out with the goal of having the top-rated dish.

Past events included a Friday evening dinner/dance held at the Wayzata Country Club and Woodhill Country Club.

Recent events hosted a Friday evening family-friendly Cinema & Skates event.

Whether you're experiencing the Chilly Open for the first time or you have attended for decades, we hope you enjoy this year's festivities!

Event Schedule

2/11/23

9:00 am - 10:00 am

Wayzata Chilly Open Snowga

Come join us on the ice for a cool take on Yoga

10:00 am - 2:00 pm

2023 CHILLY OPEN

Tee Times: 10 am, 12 pm, 2 pm

Theme: Vegas, Baby!

10:00 am - 12:00 pm

6Smith Chilly Open Buffet

11:00 am - 4:00 pm

Chili Cook-Off & Live Music

The Wayzata Chili Cook-off is a tradition celebrating Minnesotans love of the cold while staying warm and enjoying it in a delicious way. Over 10 local restaurants are participating with their secret recipe.

5:00 pm - 6:00 pm

Snowkite Races

Kiting and winging can be enjoyed by anyone in good physical shape. It offers many levels of enjoyment...you choose how far to push yourself.



To find out more about this year's Chilly Open, use this QR Code.



Lakova Kiteboarding



Alex Bellus



Robert Evans Photography



Alex Bellus



Steve Bernstein

Pre Par-TEE

2/10/23

6:00 pm - 10:00 pm

Doors open at 6 pm

Band starts at 7 pm

Cover Charge is \$10 per person presale online at wayzatachillyopen.com / \$15 at the door

Limited Capacity!

- Live Music by High & Mighty
- Food Trucks
- Refreshments like beer, wine, seltzer will be available & for sale in the 19th Hole Tent sponsored by 6Smith

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Neighborhood Spotlight: Jim & Judy Betty



Wayzata residents Judy and Jim Betty will be celebrating their 54th wedding anniversary later this year.

Judy grew up in Winona. Jim is a Duluth native. A night of dancing in the mid-60s is how they met. Judy and her roommate and Jim and his roommate connected at a Minneapolis bar. They soon found out that all four lived in the same apartment complex. What are the chances, right?

In 1969, the couple married. A few years later, a son Michael was born followed by a daughter Megan. Eventually their paths would bring them to Wayzata. The young family built a house in the Ferndale North neighborhood when it was just developing.

The kids were enrolled in Wayzata Schools; they attended Widsten Elementary. Both would later graduate from Wayzata High School.

Judy left teaching to raise the kids, but she was very involved with the school district. "I was a room mother," said Judy. "I was on the PTA board and I was on the school board."

When the children were in their teens, Judy attained a Masters and an Education Specialist degree and jumped back into education. She was a principal for many years in the Minnetonka School District.

Jim had started an accounting business and it was flourishing. Most of his clients were here in the Twin Cities, but he also had business in other parts of the country.

Through the years, the Bettys enjoyed all aspects of Wayzata. They had a boat slip at Boatworks and were members of the Big Island Power Squadron. They

supported the local businesses - especially all the fabulous restaurants through the years - Hart's Cafe, Muffuletta, Sasha's, etc.

Like many folks in this community, Wayzata isn't the only place they live during the year. Judy and Jim have a winter home in Marana, Arizona just outside of Tucson. They enjoy the warmer weather but always make it back to Wayzata for the holidays.

"We enjoy 6smith a lot," said Jim. "We enjoy McCormick's."

"I picked up Christmas cookies at Woulllets," said Judy.

But the best part of returning when the snow is flying is to see friends and family.

Speaking of family - there is nothing more important than their three grandchildren London, Charlie, and Ben. Facetime allows the grandparents to connect with the kids year round.



The Bettys are also very into western art. Living half the year in Arizona is a good place to be for western art lovers. In fact, both serve on a board of the Western Art Patrons - Judy is the President while Jim is the Treasurer. The group travels to various locations that serve as hubs of the western art scene.

Judy and Jim will be back from Arizona later in the Spring when Wayzata begins to blossom again ... when the ice breaks up and the boats are back on the lake.

Here's to 54 years of marriage Judy and Jim and all that you've contributed to the Wayzata community.

(Full disclosure - the editor of this magazine is married to Judy and Jim's daughter Megan and the graphic designer grew up across the street from the Bettys)

This Page, Images Left to Right:

Enjoying Christmas Eve with their grandchildren.

A night out at COV with their children and spouses.

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Build a better you in 2023!

By Dr. Barbro Brost, D.C.

New Years resolutions fade fast. We tend to have good intentions for the new year, but it's easy to slip back into old habits a few weeks in to January. The key to better health is to develop consistent healthier choices and say good bye to old habits that don't promote health.

You only have one body and you are going to live in it for the rest of your life! The better you care for your body, the better it will serve you and the longer it will last.

Many people wait until their body crashes and then hand it over to doctors and say "fix me"! Doctors are good at temporarily patching things up, but to be as healthy as you can be, you need to care and take responsibility for the body you have been given.

Some people are genetically stronger and more resilient. Some are genetically predisposed to certain problems. Some have abused their health and need to make changes before its too late. Some have worked on a healthy lifestyle for a long time and only need to continue their habits, with some minor changes.

Wherever your starting point is, the key is to get started!

Eat a healthy diet. The more vegetables and fruit, the better. Lean protein and low fat and sugar. Avoid artificial ingredients, especially artificial sweeteners, preservatives and food colorings. Drink plenty of water. Half your body weight in ounces is a good guideline.

Take vitamins and supplements to optimize your nutrition and boost your immune system. Have a plan for some type of exercise daily. Plan at least 1/2 hour to move and use your muscles. Watch your posture. Cellphones and computers are posture enemies! Chiropractic adjustments help align your spine, maintain joint mobility and optimize brain-body coordination. Get adequate sleep. 7-8 hours is what the brain and body needs to rejuvenate.

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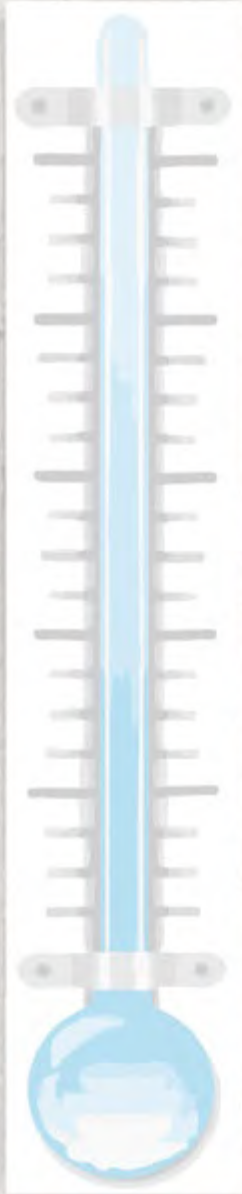
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Wayzata History: Icy Fun, Warm Memories



When it comes to winter activities in Wayzata, nothing beats Klapprich Park. Skating, hockey, and maybe a little sledding. It's a picturesque scene, especially at night. It's a community gathering place.

If you grew up in Wayzata or are currently living in Wayzata, you know exactly where Klapprich Field is located. It's been there for decades along Wayzata Boulevard between Minnetonka and Barry Avenues.

This park is versatile. See, this time of the year, it supports cold weather fun. But during the warm summer months, it transforms into a ball field and dog park.

OK, enough summer dreaming. It's time to strap on those ice skates.

Klapprich Field is named after a local man Ed Klapprich. In honor of his community contributions, the Wayzata City Council passed a resolution in 1955 to name the recreation area in honor of Klapprich.

It all started in the early 1940s. Dirt was delivered via wheelbarrow to fill in what was a marsh. Shovels leveled things off. Volunteers did the work – led by Klapprich.



A hockey rink was completed on the east end of the marsh by the mid-1940s. The boards surrounding the rink stood only 18 inches high. The warming house was a donated garage.

In 1955, Klapprich and others passionate about hockey went before the school board to ask for a hockey program for Wayzata High School. The board agreed and the team would play at the rink on the marsh with Klapprich as the head coach.

A cement block warming house would be built on the northwest corner of the rink in the late 1950s.

Klapprich Field was added to the Wayzata Parks System in 1986.

In 2005, the old warming house made way for a new one.

Check out this community gem before the ice melts. Make your own memories at a place that has been a community gathering place for decades.



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