



"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."
- John F. Kennedy

WAYZATA
together
May 2023



PawParazzi

Each month, Wayzata Together features furry friends around town. Do you know of a picture perfect pet? Email a pic to: nate@wayzatatogether.com



Lola is a 13-year-old Miniature Dachshund and is an active Wayzata resident. She loves the patio at the Wayzata Legion, walking downtown to collect treats, and saying hello to anyone that passes her by.

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Table Of Contents

2.....Neighborhood Spotlight: Dane Bruce

4.....Lake Life: May Fishing Report

5.....May Activities/Tonka Lifestyle

6.....Wayzata History: Tom Koob

8.....Wellness Care vs. Sick Care by Dr. Barbro Brost, D.C.



My Grandfather's marker at Fort Snelling National Cemetery in St. Paul

From The Editor

Happy May Folks!

We hope you have a fantastic month.

Don't forget to celebrate those special mothers in your life - Mother's Day is May 14!

And Memorial Day is just around the corner too - a holiday spent with friends and family, perhaps grilling out and if the weather cooperates - a weekend on the lake.

But let's not forget about the true meaning of this holiday. Technically, Memorial Day was established to remember those who died in battle serving our country. I think the day is a great time to thank all of those currently serving and those who served in the past.

I'll be making a trip out to the Fort Snelling Cemetery on Memorial Day to honor my grandfather Lawrence. He served in the South Pacific during World War II.

Like most World War II Vets, he didn't talk a heck of a lot about serving overseas. But growing up I would get a few glimpses into the time he spent in the Pacific Theater. I'm thankful for his service and proud to call him my grandfather.

Please take a moment this coming holiday weekend to reflect on those who served and continue to serve our country. And on Memorial Day morning, if you hear gunshots and a trumpet playing Taps know that it's the Wayzata American Legion Honor Guard remembering those who made the ultimate sacrifice.

Nate Leding

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Marly LePage
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Neighborhood Spotlight: DANE BRUCE



Nowadays, Americans serving overseas may not make the big headlines we saw during WWII, Vietnam, and both Iraq Wars. But it's important to remember that these folks are sent to some dangerous spots around the world.

Serving Our Country & Representing Our Community

During the 2022 Wayzata High School Commencement, five students out of hundreds of grads asked to stand to receive special recognition. They had signed up with the military. One of those students is Dane Bruce.

"He needed to experience something outside of the bubble - outside of our beautiful Lake Minnetonka area," said Dane's mom Molley Bruce.

Military Bloodline

Serving in the military is a natural fit for Dane. His father Ned was a medical corpsman and Gulf War vet and his grandfather was a fighter pilot - trained at Miramar in California - imagine what Top Gun looked like back in the 1950s.

Dane joined the Navy and has met people from all over the country. He spent bootcamp in the Chicago area at the Recruit Training Command (RTC) Great Lakes.

"He chose to do the medical track," said Molley. "He tested very high."

Among other things, he learned about blood draws, the digestive system, and dermatology.

By the way, his father is a physician's assistant.

Education is a big priority for the Bruce family. In fact, Molley works in the Wayzata School District as a special education teacher.

Post-Secondary Choices

Attending a four-year college after high school is a popular choice for young people, but it's not the only option. It seems like there are more choices available than ever before.

Shorter term trade schools, medical training, and the military are just a few tracks.

Education

In addition to military training, Dane was immersed in accession training (A School). This is where sailors go to receive technical training in their selected military occupational speciality.



Images in this story
are provided by the
Bruce Family



Dane's sister Annika is one of those students trying to figure out what's the best path. She's currently a Junior.

"What we celebrate most is kids going off to college," said Molley. "What about celebrating kids that choose other post-secondary choices?"

Current Mission

Dane was transferred to Camp Lejeune in North Carolina. What's interesting about that is that it's a Marine base. See, the Marines utilize on Navy Medical Corpsmen on missions. The corpsmen are the medics in the field providing critical care.

The Joint Maritime Training Center (JMTC), also known as the Special Missions Training Center (SMTTC), is a joint United States Coast Guard, Navy, and Marine Corps training facility.

Based on how well Dane is progressing in the military, he definitely made the right choice. He has committed to serving five years with the option to re-enlist.

Last summer before he headed off to bootcamp, Dane received some well-time Navy inspiration.



Bruce Family: Ned, Annika, Dane & Molley

"The movie Maverick (Top Gun II) came out just before Dane left for boot camp," said Molley. "It was the last movie he saw before leaving."

*Thank you Dane for serving our country
and thank you to his family for supporting him along the way.*

Lake Life: May Fishing Report

COMMUNITY CONNECTIONS

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Anglers going after walleye on fishing opener will have the best luck with a minnow and a jig in the shallow water where there is a current like Tanager Channel, Narrows Channel, and Grays Bay Channel. Meanwhile crappies will be in the northern bays.

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May Activities

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International Firefighters' Day, 5/4

Cinco de Mayo, 5/5

Lake Minnetonka Half Marathon, 5/7
Wayzata

Tonka Youth Triathlon, 5/7
8-11 am · Minnetonka Middle School East

Minnesota Fishing Opener, 5/13

Mother's Day, 5/14

Peace Officers Memorial Day, 5/15
Honoring Wayzata Police Sergeant James Anderson & Officer Bill Mathews

Westonka 5K FUNd Color Run, 5/20
Mound

Spring Splash, 5/20
Wayzata

Memorial Day Ceremonies, 5/29
Wayzata American Legion Post 118 Honor Guard

Parkers Lake Cemetery, 8:30 am

Wayzata Greenlawn Cemetery, 9:15 am

Old Wayzata Cemetery, 9:45 am

Summit Park Cemetery, 10:30 am

Heritage Park, 11:30 am

5/29 Memorial Day Oak Hill Cemetery Tour
5-6 pm · Excelsior



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The Ultimate Sacrifice

For those of you who aren't aware, Wayzata Legion Post 118 is named after a Wayzata man who died in World War I, Ernest Aselton.

He's one of many Wayzatans who went off to war and never returned.

Next time you're in the Legion take a look to the left of the bar past the pool tables and you'll see a memorial for one of our boys who died in Vietnam.

His name is Thomas Koob - a 1963 Wayzata High School Grad.

Tom was very active in high school - he had a terrific voice and participated in the choir.

"His next love was hockey, which he played through college," wrote Tom's mother Vi in a letter years after Tom died. "Tom graduated from Wayzata High School and St. Cloud State College with a degree in retail marketing."

On June 25, 1968, Tom was sent to Fort Campbell, Kentucky. He would come home on leave in November and then it was off to Vietnam. That was the last time his family saw him alive.

Tom's mom Vi was a second grade teacher at the time. Her students sent Tom letters and he wrote back.

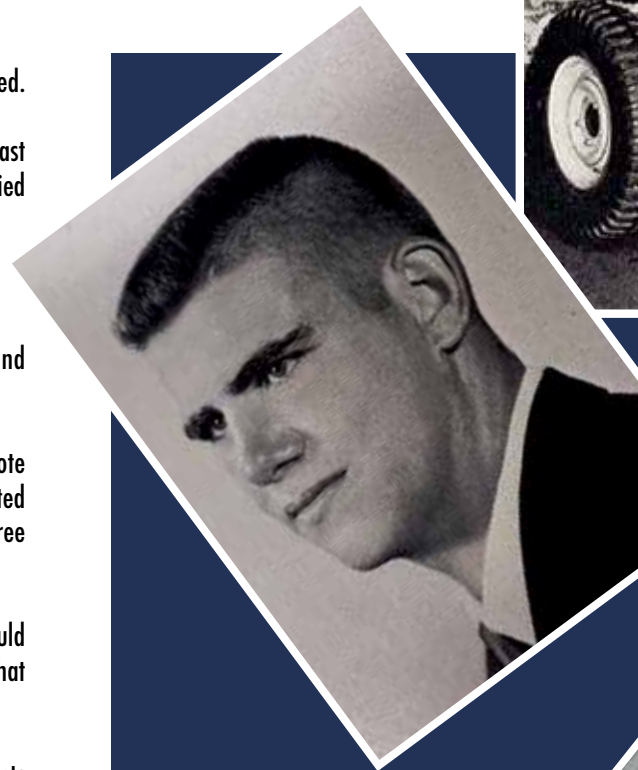
"Tom was so understanding and compassionate; I told him he should consider being a youth counselor," wrote Vi.

During a firefight, Tom attempted to reach a man who had fallen. This was March 13, 1969. Despite being driven back by artillery fire, Tom reached the man only to find him dead. As he began carrying the man back, he was fatally wounded.

Tom was awarded the Bronze Star with Oak Leaf, the Purple Heart, Good Conduct Medal, Gallantry Cross, Military Merit Medal, and National Defense Medals.

He is buried in Summit Cemetery.

"After these many years, he is still loved and missed greatly," wrote Vi.



Images courtesy of Wayzata Historical Society, top to bottom:

Homecoming Festivities

Tom's Senior picture, 1963

Madrigals, a part of the Wayzata Choral Department. Tom is front row far left.

Wayzata Hockey Team, 1963. Tom is pictured back row 6th from left.



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Wellness Care vs. Sick Care

Healthcare can be divided into two distinct categories: wellness care, which is taking care of your health to prevent sickness; and sick care, which is treating sickness once it has manifested into a disease, illness or pain symptom.

Wellness care includes eating nutritious foods, exercising, getting adequate sleep, avoiding stress, taking vitamins/food supplements, breathing fresh air, and surrounding yourself with positive, happy supportive people. It also should include getting regular chiropractic care to maintain optimal function of your nervous system, which controls all your other body systems. Adjustments also ensure full joint mobility, which allows full function to be able to stay active, as we age.

Sick care can be divided into allopathic (pharmaceutical) medicine or natural (chiropractic, herbal, homeopathic or other natural, non-pharmaceutical care).

Most illness, sickness or disease can be handled naturally by supporting the body's innate healing ability and immune system.

It is when illness is allowed to fester and develop for a long period of time and body is weak from lack of supportive care, that wellness care and natural means no longer is enough and pharmaceuticals or surgery becomes necessary.

The old saying, "an ounce of prevention is worth a pound of cure" is very true, since wellness care (or prevention) is significantly less expensive than sick care! And, a lot more fun, since it allows you to have a healthy, well functioning body that lets you fully participate in and enjoy life!

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