



Each month, Wayzata Together features furry friends around town. Do you know of a picture perfect pet? Email a pic: nate@wayzatatogether.com



Yofi, American Bulldog mix She loves to cuddle with her humans on the couch. Owner: Laurie Ferri







STABLACO STABLACO

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I love every month in Wayzata.

FROM THE EDITOR

But one of the months that stands out to me is July.

It's really how my family celebrated the 4th that makes this month so special.

Boat rides, grilling, and fireworks were always a highlight of my childhood on that day.

But what really stood out was the Fourth of July Kiddie Parade.

We all got dressed up in costumes & rode our bikes along Broadway.

It was extra special for me because we would pass by my great uncle Dave Hedican's house along the way. Of course we would gather there after the parade.

Here's to new memories for the kids of Wayzata! May they be as cherished as mine.

Nate heding
Editor in Chief

Marly LePage **Graphic Design**



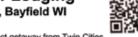
A four-hour drive will transport you to another world - a world of wonder. Bayfield, Wisconsin is nestled at one of the northern most points along the shores of the greatest





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LAKE LIFE

Wayzata Bait & Tackle 15748 Wayzata Blvd. Wayzata, MN 55391 (952) 473-2227

July Fishing Report:

July is when you want to fish early in the morning - 5 to 6 a.m. when the recreational boaters are not on the lake. Fishing late in the day will also help and also the middle of the week.

The weeds are starting to develop. Most will be fishing the deeper weed edges - 18 to 21 feet of water. The western bays with slow wake zones will be your best bet. Leeches and crawlers will be your most successful baits.



Lake Events:

Bayfield Race Week

July 4th - 8th, Apostle Islands Station of the Wayzata Yacht Club Bayfield, Wisconsin

Blackfish Classic Tournament for Bass

July 25th, Lord Fletcher's, Spring Park



Listen carefully, hear that?

Yep, that's jazz music via a saxophone heard along Lake Street in Wayzata on Wednesday and Friday evenings.

Just another reason why summers are so special in our community.

Tonka Lifestyle lake life at its finest

The Lake Minnetonka area offers so much for residents and visitors. We are highlighting this in a restaurant & lifestyle guide section of our magazine. The idea is to grow this into its own publication that will feature all the great things the Lake Minnetonka area has to offer.









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Scan the QR code or visit tonkalifestyle.com for more information

WAYZATA HISTORY



Image left:
Fireworks stand, c. 1920
Lake & Water St, Excelsior
Excelsior-Lake Minnetonka
Historical Society

Whatever your July 4th plans are, I guarantee they look different than they did years ago.

Let's take a step back in time for a bit and visit Lake Minnetonka's rich history of Fourth of July celebrations.

William Ferguson

The earliest known mention of the Fourth of July in written form came from an area settler named William Ferguson, according to the Excelsior-Lake Minnetonka Historical Society.

He lived in the Deephaven area and he noted in his diary in 1854 about the 4th of July as "Celebrated the day with Excelsior people".

Excelsior

A publication dating back to 1871 painted an interesting picture of the holiday in Excelsior.

You can read the full article on the right hand side of this page.

Note how visitors took a train to Wayzata first before hopping on one of the boats across the lake to Excelsior.

Imagine 300 folks aboard a steamer making the five-mile trek across Wayzata Bay, past Big Island, eventually docking at Excelsior. With all 4th festivities aside, the train to steamer trip was an adventure in itself!

Wayzata

Meanwhile, the June 28th 1912 edition of the Wayzata Recorder newspaper promoted the 4th Of July Celebration in Wayzata. You'll also see that on the right hand side of this page.

Of course, visitors were welcome to partake in Wayzata's events, but you get a feel that this was geared more toward the locals.

There were various foot races with a top prize of \$1.

The day also included a motorcycle race, horse races, and a baseball game.

Can you imagine horse races in Wayzata now?

Same Celebration, Different Century

Years gone by looked different from today, but the idea is the same ... celebrating our nation's independence.

The number of stars on the flag have grown, but it's still all about the red, white, and blue.

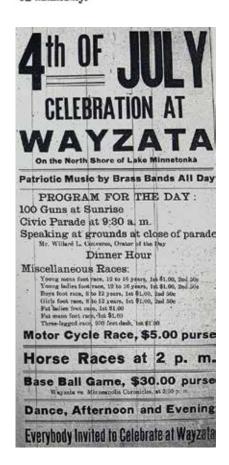
So, whatever your plans during the holiday weekend, take a minute and try to think about what the Lake Minnetonka area looked like many years ago.

AT EXCELSIOR.

There were not cars enough to carry all that wanted to go to Lake Minnetouks, and many were left behind. Coaches were crammed full; aisles tull; platform and top of cars covered. On arrival at Wayzata, at eleven o'clock, the beautiful steamer "Minnetonka" carried about three hundred across the lake. The exercises at Excelsior commenced with prayer by Rev. Hall, after which the Declaration of Independence was read by G. A. Jenks, Esq. Judge Wood, of Sank Rapids, delivered an able oration prepared for the occasion. The dinner, which was prepared by the ladies of the Congregational church, was excellent. Everything that hungry mortals could wish was spread. A boat race, fireworks and a moonlight ride on the water concluded the day. Many that wished to come bome on the 4 o'clock train were unable to get in the cars, and had to remain till 7 o'clock.

AT WAYZATA.

Several families and private parties had their pienics at this place. Music and dancing were the order of the day. For so large a crowd, everything went off admirably.



Images from top to bottom: Minneapolis Daily Tribune July 6 1871 Courtesy Minnesota Historical Society

Wayzata Recorder, 1912
The Wayzata Historical Society

NEIGHBORHOOD SPOTLIGHT:

Protecting And Serving: Officer Natalie Kalkes

The Wayzata Police Department is a bit of an anomaly.

The unit has three female police officers out of 15 sworn officers. That's 20%.

Officer Natalie Kalkes, Officer Laura Carlson, and Deputy Chief Jamie Baker make up the trio.

In Minnesota, women make up only 12 percent of police officers.

Officer Kalkes

Kalkes grew up on the other side of Lake Minnetonka, in Waconia.

"I went to Mankato State University to pursue a Bachelor of Science degree in criminal justice with an emphasis in corrections," said Kalkes.

From there, she did a 450-hour internship with the Carver County Sheriff's Department.

"While doing my internship with the Carver County Sheriff's Office, I spent time working with the drug task force, investigations, courts, and did numerous ride-alongs with patrol," said Kalkes.

"I had so much fun and liked that every day was something new. I enjoy helping people and problem solving."

It was at that point she wanted to pursue a career in law enforcement. She went back to school and gained a law enforcement certificate at Hennepin Technical College.

Wayzata

After that, it was on to Wayzata.

"What drew me to the city of Wayzata was the friendliness and smaller department," said Kalkes.

"Chief (Marc) Schultz was very personable and his passion for the department drew me in to Wayzata."

She appreciates how the town supports law enforcement.

"The community has high expectations and being able to serve such a friendly and appreciative community is rewarding," said Kalkes.

Leadership

Having women like Kalkes patrolling streets across the country is a big goal of an initiative called 30X30.

The idea is to increase the representation in police recruit classes to 30% by the year 2030.



Kalkes with nephew and nieces

One of the reasons many reports say there is a lack of female police officers is a lack of mentors and female leaders to look up to. Only three percent of police leadership positions are held by women, according to 30X30.

Kalkes' path may help that.

"Leadership is important to me and I would eventually like to be in a leadership role in the far future," said Kalkes.

Meanwhile, Kalkes is cutting a new path for herself and her family.

"I currently am the only person in my family/extended family in law enforcement," said Kalkes.

Need For More Female Officers

In addition to a better balance of female to male officers, there are other reasons that increasing the number of women officers is important.



Carlson meeting Wayzata residents, Night To Unite 2021. Courtesy City of Wayzata.

Research shows that female officers are perceived by communities as being more compassionate.

A recent University of Zurich study showed that when female officers are present, women are more apt to report crimes against females.

Also, statistics show that there are better outcomes for crime victims, especially in sexual assault cases when female officers are involved.

These victims simply feel more comfortable talking to women and are more likely to provide the important information police departments need.

Impacting Future Generations

Each year communities across the nation celebrate Night To Unite. This year's event will take place on Tuesday, August 2.

It's all about crime prevention and building a strong, safe community.

It's a chance for the community to interact with emergency responders while not in a stressful emergency.

McGruff the Crime Dog continues to be a big hit for kids at these types of events.

But watch how the eyes of little girls light up at the sight of a female police officer.

A positive interaction could lead to a career path for some of these youngsters.

Thank you Ms. Kalkes for your service to the Wayzata community and the example you set for the next generation.

To find out more about the 30X30 initiative, go to 30x30 initiative.org.





JULY ACTIVITIES

Flying Pancake Breakfast, July 4th, more info: CARLakeMtka.org Begin your 4th of July with a Revolutionary "Flying Pancake Breakfast" at Wayzata Depot!

Excelsior Fireworks. July 4th

Excelsior Lakefront, for more info: excelsior-lakeminnetonkachamber.com Food trucks and beverages will be available between 5 - 9 pm and music will start at 7 pm

Blue Water Theatre Company, July 10th from 5 to 8 pm

605 Rice Street Wayzata, for more info: bluewatertheatre.com Come discover your local youth theater at a summer block party! All are welcome to this casual family-friendly and free event. Food, performances, games, and music – fun for all!

Excelsior Crazy Days, July 21st - 24th

Water Street, for more info: excelsior-lakeminnetonkachamber.com Shopping deals, delicious specials in our restaurants and musicians to set the mood!

Spirit Of The Lakes Festival, July 21st - 23rd

Surfside Park, Mound, for more info: spiritofthelakes.com

Minnesota Wakesurf Championship, July 21st - 23rd

THE GNARLIEST WAKESURF CHAMPIONSHIP IN THE MIDWEST Surfside Park, Mound, for more info: www.mnwsc.com



■#਼≋■ Stay up to date on all of the lake area activities at tonkalifestyle.com/events. Scan 🧱 this QR code and it will take you directly there. We will continue to add and update events. Are we missing something? Send an email to nate@wayzatatogether.com!

Throughout the Summer...

Music By the Lake, Wednesdays, 6:30 to 8 pm, wayzatachamber.com **Concerts in the Commons,** Every other Wednesday, excelsiorconcerts.com Entertainment in the Park, events June through August, minnetonkamn.gov



Wayzata Farmers' Market

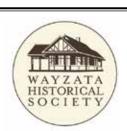
Thursdays, 1:30 - 5:30 pm

Excelsior Farmers' & Artisen Market

Tuesdays, 2 - 6 pm

Minnetonka Farmers' Market

Tuesdays, 3 - 7 pm



July marks the 40th anniversary of the creation of the Wayzata Historical Society. On the evening of Thursday, July 7, it will be hosting a celebration at the Depot to commemorate this milestone. Mark your calendars and stay tuned for more info in the weeks ahead!



Scan the QR code to access the Wayzata Historical Society's website for more information.

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Athletic Injury Care

By Dr. Barbro Brost, D.C.
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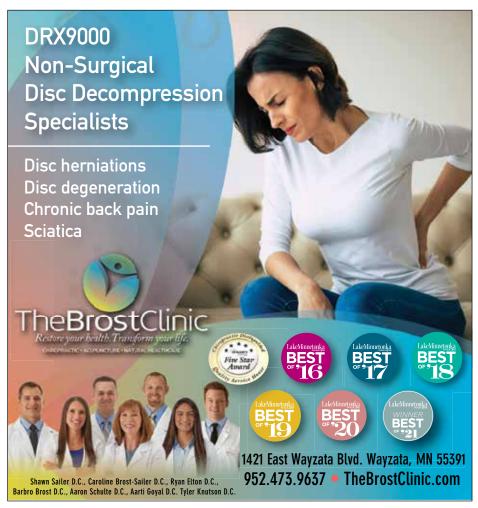
Exercise and athletics are generally healthy and good for our bodies, but at times injuries happen, you can develop pain from overuse, or underlying structural problems.

Muscle strain can happen with new movements or new types of activities, that use muscles differently or more intensely, than they are accustomed to. These types of injuries usually subside on their own in a couple of days or if more severe, recover well with manual therapy, or natural anti-inflammatory supplements. Severe muscle injuries or tears need more attention to not cause long-term problems.

Sprains are injuries resulting from over-stressing or over-stretching ligaments, that support and hold your joints together. Minor sprains heal with rest, ice, and support. More severe sprains require therapies such as ultrasound, laser, or infrared light therapy to speed the healing process, which otherwise can be very slow. Acupuncture is also very helpful in treating sprains.

When ligaments are sprained or overstretched, the joints that they support are often compromised and slightly misaligned. This can be very painful, cause restricted mobility and impairs the healing process. Chiropractors are trained to diagnose and to correct the misalignments to ensure that the joint heals in the right alignment with free, full mobility. Of course, there can be more severe traumatic injuries, such as in contact sports. Concussions need to be handled by trained health care providers, fractures by orthopedics!

Many sports/athletic injuries can be prevented by regular chiropractic care, making sure that the athlete's body is in good alignment, all joints are moving freely and muscles are gradually built up to handle the increased activity. Stretching appropriately before and after exercising is also important.



The Brost Clinic has a team of chiropractors that are specifically trained in athletic injury prevention, performance optimization, and injury treatments. We have diagnostic equipment, x-ray on-site, and access to MRI and CT scans. The Brost Clinic team provides chiropractic care, acupuncture, disc decompression therapy, massage therapy, nutrition/supplement advice, and rehab exercises.

A well-adjusted body performs better and makes exercise and sports as fun as it should be, without pain!





Shop, Eat & Local

FACE FOUNDRIE the new kid on the block. Well, at least the 600 block of Lake Street in Wayzata.

It specializes in all things face: facials, brows, lashes, and waxing.

The mission - make high quality skincare affordable, approachable, and accessible to all.

"We empower our customers to look and feel their best by providing cutting-edge services at market-leading prices, and have an extensively-trained staff of experts who deeply care," said owner Genna Bohlman. "We pride ourselves in offering an impeccable service experience and strive for 100% customer satisfaction."

While FACE FOUNDRIE is relatively new, the business has quickly settled into our community and appreciates what Wayzata has to offer.

"We feel very fortunate to be a part of the tightknit Wayzata community," said Bohlman."From the breathtaking lake views to the support among local businesses, and the residents who have welcomed us with open arms, we love calling Wayzata our home!"







Images in this story courtesy of FACE FOUNDRIE



Scan the QR code for FACE FOUNDRIE'S website

Sponsor Spotlight

Dr. Barbro Brost came to Minnesota in 1985 and opened The Brost Clinic in Wayzata.

"I discovered chiropractic when my mother had miraculous help from a chiropractor when I was a teenager," said Brost. "I grew up south of Stockholm, Sweden and chiropractic was not as common as here at that time."

The Brost Clinic has seven chiropractors, who are all also certified under acupuncture and well-educated in nutrition.

"What we love about Wayzata is the small town feel and the fabulous people that live here," said Brost. "We have many people that have been patients for 30+ years and we are now treating their children and grandchildren!"

The Brost Clinic has been an institution in Wayzata for decades serving the community with a safe alternative to back surgery using more natural and holistic methods



Scan the QR code for The Brost Clinic's website



Your Local Home Report

Home Sales in the Wayzata area from 5/12/22 to 6/10/22

Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt
133 Grove Lane E	Wayzata	\$1,200,000	\$1,200,000	06/09/2022		2	3	2,600
205 Barry Avenue S #302	Wayzata	\$240,000	\$248,500	06/03/2022	10	2	1	900
1120 Hollybrook Drive	Wayzata	\$515,000	\$556,000	06/06/2022	13	3	4	2,876
1037 Lake Street E	Wayzata	\$1,250,000	\$1,400,000	05/26/2022	1	4	4	3,390
185 Gleason Lake Road	Wayzata	\$1,199,000	\$1,150,000	05/26/2022	2	5	5	4,148
126 Benton Avenue	Wayzata	\$600,000	\$570,000	05/13/2022		2	3	1,689
875 Lake Street N #218*	Wayzata	\$1,300,000	\$1,300,000	05/12/2022		2	2	1,570
875 Lake Street N #305*	Wayzata	\$925,000	\$940,000	05/16/2022		1	2	1,240
225 Broadway Avenue N	Wayzata	\$1,895,000	\$1,950,000	05/12/2022	12	4	4	4,174

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Featured Properties



875 Lake St N #302 | Wayzata 2 Bed/2 Bath | \$995,000



224 Chicago Ave N | Wayzata Building Packages Starting at \$1.9 4 Other Lots in Wayzata Available



374 Ferndale Rd W | Wayzata 3 Bed/3 Bath | \$2,600,000



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