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Dr. Barbro Brost, D.C.

### Happy October everyone!

What a great month. The leaves are in full bloom, the air is crisper, and everything is available in a pumpkin flavor or pumpkin scent.

It's definitely a right of passage for every kid to make their first trip to the pumpkin patch.

I won't claim to remember that day back in 1978, but fortunately it was captured in a picture.

FROM THE EDITOR



That's me on the right. It was not only my first visit to a pumpkin patch, but also my first ride on a school bus. And by the looks of things, that day was a bit chilly!

Let's raise a cup of that pumpkin spice latte or hot apple cider in a toast to October.

Have a great month folks!

*Nate Leding*  
Editor in Chief

## Fire Prevention Week October 8-14, 2023

This year's Fire Prevention Week™ (FPW™) campaign, "Cooking safety starts with YOU. Pay attention to fire prevention™," works to educate everyone about simple but important actions they can take to keep themselves and those around them safe when cooking.

Since 1922, the NFPA has sponsored the public observance of Fire Prevention Week. In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a national observance, making it the longest-running public health observance in our country.

Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land.



Scan or visit: [www.nfpa.org/Events/Events/Fire-Prevention-Week](http://www.nfpa.org/Events/Events/Fire-Prevention-Week)

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# Lake Life:

## Fishing Report

As the water temperature continues to cool, the fish are going to move to the deeper edges of the weeds in suspended rock piles. Jig fish the walleye with fat heads and crawlers. Bass you can throw crank baits and spinner baits.

Musky fishing is picking up now on the outside edges of the weed flats. Northern are on the weed edges in about 12 to 15 feet of water and will chase spinner baits and a sucker minnow. Panfish are on the outside edges of the weeds.

October is when the temps get down in the 50s and the lake will start to turnover. Cold water will sink and warmer water will rise. During this period, the lake becomes very murky making fishing difficult. This typically lasts about two weeks. After that occurs, the fishing gets good again.

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“**T**here have been some interesting inventions in sporting goods history,” says Jim McWethy, owner of Sun & Slope. “Certain sports trended; others fell out of favor. The most fun we had was getting creative and testing out our own inventions...like hockey blades and rollerblades attached to the bottom of a windsurfer. That turned out as well as you’re picturing. Good thing we were wearing hockey pads.”

McWethy knows about outdoor fun. Before the birth of Sun & Slope, McWethy co-owned Le Ski Hut (later known as Sports Hut) with friends and business partners Bill Lund and Bob McNamara. And though the name of the store and the inventory changed throughout the years, the community and people it serves haven’t changed much.

“Over the past 50 years, we’ve made many friends: clients, community members, and employees — past and present.” The McWethys credit their success to staying true to their roots: providing expert personal service. “We aren’t just in the business of selling sporting gear; we’re here to offer an unforgettable experience paired with expert guidance,” said McWethy. Throughout the years, Sports Hut offered more than just products and services, including ski demos, parking lot trick bike shows, and in-store celebrations with local sports stars.

McWethy and his wife Robin have been dedicated to the stores and deeply invested in the Lake Minnetonka community. Over the years, they and their companies have proudly sponsored and supported various local organizations. “Being an integral part of this incredible community is an honor,” says Jim. “Our 50-year journey of success is owed to the people here. We are grateful for the privilege of working and playing alongside this community.”

## Après-ski

The Sun & Slope current lease on Lake Street in Wayzata expires next March 31, 2024; after 50 plus years in various storefronts in Wayzata, Robin and Jim have decided that it is time to turn the page on this chapter of their lives and retire. They want to express their heartfelt appreciation to this community for the amazing support they have received over these years—from customers, from employees, and from new friendships--and hope they have in some way helped encourage appreciation of, and participation in, active outdoor life of this community.

Images courtesy of Sun & Slope



# OCTOBER ACTIVITIES

COMMUNITY CONNECTIONS



- Indigenous Peoples Day, 10/9**
- Wayzata Showcase, 10/9**  
Formerly Public Safety Day | City Hall
- Witches Night Out, 10/25**  
5 PM - 10 PM | Water Street in Excelsior
- Burwell Spooktacular, 10-27**  
5 PM - 8 PM | Burwell House in Minnetonka
- Wayzata Boo Blast, 10/28**  
In addition to the events, all are invited to Trick or Treat in Wayzata!
- Halloween In Excelsior, 10/28**
- Halloween At The Lake, 10/29**  
5 PM - 8 PM | Parker's Lake Playfield
- Spooktacular Craft & Gift Show, 10/29**  
9 AM - 2 PM | American Legion in Mound
- Halloween, 10/31**



Scan the QR Code [tonkalifestyle.com/event](http://tonkalifestyle.com/event) Missing something? [nate@wayzatatogether.com](mailto:nate@wayzatatogether.com)



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# WAYZATA HISTORY:

COMMUNITY CEMETERIES: Wayzata's History Preserved

**W**hat do you think of when you think of a cemetery? Do you envision a final resting place for loved ones - a place to honor those who have passed? If you've seen too many scary movies, perhaps images of a spooky, haunted place come to mind. But there's another option too; community cemeteries tell a story. It's a story of how a community came to be.

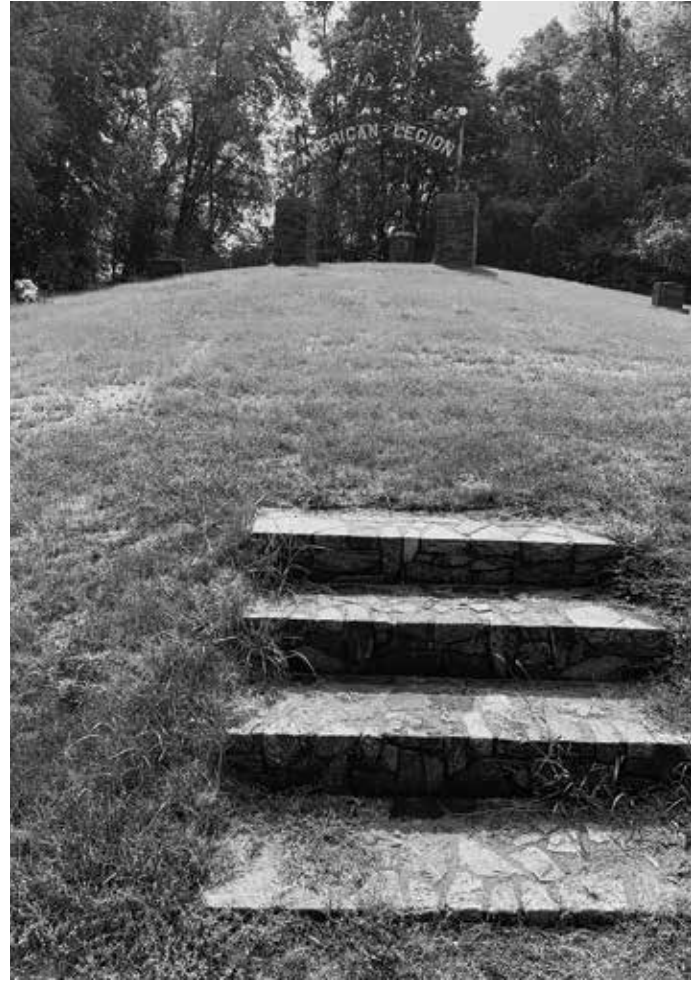
Wayzata has three main cemeteries: the Old Wayzata Cemetery (Wayzata Blvd & Walker Ave), Greenlawn Cemetery (Minnetonka Ave & Walker Ave), and Summit Park Cemetery (Old Hwy 12 & Wayzata Blvd).

## OLD WAYZATA CEMETERY

In 1882, the Old Wayzata Cemetery was officially established. But this piece of land on "Burying Hill" had already hosted some 60 burials before. It goes back to 1855. That's when Hannah Garrison, the mother of Wayzata founder Oscar Garrison, was laid to rest there. Her grave had no marker until the Garrison family purchased one more than 150 years later.

As the oldest cemetery in Wayzata, it got pretty beat up through the years. Thanks to an effort by the Wayzata Historical Society and the Wayzata Heritage Preservation Board, money was raised to restore some of the tombstone bases that had fallen apart. This happened about a decade ago.

Ed Klapprich (Klapprich Park's namesake) served as the cemetery sexton and buried the last five people there. The last person buried at the Old Wayzata Cemetery was Charles Gibbs in 1965.



Summit Park Cemetery

## GREENLAWN CEMETERY

The Wayzata village trustees borrowed \$300 to purchase the land at Park Avenue and Minnetonka Avenue 1897. See, Wayzata's first cemetery was reaching its capacity. One year later, the burial ground was named Greenlawn Cemetery. Its plots date from the turn of the century to the 1980s.

A plaque at the cemetery states the following:

*Walking the grounds of Greenlawn, visitors note the names, including prominent local entrepreneurs and business owners. Many contributed to the bustling economic growth and development in Wayzata's early years: grocers, boat makers, doctors and bankers are among those buried there. Greenlawn Cemetery reflects the community's social history and accurately depicts Wayzata's beliefs and customs during the post-Victorian era.*

## SUMMIT PARK CEMETERY

Summit Park Cemetery is the newest cemetery managed by the City of Wayzata. It's known as Legion cemetery ... as in the American Legion. When members of Wayzata's Post 118 Honor Guard visit the cemeteries each Memorial Day, you understand why Summit Park is known as Legion cemetery. Countless graves are decorated with a small American flag in honor of that person's service to our country's military.

Based on research online and at the cemetery, it appears the first people buried at Summit was in 1929. Tom Koob, a local man killed in Vietnam, and Bill Mathews, a Wayzata police officer killed in the line of duty are buried at Summit.

Three Wayzata cemeteries paint a picture from the city's origins to its present day. A visit to these grounds is a stroll through history.



Old Wayzata Cemetery



Greenlawn Cemetery



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## EVENT SCHEDULE SATURDAY OCTOBER 28TH

### **Benedict's Pop-Up**

8:00 AM - 12:00 PM | Great Lawn

Serving delicious breakfast goodies to start the day off right!

### **10K Race**

9:00 AM - 12:00 PM | 851 Lake Street East

### **Costume Contest**

9:00 AM - 12:00 PM

Grab your costume! The Boo Bash Dash isn't just a race, it's a complete Halloween experience. Free to register for the costume contest. Sign up will be available day of the race near the registration area. Prizes will be awarded!

### **5K Race**

9:15 AM - 12:00 PM | 851 Lake Street East

### **Pie Eating Contest**

10:30 AM - 10:00 PM | 851 Lake Street East

People are encouraged to sign up day of the event. It's FREE to enter and awards will be given!

### **Competitive Lake Street Mile**

10:30 AM - 12:00 PM | Lake Street

A fast one mile straight down Lake Street. Racers will have a shot at purse money for the Fastest Female & Fastest Male One Miler!

### **Family Fun Run**

10:40 AM - 12:00 PM | Lake Street

A one-mile child-friendly run/walk on Lake Street. Don't forget to wear your costumes! Strollers are permitted.

### **Family Fun Run**

10:40 AM - 12:00 PM | Great Lawn Stage

Starts at 11 am with prizes for fastest and most creative. Family fun at its finest!

### **Boo Blast Celebration**

11:00 AM - 12:00 PM | Wayzata

Celebrate Halloween in Wayzata. Trick-or-treat at retail shops all around town. Families can enjoy in-store activities, spooky specials, and goodies for the little ones. Don't forget your costume!

**Lunds & Byerlys Wayzata will host their own Halloween activities from 11 - 3 pm that will include music for kids, face painting, balloon making, candy, and more!**



Scan the QR Code for more event information or visit  
[www.boobashdash.wayzatachamber.com](http://www.boobashdash.wayzatachamber.com)



Images courtesy of Wayzata Sailing








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By: Barbro Brost D.C  
The Brost Clinic

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