



# CATERING MENU

108 E North First St. | Seneca, SC

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# BREAKFAST

*\*MINIMUM OF 12 FOR ALL ORDERS\**

## CLASSIC BREAKFASTS

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### MORNING CLASSIC

Scrambled Eggs, Bacon Strips, Pork Sausage Links,  
Buttermilk Biscuits, Southern White Gravy, Seasonal Fruit

### CONTINENTAL

Assorted Danishes, Muffins, Yogurt,  
and Seasonal Fruit

### EXECUTIVE BREAKFAST

Scrambled Eggs, Bacon Strips, Pork Sausage Links, Breakfast Potatoes,  
Buttermilk Biscuits with White Pepper Gravy, Assorted Muffins, Fresh  
Seasonal Fruit, and Individual Yogurts with Granola Topping.

## BUILD YOUR OWN - A LA CARTE

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Scrambled Eggs  
Bacon Strips  
Pork Sausage Links  
Buttermilk Biscuits  
Biscuits & White Pepper Gravy  
Seasoned Breakfast Potatoes  
Southern Style Grits  
Oatmeal  
French Toast  
Pancakes  
Fresh Seasonal Fruit  
Individual Yogurts with Granola Topping  
Assorted Bagels with Cream Cheese  
Assorted Muffins  
Assorted Danishes  
Pull-Apart Monkey Bread

*COFFEE SERVICE AVAILABLE*

**ASK ABOUT OUR GRAB-N-GO BREAKFAST BAGS!**



# ENTREE MENU

**\*MINIMUM OF 12 FOR ALL ORDERS\***

## CHICKEN

### HICKORY BBQ CHICKEN

Sweet BabyRay's BBQ Sauce, Bacon, Monterrey Jack Cheese  
*Option to sub Honey Mustard for BBQ Sauce.*

### GREEK CHICKEN

Greek Dressing, Sundried Tomatoes, Artichoke Hearts,  
Black Olives, Feta Cheese

### FIESTA CHICKEN

Salsa and Monterey Jack Cheddar Cheese

### CHICKEN FLORENTINE

Served on a Bed of Spinach, Topped with Alfredo

### TERIYAKI CHICKEN

Sweet Baby Ray's Teriyaki Sauce

### SESAME CHICKEN

Asian Sesame Vinaigrette, Edamame, Sesame Seeds

### BALSAMIC CHICKEN

Balsamic Vinaigrette, Tomatoes, Feta Cheese, Fresh Basil

### GOAT CHEESE CHICKEN

Goat Cheese, Sundried Tomatoes, Lemon Sauce, Fresh Basil

### COUNTRY APPLE CHICKEN

Sauteed Apples, Bacon, Cream Sauce

### HERB GRILLED CHICKEN BREAST

Option to add BBQ Sauce or Honey Mustard

### BONE-IN HERB BAKED CHICKEN

Herb-Baked Chicken Quarters *(Option to add BBQ Sauce.)*

*\*ENTREE SERVING SIZE IS BASED ON  
ONE 6OZ. (LUNCH) OR 8OZ. (DINNER)  
GRILLED CHICKEN BREAST*

**TRY  
OUR**

**HAND-BREADED  
CHICKEN TENDERS**

With a Variety of Dipping Sauces

## BEEF

### HAMBURGER STEAK

Hamburger Steak with Grilled  
Onions & Peppers in Gravy

### MEATLOAF

House-made Meatloaf

### BEEF BURGERS

Fresh Grilled Hamburgers with Toppings

*\*SEE OUR BURGER BAR MENU FOR MORE OPTIONS\**

*\*VEGGIE BURGERS ALSO AVAILABLE\**

### BEEF POT ROAST

Slow-Cooked Seasoned Beef Roast

## PORK

### PULLED PORK BBQ

Slow-Cooked Pulled Pork BBQ  
Served with House Sauces & Buns.

### PORK BBQ RIBS

Pork BBQ Ribs served with  
Sweet Baby Ray's BBQ Sauce

### GRILLED PORK CHOPS

Grilled Pork Chops.  
Option to add Sweet Baby Ray's BBQ Sauce



# PASTA MENU

**\*MINIMUM OF 12 FOR ALL ORDERS\***

## BAKED SPAGHETTI

Fresh Baked Spaghetti with Onions, Peppers, Mushroom, Ground Beef, Marinara Sauce, and Mozzarella Cheese

## MEAT LASAGNA

Fresh Baked Lasagna with Ground Beef, Marinara Sauce, Ricotta and Mozzarella

## SPINACH LASAGNA\*

Fresh Baked Vegetarian Lasagna with Spinach, Mushroom, Marinara Sauce, Ricotta and Mozzarella

## CHICKEN OR SHRIMP ALFREDO

Cavatappi Pasta, Creamy Alfredo Sauce, Parmesan Cheese. Add Chicken or Shrimp.

## CHEESE TORTELLINI\*

Stuffed Cheese Tortellini with Creamy Alfredo or Pesto Sauce. Add Grilled Chicken or Shrimp.

## CREAMY RED PEPPER PASTA\*

Penne Pasta, Creamy Parmesan Cheese Sauce, Cayenne Pepper, Roasted Red Pepper. Add Grilled Chicken or Shrimp.

## PASTA PRIMAVERA\*

Cavatappi Pasta, Zucchini, Yellow Squash, Creamy Alfredo Sauce, Parmesan Cheese. Add Chicken or Shrimp.

## BEEF STROGANOFF

Egg Noodles, Beef Roast, Creamy Mushroom Sauce

## RICE CASSEROLES

### FIESTA CHICKEN & RICE CASSEROLE\*

Rice with Chicken, Corn, Salsa, Black Beans, and Monterrey Jack Cheese

### CHICKEN BROCCOLI & CHEDDAR RICE CASSEROLE\*

Rice with a Creamy Cheese Sauce, Broccoli Pieces, and Topped with Cheddar Cheese

**\*VEGETARIAN OPTION AVAILABLE**

**BUILD YOUR OWN PASTA BAR:** *MIX & MATCH TWO PASTAS OR CASSEROLES*  
*Includes Tossed Salad and Garlic Breadsticks.*

**\*ADD A THIRD PASTA OR CASSEROLE OPTION FOR AN ADDITIONAL CHARGE.**



# SALADS & SOUPS

*\*MINIMUM OF 12 FOR ALL ORDERS\**

## SPECIALTY SALADS

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*ADD CHOPPED GRILLED/FRIED CHICKEN*

### CAESAR SALAD

Chopped Romaine, Croutons,  
Parmesan Cheese, Caesar Dressing

### STRAWBERRY SALAD

Spring Mix, Strawberries, Pecans, Blue Cheese,  
Raspberry or Balsamic Vinaigrette Dressing

### ASIAN SALAD

Romaine, Mandarin Oranges, Chow Noodles,  
Edamame, Asian Dressing

### GREEK SALAD

Romaine, Black Olives, Feta Cheese,  
Banana Peppers, Croutons, Greek Dressing

### BLT SALAD

Garden Salad Mix, Chopped Bacon,  
Tomatoes, Cheddar Cheese, Croutons

### APPLE PECAN SALAD

Spring Mix, Pecans, Diced Apples, Craisins,  
Cheddar Cheese, Apple Vinaigrette

### ITALIAN SALAD

Romaine, Black Olives, Banana Peppers,  
Mozzarella, Croutons, Italian Dressing

## HOUSE-MADE SOUPS

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TOMATO BASIL\*

WILD RICE & CHICKEN

BROCCOLI CHEDDAR\*

VEGETABLE BEEF

HOUSEMADE BEEF CHILI

WHITE CHICKEN CHILI

## HOUSE-MADE PREPARED SALADS

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PASTA SALAD\*

POTATO SALAD\*

PIMENTO CHEESE\* (REGULAR OR SPICY)

BROCCOLI SALAD

HAM AND PEA SALAD

CAJUN CHICKEN PASTA SALAD

CHICKEN SALAD

TUNA SALAD

GRAPE SALAD\*

## BREADS

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BUTTERMILK BISCUITS

GARLIC CHEDDAR BISCUITS

YEAST ROLLS

GARLIC BREAD STICKS

CORNBREAD BISCUITS

**\*VEGETARIAN**



# SIDES & BEVERAGES

**\*MINIMUM OF 12 FOR ALL ORDERS\***

## SIDES & BREAD

### VEGGIES

STEAMED BROCCOLI  
SEASONED GREEN BEANS  
SAUTEED SQUASH &  
ZUCCHINI  
SEASONED BABY CARROTS  
SWEET BABY CARROTS  
PEAS & CARROTS  
BLACK EYED PEAS  
CORN NIBBLETS  
CORN ON THE COB  
LIMA BEANS  
GREEN PEAS  
SPICY CAULIFLOWER  
CALIFORNIA VEGGIE BLEND  
ROASTED ROOT VEGGIES

### STARCHES

WHITE CHEDDAR MAC & CHEESE  
RICE PILAF  
GRAIN KALE BLEND  
ROASTED ROSEMARY POTATOES  
RED SKINNED MASHED POTATOES  
HOUSEMADE POTATO CHIPS  
SWEET POT. BITES WITH HOT HONEY

### BREADS

BUTTERMILK BISCUITS  
GARLIC CHEDDAR BISCUITS  
CORNBREAD BISCUITS  
YEAST ROLLS  
GARLIC BREADSTICKS

**\*VEGETARIAN & VEGAN OPTIONS AVAILABLE\***

### LOOKING FOR A SALAD OR SOUP PAIRING?

CHECK OUT OUR SALADS & SOUPS MENU FOR A COMPLETE LIST OF OUR SPECIALTY SALADS AND HEARTY SOUPS TO COMPLETE YOUR MEAL!

## BEVERAGES

SWEET TEA  
UNSSWEET TEA  
LEMONDADE

*ALL BEVERAGES AVAILABLE BY  
GALLON OR HALF-GALLON*

**COFFEE OR TEA SERVICE  
AVAILABLE FOR BREAKFAST!**



# BUILD YOUR OWN...

*Make your own yummy creations with our food bars featuring a variety of premium toppings!*

**\*MINIMUM OF 12 FOR ALL ORDERS\***

## **BURGER BAR:**

*\*Veggie Burgers Available*

FRESH BEEF BURGERS, BUNS, LETTUCE, TOMATO, CHEESE SLICES, PICKLES, ONIONS, CONDIMENTS, BAKED BEANS, COLESLAW, HOMEMADE POTATO CHIPS

## **TACO BAR:**

SHREDDED CHICKEN, GROUND BEEF, HARD AND SOFT SHELLS, SHREDDED LETTUCE, TOMATOES, SHREDDED CHEESE, PICO DE GALLO, SOUR CREAM, JALAPENOS, BLACK OLIVES, DICED ONIONS, SALSA, GUACAMOLE.

**SIDES INCLUDED:** TORTILLA CHIPS WITH QUESO, MEXICAN RICE, MEXICAN STREET CORN

## **POTATO BAR:**

BAKED OR MASHED POTATOES, SHREDDED CHEDDAR CHEESE, SOUR CREAM, WHIPPED BUTTER, BACON BITS, CHIVES, AND CORNBREAD BISCUITS

## **SWEET POTATO BAR**

BAKED SWEET POTATOS, HONEY BUTTER, BROWN SUGAR, CINNAMON, AND CORNBREAD BISCUITS

## **BBQ SANDWICHES:**

HOUSE SMOKED PORK BBQ, VARIETY OF SAUCES, PICKLES, BUNS, BAKED BEANS, COLESLAW, HOMEMADE POTATO CHIPS

## **PASTA BAR:**

*MIX & MATCH TWO PASTAS OR CASSEROLES*

*Also Includes Tossed Salad & Garlic Breadsticks.*

**\*SEE OUR PASTA MENU FOR PASTA AND CASSEROLE OPTIONS\***

## **SALAD BAR:**

**STANDARD & DELUXE**

*\*SEE OUR SALADS & SOUPS MENU FOR A LIST OF SPECIALTY AND PREPARED SALADS\**

### **STANDARD SALAD BAR:**

SPRING MIX, GARDEN SALAD MIX, CUCUMBERS, TOMATOES, BROCCOLI FLORETS, CHEDDAR CHEESE, BACON BITS, CROUTONS, AND PASTA SALAD.

*SERVED WITH THREE CHOICES OF DRESSINGS*

### **DELUXE SALAD BAR:**

*INCLUDES ALL TOPPINGS FROM STANDARD SALAD BAR PLUS:*

CHOPPED ROMAINE OR SPINACH, DICED HAM, BACON BITS, BANANA PEPPERS, BLACK OLIVES, GREEN PEPPERS, AND MUSHROOMS. PLUS YOUR CHOICE OF TWO PREPARED SALADS.

*SERVED WITH FOUR CHOICES OF DRESSINGS*

# HORS D'OEUVRES

**\*MINIMUM 20 FOR ALL HORS D'OEUVRES ORDERS\***

## TRAYS & PLATTERS (SERVES 20-25)

### CHARCUTERIE BOARD

Assorted meats and cheeses, assorted crackers, assorted whole olives, assorted nuts, assorted fruits

**ASK FOR PRICING**

### SHRIMP COCKTAIL

21-25; Served with Cocktail Sauce & Lemons

**\$18.00 per pound**

*\*cost may vary based on market price*

### HOUSEMADE POTATO CHIPS

Served with Ranch Dip or Housemade French Onion Dip

**\$24.00**

### MINI SLIDER TRAY

Pulled Pork BBQ or Hot Ham & Cheese

**\$3.00 each**

### VEGGIE PLATTER

Mixed Veggies, Hummus Dip, Ranch Dip

**\$43.00**

### FRUIT PLATTER

Seasonal Fruits

**\$48.00**

## HOT HORS D'OEUVRES (PRICED PER PIECE)

### MINI QUICHE

Quiche Lorraine, Broccoli Cheddar

**\$1.50**

### PHYLLO-WRAPPED ASIAGO ASPARAGUS

Asparagus and Asiago Cheese Inside Phyllo Pastry

**\$2.50**

### MINI EGG ROLLS

Served with Sweet Chili Sauce.

**\$2.00**

### MINI BEEF EMPANADAS

Served with Chipotle Ranch.

**\$2.50**

### RASPBERRY BRIE EN CROUTE

Phyllo Pastry stuffed with Raspberry Jam and Brie Cheese.

**\$3.00**

### MINI CRAB CAKES

Served with Remoulade Sauce.

**\$2.50**

### SAUSAGE STUFFED MUSHROOM CAPS

**\$3.00**

### MINI BEEF WELLINGTON

Served with Dijon Mustard Sauce.

**\$3.50**

## - FEATURED - MEATBALL BOWTIES

Meatball topped with Bowtie Pasta and Fresh Basil. Served with Marinara Sauce.

**\$2.25**



## - FEATURED - CAESAR SALAD CUPS



9oz. Cups with Lids

Romaine Lettuce  
Croutons  
Parmesan  
Caesar Dressing

Served with  
Mini Forks

**\$2.15**

## COLD HORS D'OEUVRES (PRICED PER PIECE)

### CHARCUTERIE SKEWERS

Salami, Grape Tomatoes, Mozzarella, Kalamata Olives

**\$3.00**

### BLT SALAD CUPS

9oz. Cups with Lids

Garden Salad Mix, Chopped Bacon, Tomatoes, Cheddar Cheese, Croutons  
Ranch or Balsamic Dressing

Served with Mini Forks

**\$2.15**

### CHICKEN SALAD PHYLLO CUPS

Mini Phyllo Cups  
Housemade Chicken Salad

**\$1.50**

### PIMENTO CHEESE PHYLLO CUPS

Mini Phyllo Cups  
Housemade Pimento Cheese

**\$1.50**

### MINI TOAST WITH CUCUMBER & CREAM CHEESE

**\$1.50**



# DESSERT MENU

*\*MINIMUM OF 12 FOR ALL ORDERS\**

## BROWNIES & BARS

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- CHOCOLATE CHUNK BROWNIE
- SALTED CARAMEL PRETZEL BROWNIE
- CHEESECAKE BROWNIE
- CHOCOLATE FUDGE BROWNIE
- BLONDIES
- LEMON BARS
- RASPBERRY RHAPSODY BARS
- 7 LAYER BARS
- CARAMEL OATMEL BARS

## COBBLERS (HOT)

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- APPLE
- PEACH
- CHERRY
- BLACKBERRY

## COOKIES

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- CHOCOLATE CHIP TOFFEE
- WHITE CHOC MACADAMIA NUT
- BUTTER PECAN
- ROCKY ROAD
- SNICKERDOODLE
- OATMEAL RAISIN

## PIES

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- APPLE
- CHERRY
- PUMPKIN
- PECAN
- LEMON MERINGUE
- CHOCOLATE MERINGUE
- BANANA CREME
- BOSTON CREME

*\*COBBLERS & PIES SERVED WITH WHIPPED CREAM\**



# FREQUENTLY ASKED QUESTIONS

## **1. What types of events do you cater?**

We cater for a wide variety of events including corporate lunches, medical office meals, staff appreciation events, private parties, training days, holiday gatherings, and more!

## **2. How far in advance do I need to place an order?**

We recommend placing your order at least 48–72 hours in advance. For large events or custom menus, we appreciate more notice whenever possible.

## **3. What's included with my order?**

All orders include delivery, setup, serving utensils, paper products, disposable chafing dishes, and even ice for drinks (if needed). We aim to make your catering experience completely stress-free.

## **4. Do you offer individual packaging?**

Yes! We offer individually packaged meals for safety, convenience, or on-the-go events for an additional upcharge!

## **5. Can we customize our menu?**

Absolutely. We offer flexible options and customizable food bars so you can build the perfect meal for your group's preferences and dietary needs.

## **6. Do you accommodate dietary restrictions?**

Yes, we're happy to accommodate dietary needs such as vegetarian, gluten-free, dairy-free, and more. Just mention any restrictions when placing your order.

## **7. Do you deliver?**

Yes! We deliver throughout Seneca, SC and surrounding areas. Delivery Fee is based on mileage and amount.

## **8. Is there a minimum order requirement?**

Yes, our minimum order typically starts at 12 guests, but we're happy to work with you depending on the request and location.

## **9. How do I pay for my order?**

We accept payment via credit/debit card or check. An invoice with a payment link will be sent via email 24–48 hours before your event.

## **10. What is your cancellation policy?**

We kindly ask for at least 5 days notice for cancellations to receive full refund. Orders canceled within 5 days may be subject to a partial charge to cover preparation costs.

## **11. Do you offer tastings?**

Yes! We occasionally offer tasting events and are happy to discuss private tastings for larger or recurring clients.

## **12. How do I book a catering order?**

You can email us at [order@forkandflavorcatering.net](mailto:order@forkandflavorcatering.net), visit [www.forkandflavorseneca.com](http://www.forkandflavorseneca.com), or call/text us at (864) 903-8398. We'll take care of the rest!

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