



Creating Well-Being Sharing Site

A LI SEL Forum Initiative

Now inviting ALL New York State Schools & Mental Health Organizations to post their mental health & wellness initiatives!

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Inviting NY State Schools & MH Organizations to post their initiatives

New York State schools and mental health organizations have made a long-standing commitment to addressing the mental health and well-being of our students, staff members, caregivers, and community members. Following the 2021 publication of the *Nassau County Mental Health and Wellness Strategic Plan*, the LI SEL Forum created the free [Creating Well-Being Sharing Site](#), to publicize mental health and wellness initiatives taking place in schools. **We are now expanding the Sharing Site by inviting all New York State schools and mental health organizations working with schools to submit their initiatives.**

Initiatives on the Site are organized into 5 categories that align with the 2021 [Nassau County Mental Health and Wellness Strategic Plan](#) (Guide):

- School Mental Wellness Leadership Teams
- Staff Mental Wellness and Social Emotional Literacy
- Interventions in Schools with Students
- Home Engagement
- Community-Based Partnerships

[View the Sharing Site and Learn How to Submit YOUR Mental Wellness Initiatives](#)

Sharing Site Editors are available to speak with you about your initiatives. We are also willing to provide brief Sharing Site presentations in-person or online. Contact us at: Info@Liself.org.

Founded in 2004, the [LI SEL Forum](#) is a volunteer group of educators & MH clinicians committed to the development of safe and supportive schools for students, staff, and caregivers. LISelf has collaborated with MHANYS and BOCES since 2018, when the new NYS Mental Health Regulations were introduced to Long Island schools.