

# PRAYER REQUESTS

Patryce Sister of Vincent & Tonya and Daughter of Karen McKinney—Health Issues

Family of Sister Iquo Udosen — Bereavement & Wisdom

Family of Brother & Sister Luttrell — their son, Landon

Karley daughter of Chereece and Monte—Health issues

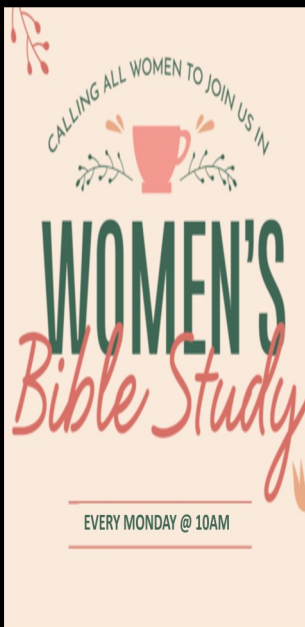
Mother of Sisters Bonnie Maddoux  
& Glenda Maldonado — Health Issues

Daughter and Granddaughters of Brother & Sister Ynacay  
Wisdom, guidance, protection, and peace

Mother of Sister Tonya McKinney — Health Issues

Family of Sister LeShea Nixon — Prayer request for self and family

*But we will give ourselves continually to prayer  
and to the ministry of the word. Acts 6:4*



Conference  
Call #  
978-990-5276

PIN Number  
644431#

EVERY MONDAY @ 10AM

## BROTHERS' PRAYER CALL Every Monday @ 8PM

Zoom Conference:

ID: 817-1996-9456

Passcode: 1111

or

Dial In Number:

346-248-7799

ID: 817-1996-9456#

Passcode: 1111

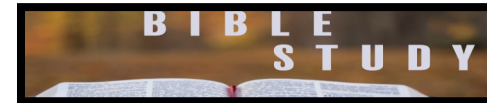


NORTH FORT BEND  
CHURCH OF CHRIST

Come Grow With Us

In Sound Doctrine

Sunday Worship 10AM



Sunday Mornings at 9:00 A.M.

Before Worship Service at Tom Wilson Elementary

Wednesday Evenings at 7:00 P.M.

Join Our Weekly Bible Study On "ZOOM"  
*We Are Currently Studying The Book of Proverbs*

## IN-PERSON SERVICE

Tom Wilson Elementary School Gymnasium  
5200 Falcon Landing Blvd. — Katy, Texas 77494  
Email: [info@nfbcoc.org](mailto:info@nfbcoc.org)

## SERMONS LIVE-STREAMED

*Services Live-Streamed on Facebook and YouTube  
Sermon Audio Online at [NFBcoc.ORG](http://NFBcoc.ORG)*

## How We Worship

We are a group of imperfect people who come together to help each other strengthen our connection with God and each other. In worship we do this by greeting each other with genuine interest and care for one another.

- \* **We sing** to God with a spirit of thanksgiving.
- \* **We pray** together to give thanks to God for what he has done for us and to ask for His help for those who are in need.
- \* **We take communion** to celebrate the life of Christ, remember His sacrifice, and take comfort in His promise to come back for us.
- \* **We listen to the preaching of God's Word** to deepen our knowledge and challenge us to better reflect Jesus in our lives.
- \* **We give from our hearts** to support God's mission of reaching our community for Christ.

*"God is spirit, and those who worship him must worship in spirit and truth." John 4:24 (ESV)*

### Placed Membership:

#### Sick & Shut-In:

Sis Karen McKinney

Sis Willie O'Neal

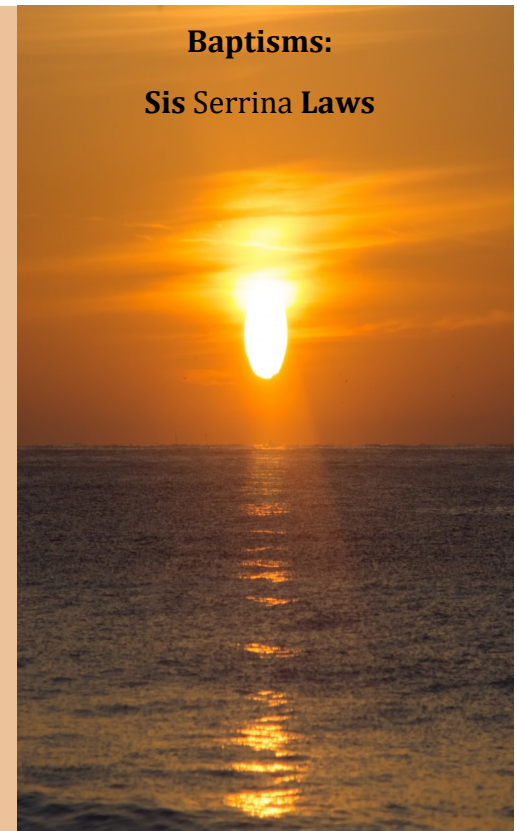
Sis Kathy's Mother

Sis Patryce

Sis Tonya's Grandmother

### Baptisms:

Sis Serrina Laws



### Announcements

Sunday, August 7, 2024, Serrina Laws was baptized. Let's welcome our new Sister in Christ!!!



**2024 THEME**  
**Colossians 1:28**

Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. (ESV)

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Spiritual Maturity is the continuous process of spiritual growth into the image of Christ.

***Greeters:***

## August 4—Richard & Donna

### August 11—Glenda & Lily

## August 18— Carol & Caitlin

### August 25—Roland & Lisa

## September 1—Ron & Connie

## September 8—Rob & Kathy

### September 15—Don, LeShea, & Nikki

## September 22—David & Teresa

### September 29—Vincent & Tonya

## October 6—Brandt & Corie

## October 13—Sonya, Tonya, & Nic

## October 20— Cara & Carli

***Happy Birthday/Happy Anniversary***



### Birthdays:

### August 5—Nikki Nixon

## August 22—Carli O’Neal

### Anniversaries:

## ORDER OF SERVICE

**AUGUST 11, 2024 — 10:00 A.M.**

|                                       |   |
|---------------------------------------|---|
| <b>WELCOME</b>                        | <b>David Jones</b>                        |
| <b>SONG LEADER</b>                    | <b>David Jones</b>                        |
| <b>OPENING PRAYER</b>                 | <b>Roland Carmen</b>                      |
| <b>LORD'S SUPPER<br/>AND OFFERING</b> | <b>Ron O'Neal</b>                         |
| <b>SERMON &amp;<br/>INVITATION</b>    | <b>Guest Speaker:<br/>Reggie Dorrough</b> |
| <b>RESPONSES</b>                      | <b>Ron O'Neal</b>                         |
| <b>CLOSING PRAYER</b>                 | <b>Richard Ynacay</b>                     |
| <b>ANNOUNCEMENTS</b>                  | <b>Ron O'Neal</b>                         |
|                                       |   |

## Notes

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[illegible]

After assembling your kit remember to maintain it so it's ready when needed:  
Keep canned **food** in a cool, dry place.

- Re-think your needs every year and update your kit as your family's needs change.

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work, and cars.

**Work:** Be prepared to shelter at work for at least 24 hours. Stored in a “grab and go” case.



- ☐ **Prescription medications and glasses**
- ☐ **Infant formula and diapers**
- ☐ **Pet food, water and supplies for your pet**
- ☐ **Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container**
- ☐ **Cash and change**
- ☐ **Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)**
- ☐ **Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.**
- ☐ **Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.**
- ☐ **Fire Extinguisher**
- ☐ **Matches in a waterproof container**
- ☐ **Feminine supplies, personal hygiene items and hand sanitizer**
- ☐ **Mess kits, Paper cups, plates and disposable utensils, paper towels**
- ☐ **Paper and pencil**
- ☐ **Books, games, puzzles or other activities for children**



## Helpful Tips:

**Hurricane season is June 1—November 30 annually.**

**After a hurricane you may have to shelter in place for several days.**

### Recommended Items to Include in a Basic Emergency Supply Kit:

- ☐ **Water and non-perishable food for several days**
- ☐ **Extra cell phone battery or charger**
- ☐ **Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries**
- ☐ **Flashlight and extra batteries**
- ☐ **First aid kit**
- ☐ **Whistle to signal for help**
- ☐ **Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- ☐ **Moist towelettes, garbage bags and plastic ties for personal sanitation**
- ☐ **Non-sparking wrench or pliers to turn off utilities**
- ☐ **Can opener (if kit contains canned food)**
- ☐ **Local maps**

**1 gal of water person a day for several days.**

### Notes:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



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Summer is here, and that means it's hot, it's humid, and it's the time of year when you're at a higher risk for a heat-related illness. The most severe of these heat illnesses is heat stroke, which happens when the body's temperature-regulating system is overwhelmed. This can cause the body's internal temperature to rise to 103 degrees Fahrenheit or higher. Humidity increases this risk by making it harder for sweat to evaporate and cool the body.

Heat stroke can also occur indoors or in vehicles, even with open windows. In fact, the leading cause of heat-related deaths in children is being left in parked cars during hot weather.

- Wearing excessive or heavy clothing in hot conditions, preventing sweat from evaporating and cooling the body.
- Drinking alcohol in the heat, which can disrupt the body's temperature regulation.
- Not hydrating adequately while sweating, which leads to dehydration.

Heat stroke ALWAYS requires emergency treatment. Without immediate cooling, it can cause the brain, heart, kidneys, and muscles to swell and become damaged. If left untreated, heat stroke can lead to severe complications or death.

When someone is experiencing heat stroke, they may exhibit one or more of these symptoms:

- Body temperature of 103 degrees Fahrenheit or higher
- Throbbing headache
- Altered mental state (confusion, slurred speech, delirium)
- Hot, dry skin or hot, damp skin that may also be red
- Dizziness
- Rapid, shallow breathing
- Nausea or vomiting
- Fast, strong pulse
- Loss of consciousness

## An illustration of a hand holding a smartphone. The phone's screen is white and displays the text '911' in large red font, followed by 'EMERGENCY CALL' in smaller black font. Below the text is a green circular icon with a white telephone handset. The phone has a black bezel and a light blue status bar at the top with three white dots. The background is a solid blue color.

If someone shows signs of heat stroke, call 911 immediately. While waiting for help, remove excess clothing, move the person to a shaded or cooler area, and try to cool them down by getting them into a cool shower, spraying them with cool water, fanning them, or placing ice packs or cool towels on their head, neck, armpits, and groin.