

Name	Meaning / Origin	Spiritual Theme	Scripture
Caitlin	Irish form of Catherine: “Pure”	Purity of heart, holiness, seeing God	Matthew 5:8 – “Blessed are the pure in heart, for they shall see God.”
Carol	Latin/English: “Song of joy”	Praise, worship, joy in God	Psalm 95:1 – “Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation.”
Carli	Germanic: “Free person”	Freedom in Christ, deliverance from bondage	Galatians 5:1 – “It is for freedom that Christ has set us free...”
Cara	Latin/Italian: “Dear, beloved, friend”	Loved by God, chosen, friendship with Christ	John 15:15 – “I have called you friends...”
Cathy	Greek (from Catherine): “Pure”	Purity of heart and holiness	Matthew 5:8 – “Blessed are the pure in heart...”
Connie	Latin (from Constance): “Faithful, steadfast”	Faithfulness, steadfastness, endurance	1 Corinthians 15:58 – “Stand firm. Let nothing move you...”
Corie	Variant of Cora, Greek: “Maiden”	Innocence, devotion, and purity	Psalm 51:10 – “Create in me a pure heart, O God...”
Donna	Italian: “Lady / Woman of honor”	Dignity, virtue, grace	Proverbs 31:25 – “She is clothed with strength and dignity...”
Honey	English: Sweet substance from bees; Biblical symbolism	Sweetness of character, favor, abundance, spiritual nourishment	Proverbs 16:24 – “Gracious words are a honeycomb, sweet to the soul and healing to the bones.”
Iquo	West African: “Born on Sunday / Precious one”	New life, joy, resurrection hope	Psalm 30:5 – “For his anger lasts only a moment, but his favor lasts a lifetime...”
Jada	Hebrew: “He knows / Wise”	Wisdom, discernment, spiritual understanding	James 1:5 – “If any of you lacks wisdom, ask God...”
Karen	Greek (from Catherine): “Pure, Clear” or Danish: “Beloved”	Purity, kindness, gentle spirit	Philippians 4:8 – “Finally, brothers and sisters, whatever is true, whatever is noble...”
Leshea	Modern English: “Joyful / Blessed”	Happiness in God, favor, blessing	Psalm 16:11 – “You make known to me the path of life...”

Lisa	Hebrew (from Elisheba / Elizabeth): "God is my oath / Consecrated to God"	Devotion, faith, trust in God's promises	Luke 1:45 – "Blessed is she who has believed that the Lord would fulfill his promises..."
Lilly / Lily	Flower: "Purity, innocence, beauty"	Purity, trust in God's care and provision	Matthew 6:28-29 – "See how the flowers of the field grow..."
Louise	French / Germanic: "Famous warrior / Renowned fighter"	Spiritual strength, courage in faith	Ephesians 6:10 – "Finally, be strong in the Lord and in his mighty power."
Mary Ellen	Combination of Mary ("Beloved of God") and Ellen ("Light, shining one")	Devotion, grace, and spiritual illumination	Luke 1:46-47 – "My soul glorifies the Lord and my spirit rejoices in God my Savior."
Nana	Akan (African) "King/Chief" or Hebrew link to Hannah: "Grace"	Grace, royal identity, favor of God	1 Peter 2:9 – "But you are a chosen people, a royal priesthood..."
Nikki	Greek (from Nikē): "Victory of the people"	Victory in Christ, overcoming by faith	1 John 5:4 – "For everyone born of God overcomes the world..."
Nya	Swahili / African: "Purpose; new/renewal"	God-given purpose, new life in Christ	2 Corinthians 5:17 – "Therefore, if anyone is in Christ, the new creation has come..."
Sonya	Russian/Slavic: "Wisdom" (from Sophia)	Wisdom, discernment, spiritual insight	James 1:5 – "If any of you lacks wisdom, you should ask God..."
Tanya	Russian diminutive of Tatiana: "Fairy queen / Princess"	Godly leadership, dignity, guidance	Proverbs 31:25-26 – "She is clothed with strength and dignity..."
Tonya	Variant of Tanya: "Fairy queen / Priceless"	Godly wisdom, dignity, influence	Proverbs 31:25-26 – "She is clothed with strength and dignity..."
Theresa	Greek / Latin: "Harvester"	Fruitfulness, service, bearing spiritual fruit	John 15:16 – "You did not choose me, but I chose you and appointed you so that you might go and bear fruit..."