Paper: <u>Cure</u> Any Disease

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**Topic**: The work of Dr. Rangan Chatterjee (U.K.) is the stimulus for this paper. Along with Dr. Dale Bredesen's work (San Francisco) in <u>curing</u> dementia, the two are re-defining what "**health care**" should be. (https://www.youtube.com/watch?v=gaY4m00wXpw)

#### <u>Preamble</u>

The word 'cure' has been taboo within the Rockefeller drug regime, over the past several decades. It is **disallowed** across many institutions/practices [ACS, CCS, etc.]. This is because it is a contradiction to profit – if you *cure* a patient, you no longer have a client. And allopathic medicine is not based upon 'losing' clients, but gaining them. It is rather based upon "managing illnesses", suppressing and/or eliminating symptoms (by way of cytotoxic effects) & retaining clients. That is why doctors who actually step outside of the paradigm are vilified, persecuted, harassed & stripped of their certification, when they dare propose an alternative solution which may intrinsically rid their patients of disease conditions. The two doctors mentioned above are just such doctors. If these two doctors do not suffer the persecution of the drug empire, then can the general public be assured that human evolution is indeed moving in the right direction, for the first time in 157 years. The emergence of truth is occurring presently... and it is **unstoppable**.

## Dr. Rangan Chatterjee & His Eight Indicators of Health

Eight of the following eleven points were contributed by Dr. Chatterjee (Points 4-11 inclusively). Dr. Chatterjee is an inquisitive & innocent U.K. doctor who proposes that the *current strategy* by the medical profession will lead to bankruptcy in the U.K., within a short time. Stimulated by this alarming statistic, he, like several others during this current 'awakening' period in Earth's history, used his common sense and deductive powers of reasoning, to come up with a better solution. He did all this in spite of his established medical 'training' (dogma). Ref - Dr. Denis MacEoin – "The Myth of Clinical Trials" – "Medical students never get to the stage of asking questions. Let them ask one and see what happens…"

Dr. Dale Bredesen is following the same modality as Rangan, in California and <u>curing</u> his dementia patients by following a similar pattern of cure. It is clear that these 8 life modalities will stand alone as a *complete system* whereby anyone can address their 'disease state' appropriately.

Through my life experience, including a lifetime analysis & questioning of what we have been *led to believe*, I have concluded that the addition of the first three principles is worth considering in a quest for total health. This includes the 'Additional Notes' which follow at the end of this paper. It is from my observation that the application of the additional information beyond the 'original 8', will lead to the absolute removal of any pre-existing **drivers** which predispose a person to a "disease" state (see German New Medicine). This can be easily illustrated by the relapse of an alcoholic, after years of soberness and success. It is by the *lack* of the removal of **all** precursors that allows for relapse.

### **The Essential Eleven -**

#### <u>Introduction</u>

The first step to restoring the body to balance and eradicating a "disease" state, is to realize that there are no "diseases" – a "disease" is not a *thing* or an *entity*, it is a *condition*. These conditions come about from the influence of toxins (including electromagnetic radiation) and may have a psychological root as well (GNM).

An honest and hard look at the categories following is necessary to totally eradicate any disease that may be troubling an individual. Someone may find that attention to only one or two categories are responsible to easily eradicate a "disease" state. However, another may find that their historic (psychological) conditioning may **preclude** them from properly adjusting one or more of the categories to achieve success. Put another way, we have all undergone a kind of programming that results in the make up of what we do, how we think and how we act, every day... essentially, who we are! This 'programmed state' is from the years of (possibly) unquestioned conditioning which has directly led us to the state we are in.

This conditioning/influence includes:

- social dietary standards, practices, & habits,
- social and media conditioning,
- peer influences,
- other considerations that have never been questioned in the past.

So, the road to total healing begins with the acknowledgement that we may have been *mistaken* (or misled), which contributes to the kind of person that we have become. Once this realization is taken on, then can the transition be initiated to return us to **balance or homeostasis** (which is essentially the process to eradicate any dis-ease in our lives).

When one seeks only the Truth it becomes clear that - SYMPTOMS are NOT "diseases".

**Dr. John Harrison** said it best when he wrote his book, "Love Your Disease – It's Keeping You Healthy!", back in 1984. Through a chance meeting, Dr. Harrison completely overturned his medical (training) analysis to come up with a higher level of understanding of the "disease" state.

By the approach of this paper, any and all "disease" conditions can be eradicated, with the possible *exception* of those conditions that were exposed to a battery of pharmacological practices (notably surgery, radiation & drugs/chemo – aka "cut, burn, poison"). If a person has lost enough vitality that they no longer have an appetite and their vital integrity has been so compromised to the point of no return, recovering in this case, would be better achieved by focusing upon the *first three points*. Needed here, is the Power that accompanies the higher vibration states, including, but not limited to Love & Unconditional Love.

The preceding words are supported by **Mr. George Cairns**. Mr. Cairns is the 'messenger' who brought the dandelion cure for stage 4 cancer. He **cured himself**, at 74 years of age, and many others who were on their 'last legs' of their "disease" states... all by way of purifying the body [blood] with dandelion root! And of course, as the world wakes up to the understanding that "diseases" do not exist, but rather we live with symptoms, resulting from a cumulative state of toxicity, the recovery process becomes clearer & more obvious.

#### **The Essential Eleven -**

- 1) Thought 'We are what we think'. This is an evolutionary jump from Frances Moore Lappe's, 'you are what you eat', from the early 70's. We were never taught to control our thoughts (unless maybe we were raised in a Buddhist monastery). Our whole life has been directed and created (and limited) by the thoughts that revolve in our head. Therefore, it is easy to see why the other 10 are secondary to this one supreme function. There are immediate and clear examples of this. (See 'Additional Notes' & Refs. for clarification)
- **2) Follow Your Intuition** There is not a better guidance system for a human, and *everyone* has it. Your intuitive feelings are your pathway to perfect and unfailing guidance & protection. My experience and the Truth Centre information refers to this phenomenon as "heart messages". This is the immediate & spontaneous thoughts, from Universe origin, delivered by your 'Thought Adjuster' *or* higher self.
- **3) Deepen Your Spiritual Connection** As this planet gets closer and closer to the Truth of our existence, it occurs and it will follow that we will deepen our understanding of who we are in relation to our Maker. This can

be immediately procured by the exercising of our own <u>free will</u>, *or* we can allow sufficient & enhanced disillusionment do the job for us. Simple faith can be a powerful free will choice, and is proven to be just that.

- **4) Diet** One of the largest areas of being mislead (based upon North American standards & practices/'profit only'), the diet change to health is one of the strongest ways to eliminate "disease". Dietary (chemical) additives and other choices have a strong influence on health (for example, the **symptom** cancer, cannot live in an alkaline body, **period**).
- **5) Stress/Fear** As part of our busy daily lives in big city frenetic environments, stress and fear will play a major role in the lack of health. This is acutely relevant during current times.
- **6) Sleep** As one gets older, sleep issues may become part of the norm. Adequate sleep is important. Natural solutions can be tricky. And causes are trickier. EMF radiation is but one.
- 7) Physical Activity The biggest mistake we can make as a (human) race is to leave behind the initiated standard of fun and play that was instilled in us, as a child (as well as organized sports). The body was not designed for, nor does it function properly when there is little to no movement during a day's living. Atrophy is real & massively (often unconsciously) prevalent.
- **8) Gut Health** The folks living in the Himalayas have known for ever that a healthy microbiome is essential for a healthy body. Additionally, as the body gets older, the natural gut flora (which is essential to even normal functioning) tends to not be as strong. Two ways to tackle the problem is Pro & Con: Pro feed the gut with promotional ingredients that promote intestinal flora (kefir, sauerkraut, kimchi, etc.). Con some foods that we consume will harm the vibrancy of our intestinal flora (processed food chemicals, pesticides, alcohol, refined carbs, etc.).
- **9) Infections** The notion of "infections" is part of the falsehood that has been imposed upon humanity (along with fight, battle, war, immune system/response, etc.). As will be revealed, the 475-year-old "germ theory" falsehood will subsequently reveal the falsity behind "infection" & "infectious contagion". This is a programmed deterrent to health & wellbeing.
- **10) Environmental Toxins** This may (possibly) fall outside of the capability of the body's natural defence mechanisms, as the cause of illness is continually ignored and as exposure becomes multitudinous. In this case, obviously, the environmental condition must be removed or mitigated in some definitive fashion. Lack of proper (governmental) regulation, allowing

profit-only companies to thrive, makes this process difficult, but not impossible.

11) Sunlight – Probably the *second* most significant area of being mislead (in North America) is the value and necessity of sunlight. We are told that sunlight causes skin cancer when actually lack of vitamin D plus 'sunscreen' usage are way two potent causes. Rather, it could be stated, "deep and repeated burns from sunlight will be detrimental to the skin". It is also important to understand that 60,000 people die every year in North America due to insufficient vitamin D levels. Additional help in this category can be achieved with judicious use of a tanning bed, where appropriate levels of vitamin D can be maintained (which in many Earth latitudes is a necessary additive in a healthy regime). [Note: Dr. Chatterjee almost lost his son to vitamin D deficiency, when allopathic medicine had trouble identifying the 'problem'.]

#### **Additional Notes**

<u>Important Rider</u>: The need to recognize the complications that are set up for (some of) us in our early years of life, cannot be understated. It is best illustrated by the ancient poem from India:

These five are fixed for every man before he leaves the womb:
His length of days, his fate, his wealth, his learning and his tomb.

Updated for 70's script analysis:

These five are taken from your sires six summers from the womb:
Your length of days, your fate, your wealth, your learning and your tomb.

With a full understanding of this concept, many of us can completely get to the root of the cause of our disease. While the analysis of this topic will fill volumes, the starting point is right here!

<u>Ayurvedic Approach</u> – 6 stages of "disease" (Ayurveda & Ancient Chinese medicine do <u>not</u> subscribe to 'germ theory' or the 'infectious contagion' myth.)

- 1. Accumulation disease begins with an over-abundance of earth, fire, water or air
- 2. Aggravation enhanced and continued imbalance of one of the above
- 3. Spread moves throughout the body
- 4. Localization finds a weak spot in the body to inhabit
- 5. Progression intensifies to the point of formalizing a disease
- 6. Diversified expansion of that disease to a further state.

#### Conclusion

As Sovereign Sons of a vast [Grand] universe, equipped with the absolute power of Free Will, we all have the unconditional right to choose Truth over falsehood whenever & wherever we see fit. By the leading of various individuals on this planet who have taken part in this emergence of Truth, we are able to fully choose a path that is not in alignment with many of the (false) practices that have governed our existence for many decades, if not centuries, now.

Along with my own experiential evidence concerning the topic of this paper, it constitutes an alternative path which may be beneficial to anyone who applies it. There is a wealth of knowledge & wisdom, apart from much of the mainstream narrative, that guides society. This much is clear & confirmed, today.

In the end, it is YOUR choice!

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# THE TRUTH ABOUT 'DISEASES' AND 'VIRUSES'

# 'VIRUSES' & 'DISEASES' DO NOT EXIST

They were **both** created by the pharmaceutical industry who uses the flawed "germ theory" to sell medicines and vaccines to the populous for monetary gain and population control. If the "germ theory" were correct there wouldn't be a human **alive** today to tell the story.

"Germs" (bacteria, yeast, fungus) are *created* within the biologic structure (including our bodies) to mitigate toxicity and achieve homeostasis. The fundamental particle of all biology (the microzyma) are everywhere! Our bodies are made up of these things (the microbiome).

So-called 'diseases' are these particles, manufactured by our own bodies as a protection against over toxicity.

When we are overly toxic our body *creates* a natural detoxification process called a "flu", a "cold" or a "pneumonia" to rid the body of these deadly toxins.

"Contagion" is a story that was made up to incorrectly suggest that these particles were not part of our body

and are somehow transmissible.

You cannot "catch" a cold - but you can ingest or inject **toxins**.