

Paper: Sick and Tired? - No Need For That.

Date: 21 Sep. 2023

Topic: The emergence of truth, regarding health & human physiology is coming steadily forward, to the point that it will be soon hard to ignore it, if we are not there already. This paper is a companion paper to “Cure Any Disease” as it confirms and augments the information in that paper. All human suffering & loss is due to following falsehood. It is this realization that defines our current time as the best time to be alive on planet Earth!

Introduction

“There are no incurable ‘diseases’ – only people who think that they are incurable.”

Dr. John Christopher, ND 1909-1983 - The father of herbal medicine

Simply put, there are a few *glaring obvious* situations that have become common place during the past 41 months (whether or not folks ignore them). They are:

1) Symptoms are not ‘diseases’.

2) In fact, ‘diseases’ in fact do not exist – but rather we are ‘victims’ of toxicity, from a number of different sources.

3) An acid body is one that is in imbalance (toxic) while an alkaline body is one that is in a state of homeostasis. The symptom penned as “cancer” is the result of an uncorrected acid condition in the body over a period of time.

This paper takes a look at some of these details and some of the amazing folks who have held these truths for many decades, while propaganda encourages the mass population into maintaining allegiance to falsehood and destructive practices.

How Could This Possibly Be?

Profit. (... over possibly integrity, morality, ethics.)

In 1866 the truth about human physiology and all biology was registered in the French Academy of Sciences by Professor Pierre Jacques Antoine Bechamp. Had his, and his worthy lab/clinical partner Professor Alfred Estor’s rigorous and specific research accomplishments been heeded to, I would not be writing this or any other paper today.

But it wasn’t; so I am.

The interesting thing is that the Truth will never die, no matter how much money is thrown at it to make it go away. This is the nature of God’s Truth.

This Truth is represented by a sampling of individuals (3 - who have collectively well over a hundred years of proof) along with the ages old practices of TCM (Traditional Chinese Medicine) and Ayurveda.

The ages old practices speak for themselves.

This paper illuminates the three individuals because of their astounding presence and decades of proven accomplishments. From this evidence, it essentially shows that there are two realities that have been present on this planet for the past 157 years or so – 1. the false world where profit and high finance reigns, and 2. God’s Reality where the truth about human physiology is experientially present and logically available.

A Sampling of Three Individuals

These 3 people have, collectively so much success and information, that there is no reason for anyone to be in pain or have ‘disease’ conditions, ever again:

- 1) Dr. Robert O. Young, PhD, microbiologist (vegan - >40 yrs.)
- 2) Dr. Robert Morse, ND, microbiologist (mostly vegetarian)
- 3) Dr. Milton Mills, MD (vegan)

Dr.s Young and Morse have collectively close to a hundred years of proven research and clinical practice behind them. Dr. Mills, first found out how the Seventh Day Adventist diet was helping & healing people (see refs. - “Blue Zones” – Loma Linda) so he became a doctor because he thought that people would hear him better with these credentials, as he brought the vegan diet to the population. He has healed some of the most dreaded conditions with his clinical work (see refs).

The Vegan/Vegetarian Diet

The *common factor* with these 3 doctors is also the common factor with the research of the books on the ‘Blue Zones’ in the references – the vegan or vegetarian diets. When one considers the works of these 3 doctors, several others like them AND the information on the longest living populations in the world, the question as to whether carnivore or vegetarian, is no longer even worth asking.

Conclusion

This is a very short paper for good reason – the information provided by the sampling of individuals here, along with other supportive evidence, provides the foundation where Dr. Christopher’s initial quote becomes **Reality**, for anyone who may wish to avail themselves of it.

Personally, and experientially I can attest to the immediate benefits of the vegetarian diet. One embarking on such a diet will probably find the same benefits, and a few examples are provided here:

- 1) The digestive system – there is never an issue with elimination with the vegetarian or vegan diet due to the high concentration of fibre, I assume. Life becomes easy and free flowing, if it wasn’t previously.
- 2) The prostate gland – I was once told by someone in the medical complex that regarding prostate cancer (symptom) – “It’s not a matter of *if*, it’s a matter of *when*.” Being a 64 year old North American male, I can, with confidence state, that with the vegetarian diet, this statement would be 100% hogwash. This claim will be firmly explained if one were to watch Mills’ video “Diet & Cancer”.

The bottom line here?... Everyone has the opportunity to use their own powerful free will to continue following falsehood, or choose to side with God' Reality and live their life to the fullest.

References:

- 1) Sick and Tired? Reclaim Your Inner Terrain
Young, Robert O. PhD
- 2) The pH Miracle – Balance Your Diet, Reclaim Your Health
Young, Robert O. PhD
- 3) Diet & Cancer (video) – www.drMiltonMillsPlantBasedNation.com
Mills, Milton MD
- 3) The Detox Miracle Sourcebook: Raw Foods and Herbs for Complete Cellular Regeneration
Morse, Robert ND
- 5) What Really Makes You Ill? - Why Everything You Thought You Knew About Disease is Wrong
Lester, Dawn/Parker David
- 6) Goodbye Germ Theory
Trebing, Will Dr.
- 7) Bechamp or Pasteur? – A Lost Chapter in the History of Biology
Hume, Ethel D.
- 8) The Invisible Rainbow – A History of Electricity & Life
Firstenberg, Arthur
- 9) CROOKED – A History of Man-Made Disease
Maready, Forrest
- 0) Pasteur: Plagiarist, Imposter – The Germ Theory Exploded
Pearson, R.B.
- 11) The Contagion Myth
Morell, Sally Fallon MA/Cowan, Thomas MD
- 12) Power vs. Force
Hawkins, David PhD, MD
- 13) Love Your Disease – It's Keeping You Healthy
Harrison, John, MD
- 14) The Urantia Book
Various Authors
- 15) A Course in Miracles
Christ Michael
- 16) The Blood and Its Third Element
Bechamp, Pierre Jacques Antoine Professor, MD