

# Leave No Trace Trainer Certification – Course Details



**Time & Date** – Meet at 10am on the selected start date. The course will finish by 4pm latest on day two.

**Location** – Ensure you book the correct location, exact start points will be confirmed at least two weeks prior to the start date.

## **Core components and course curriculum:**

1. A minimum of 16 hours experiential instruction
2. The role and function of a Leave No Trace Trainer
3. The Principles and ethics of Leave No Trace
4. Teaching skills and techniques – students learning styles
5. At least one student led teaching exercise by each participant
6. Overview of the national Leave No Trace Program
7. The role and function of the Centre.

## **Upon successful completion of the course:**

Upon successful completion of a Leave No Trace Trainer course, each participant will become a Leave No Trace Trainer and receive a completion certificate from the Centre. Successful completion of the course requires participation in all course activities and teaching exercises. Those who complete the Trainer course are equipped to:

- Understand, demonstrate and teach state of the art minimum impact techniques through your own 'Awareness Workshops'
- Lead discussion on outdoor ethics and help others explore their own personal outdoor ethic.

**Instructors of a Leave No Trace Trainer course reserve the right to deny a Trainer completion certificate if in the eyes of both instructors, the participant has not 1) attended the entire course; 2) displayed the skills necessary to conduct outreach programs or otherwise carry forward the Leave No Trace message in a productive way; 3) exhibited behaviour consistent with the Leave No Trace philosophy.**

## Example Course Outline -

### Day 1:

Meet and greet  
Course expectations & gear check  
Role of an LNT Trainer

LNT Principle – Plan Ahead and Prepare

Begin journey on foot carrying all required equipment

LNT Principle – Travel & Camp on Durable Surfaces  
LNT Principle – Respect Wildlife

Arrive campsite – mid/late afternoon  
Teaching skills and techniques

LNT Principle – Proper Waste Disposal

### Day 2:

Continue Journey

LNT Principle – Consideration for Other Users

LNT Principle – Campfire Impacts

LNT Principle – Leave What You Find

Arrive back to start point  
Role and function of the centre  
Course Conclusions and feedback

Depart

Instruction generally through demonstration, group discussion and peer teaching.

## Further Information

### Suggested kit list:

- Suitable clothing & spares for prevailing forecast including full waterproofs
- Appropriate footwear – we generally walk for at least 3-4 hours each day
- Day 1 - lunch and dinner. Day 2 - breakfast and lunch. Stove. Desired snacks.
- Tent and sleeping equipment including head torch
- Personal medication/first aid supplies
- Teaching resources if required
- Notepad and pen!
- Camera

**If you need help with some of the above items, feel free to get in touch, we have a small amount of equipment available to borrow.**

## **About Leave No Trace:**

The concept of 'Leave No Trace' began during the 60's and 70's in the United States following a large increase in the amount of visitors to wild areas due to the introduction of recreational equipment such as synthetic tents and gas stoves.

In those days the 'United States Forest Service', 'Bureau of Land Management' and 'National Park Service' began teaching how to have minimal impact on the land, culminating with the production of a leaflet named "Leave No Trace Land Ethics" in 1987.

The 'United States Forest Service' in conjunction with NOLS – the National Outdoor Leadership School, developed the national education program of Leave No Trace in 1990. Since 1994 the "Leave No Trace Centre For Outdoor Ethics", a non-profit organisation, has existed to educate people about their recreational impact on nature as well as how to prevent and minimise these impacts through utilisation of seven key principles.

These principles have grown to become the strongest and most widely utilised set of ethical guidelines related to recreation in the outdoors, reaching over 13 million individuals in the USA alone.

## **Why should I become a Leave no Trace Trainer?**

Receiving formal training in the principles of Leave No Trace is a great idea, whether you are an outdoor leader, forest schools instructor or just out with the family. Minimum impact training can be applied to all aspects of outdoor travel and teaching - whether you are camping, hiking, climbing, paddling or playing in the woods - and in both front county (local parks and well visited 'countryside') and back country (more mountainous or wild). The training is also applicable no matter where in the world your adventures take you!

Your Leave No Trace Trainer qualification could be used solely to inform your own practice, or to give great ideas for exciting and informative sessions to run for participants at all ages, however we recommend that you continue to spread knowledge and educate others in the form of Leave No Trace Awareness Workshops – some popular ideas include running sessions for schools during assemblies or extra curricula clubs, the Scout and Guide Association, or further training for participants of the Duke of Edinburgh Award Scheme.

## **We look forward to meeting you!**