

Heal. Rise. Rebuild.

Are you ready to transform your vision into reality? At Girl Start Over, we empower women to rebuild confidence and step boldly into their next chapter.



Starting over isn't just about business—it's about life. Whether you're launching a new venture, navigating heartbreak, or simply seeking the courage to rewrite your story, our personalized coaching and support services are designed to guide you every step of the way.

Coaching Highlights

Personalized Guidance

Encouragement

Web Design

Business Support

Healing

Self Worth &
Confidence

While Girl Start Over is currently owned and operated by the CEO, Star La'Shay who has now become a Certified Life Coach, our company will be expanding.

Please book a free consultation to see if we are a good fit. If your situation needs a little more love and support, I will refer you to the best option for you.

Book Your Free Consultation on the link below.



Your fresh start can be the most powerful chapter yet. Let's build it together.