



Blueberry Sunrise Bundt

SERVINGS: 8

PREPPING TIME: 10 MINS

COOKING TIME: 60 MINS

Ingredients

3 cups of flour
2 eggs
½ cup of lemon juice
1 cup water
1 cup cottage cheese
1 cup Greek yogurt
1 cup blueberries
1tsp vanilla
1tsp baking soda
1tsp baking powder
8oz pitted dates

Directions

- 1.Preheat oven to 325 degrees.
- 2.In a blender, blend lemon juice, eggs, cottage cheese, greek yogurt, water, dates, and vanilla.
- 3.In a bowl mix flour, baking soda and baking powder.
- 4.Add wet ingredients to dry, mix until all ingredients are incorporated.
- 5.Coat blueberries in flour and mix into mixture.
- 6.Add batter to a greased bundt pan.
- 7.Bake for 60 minutes.

*This make ahead morning cake is a quick and easy, natural protein packed, flavorful breakfast option.
Served with syrup or fresh fruit this such a yummy and sugar free morning option.*