



Helper Remix

SERVINGS: 4

PREPPING TIME: 10 MINS

COOKING TIME: 30 MINS

Ingredients

2lbs ground beef
1lb elbow pasta
2tsp salt
1tsp garlic powder
1tsp onion powder
1tsp black pepper
½tsp ground mustard
1 sweet onion diced
1 red bell pepper diced
½ cup tomato sauce
1 cup milk, divided
4½ cups water
1 cup shredded mild cheddar
1 cup shredded monterey jack cheese
1 cup cottage cheese

Directions

1. In a large pan over medium heat, brown ground beef.
2. Add all spices.
3. Add diced onion and diced pepper and cook until soft.
4. Add in uncooked pasta and tomato sauce and stir.
5. Add in water and ½ cup of milk.
6. Stir well, cover and reduce heat.
7. Cook for about 20 minutes stirring well every 5 minutes.
8. Blend ½ cup of milk with cottage cheese.
9. After pasta is fully cooked mix in milk and cottage cheese mixture and cheeses.
10. Serve hot.

This homemade spin on an old box dinner favorite brings all the nostalgic, creamy goodness but with fresh ingredients and bold flavors.