

Turkey Stroganoff

SERVINGS: 4 PREPPING TIME: 15 MIN COOKING TIME: 12 MIN

Ingredients

1 lb ground turkey 8oz mushrooms, sliced 15oz cream of mushroom 12oz frozen zoodles 12oz egg noodles 24 oz bone broth salt and pepper taste ½ cup sour cream

Directions

- 1.Cook zoodles according to package. and drain.
- 2.Fully cook ground turkey on the stove top in a large casserole pan.
- 3.Add mushrooms and cook down.
- 4.Add zoodles, bone broth and cream of mushroom.

 Mix well.
- 5.Add egg noodles, bring to a simmer and cover, cook for 12 minutes, stirring occasionally.
- 6.Remove from heat, mix in sour cream and serve immediately.

This is a perfect one pot dinner, quick and easy for a busy weeknight meal.