



# Welcome

to the group!



## Unbroken

Un-brō-ken: not broken, fractured, or damaged. Whole; intact. In relation to horses, it also means untamed; wild; not controlled.

## High-Vibin'

A “vibe”(vibration) is an energy resulting from our thoughts, beliefs, and emotional states. High-Vibing refers to the state of joy a person achieves when their actions and beliefs are aligned and all the pieces of one’s life have integrity and love at their core.

A high vibrational life has more ease, love, and appreciation, than it does fear, negativity, and angst.

## Dream Building

Dream building is a powerful concept in the realm of manifestation, visualization, vision boards, the law of attraction, and vision casting. It’s so much more than “wishful thinking.” It involves letting yourself feel the emotions right now that you will feel when you achieve your goal and fulfil that big dream, and to imagine every detail of what your life will look like.

