

Among the Flowers Cafe



Take-Away or Patio Seating Breakfast & Lunch 8am-2pm

17 Mayhew Lane Edgartown 508-627-3233 amongtheflowersmv.com



Morning Sandwich

2 Fried Eggs* with your choice of:

American or Cheddar Cheese

Bacon, Sausage, Ham, or Linguica

Sourdough, Multigrain, English Muffin, or Ciabatta

Served with Home Fries 11.

Rise-n-Shine

2 Eggs Fried* or Scrambled with your choice of:

Bacon, Sausage, Ham, or Linguica

Toast: Sourdough, Multigrain, English Muffin

Served with Home Fries 13.

• Quinoa and Lentil Breakfast Bowl

with 2 Fried Eggs*, sauteed spinach & kale, avocado, grape tomatoes & feta 17.

• Cha Cha Bowl

2 Fried Eggs* over rice, with black beans, avocado salsa, cheddar, cholula crema & pickled red onion garnish ... 17.

Shakshuka Bowl

2 Fried Eggs* over spiced tomato, onions, peppers, zucchini, yellow squash, mushrooms & eggplant, with feta cheese, fresh herbs & toasted bread tips ... 16.

Our Homemade Corned Beef Hash

with 2 Eggs Fried* or Scrambled with toast ... 16.

Sandwiches

Sourdough, Multigrain, or Sub Roll

(• gluten free bread...add 2.)

lettuce, tomato, mayo, dijon mustard, hot peppers

ADD: American, Cheddar, or Avocado 1.00ea

- Lobster Salad Roll 32.
- Chicken Salad..... 14.
- Tuna Salad..... 14.
- Ham and Cheese..... 14.
- Turkey Breast..... 14.
- Turkey Breast with Bacon..... 16.
- Grilled Chicken Breast..... 14.
- BLT..... 14.
- Hummus ,Veggie & Quinoa Wrap 14.
- Grilled Cheese on Texas Toast..... 10.
- 1/4lb. All Beef Hot Dog..... 10.

Bag of Chips.....2.

Quiche Dujour

Choose from a variety of daily creations

with fresh fruit or salad 16.

Acai Bowl

Topped with our granola, coconut, honey, cocoa nibs,

banana, strawberries & blueberries 16.

add peanut butter ... 1.

Good Morning Yogurt Bowl

Greek yogurt topped with strawberries,

bananas, honey, our granola,

ground flax seeds & cocoa nibs ... 15.

Belgium Waffle..... 10.

with fresh fruit ... add 6. 100% maple syrup ... 2.

whipped cream upon request

Specialties

- Chia Pudding with fruit, toasted almonds & maple syrup ..12.
- Homemade Muffins3.5
- Homemade Granola w/milk or yogurt 9.
- with fresh fruit15.
- Homemade Steel Cut Oatmeal 8.
- our granola, honey, brown sugar available
- with fresh fruit14.
- Fresh Fruit Bowl10.

Salads

- **Powerhouse Salad:** baby kale, spinach, quinoa, blueberries, strawberries, avocado, toasted almonds, feta, our balsamic vinaigrette dressing 19.
- **Summer Salad:** mixed greens, goat cheese, strawberries, blueberries, candied pecans, red onion, our lemon honey vinaigrette 19.
- Caesar Salad** crisp romaine, housemade croutons, shaved parmesan, homemade creamy dressing ..14.
- **Salad Add Ons:** Tuna or Chicken Salad6. Hummus5 Grilled Chicken 6. Lobster Salad .. 22.
- Asian Chop Salad:** mixed greens with grilled chicken, napa cabbage, edamame, red & yellow pepper, wasabi peas, our spicy Thai peanut dressing 19.
- **Cobb Salad** crisp romaine, chicken, bacon, bleu cheese, avocado, grape tomato, egg, pickled red onion, our red wine vinaigrette 20.

Beverages beer and wine also available.

Coffee, Tea, Herb Tea	3./3.50	Iced Coffee.....	4.50	Iced Tea, Green Tea.....	4.50
Cappuccino.....	4.75	Hot Chocolate.....	3.	Lemonade.....	4.25
Latte.....	4.75	Milk.....	3.	Soft Drinks.....	3.
Chai hot or iced.....	4.75	Orange Juice.....	4.25		
Espresso double shot.....	3.25	Apple Juice	3.	Bloody Mary.....	12.
oat or almond milk add....	.50			Mimosa by the Glass.....	12.

• Smoothies.....12.

Tropical: pineapple, banana, fresh squeezed orange juice, vanilla frozen yogurt

Very Berry: strawberries, blueberries, banana, apple juice, vanilla frozen yogurt

Dreamy Date: banana, spinach, cocoa, almond butter, dates, cinnamon, almond milk

Mint Berry: banana, spinach, strawberry, flaxseed, honey, mint, coconut water

Peanut Butter Perk: vanilla frozen yogurt, espresso, peanut butter, banana,

cinnamon, almond milk

Food made fresh and served from the heart!



Please inform your server if anyone in your party has a food allergy. While we always do our best to keep our ingredients separate, and practice safe food handling, our very small kitchen does contain a variety of nuts, gluten, shellfish, and other common allergens. Therefore, cross-contamination is possible and we can not guarantee that any menu item will be completely allergen free.

• Gluten Free Option available *Consuming undercooked eggs, meats, poultry, seafood or shellfish may increase your risk of food borne illness. Mastercard, Visa, & American Express accepted.

