



# Among the Flowers Cafe Breakfast & Lunch

8am-2pm

## Morning Sandwich

\*Two Fried Eggs with your choice of:

Choice: American, Cheddar,

Meat: Bacon, Sausage, Ham, or Linguica

Bread: White, Multigrain, English Muffin, Ciabatta

Served with Home Fries..... 9.

## Quinoa and Lentil Breakfast Bowl

with 2 fried eggs\*, sauteed spinach & kale,  
avocado, grape tomatoes & feta.....13.

## Quiche du jour

Choose from a variety of daily creations  
with fresh fruit or salad ..... 13.50

## Cha Cha Bowl

2 fried eggs\* over rice, with black beans, avocado salsa,  
cholula crema & pickled red onion garnish ... 13.

## Sandwiches

with pickle & chips  
white, multigrain, or bulky roll  
lettuce, tomato, mayo, dijon mustard, hot peppers  
ADD: American, Cheddar, or Avocado 1.00ea

-Lobster Salad Roll .....	25.
-Chicken Salad.....	10.5
-Tuna Salad.....	10.5
-Ham and Cheese.....	10.5
-Turkey Breast.....	10.5
-Turkey Breast with Bacon.....	12.5
-Grilled Chicken Breast.....	11.5
-BLT.....	10.5
-Hummus, Veggie & Quinoa Wrap .....	11.5
-Grilled Cheese on Texas Toast.....	8.5
-1/4 lb. All Beef Hot Dog.....	8.

## Smoothies.....9.

Tropical: pineapple, banana, fresh squeezed  
apple juice, vanilla frozen yogurt

Very Berry: strawberries, blueberries, banana,  
apple juice, vanilla frozen yogurt

Dreamy Date: banana, spinach, cocoa, almond  
butter, dates, cinnamon, almond milk

Mint Berry: banana, spinach, strawberry,  
flaxseed, honey, mint, coconut water

Peanut Butter Perk: vanilla frozen yogurt,  
espresso, peanut butter, banana, cinnamon,  
almond milk

## Good Morning Yogurt Bowl

Greek yogurt topped with strawberries, bananas,  
honey, granola, ground flax seeds and cocoa nibs 12.

## Acai Bowl

Blend of acai, banana, and apple juice.

Topped with granola, coconut, honey, cocoa nibs,  
banana, strawberries and blueberries..... 12.  
add peanut butter... 1.

## Belgium Waffle.....8.

with fresh fruit ... add 4. 100% maple syrup ... 2.  
whipped cream upon request

## Specialties

• Chia Pudding with fruit and maple syrup.....	8.
Homemade Muffins.....	3.
Homemade Granola w/milk or yogurt.....	6.5
with fresh fruit .....	10.5
• Fresh Fruit Bowl.....	8.
• Homemade Steel Cut Oatmeal.....	6.5
with fresh fruit .....	10.5
(granola, honey, brown sugar available)	

## Salads

- **Powerhouse Salad:** baby kale & spinach, quinoa, blueberries, raspberries, avocado, toasted almonds, feta & balsamic vinaigrette dressing..... 16.
- **Summer Salad:** mixed greens, goat cheese, strawberries, blueberries, candied pecans, red onion & lemon honey vinaigrette..... 15.
- Caesar Salad** crisp romaine, housemade croutons, shaved parmesan with housemade creamy dressing..... 12.

**Salad Add Ons:**

- Tuna or Chicken Salad 5. • Hummus 4.
- Grilled Chicken 5. • Lobster Salad 18.

**Asian Chop Salad:** mixed greens with grilled chicken, napa cabbage, edamame, red & yellow pepper, wasabi peas & spicy Thai peanut dressing..... 16.

**The Medley veggie crudites,** fresh fruit, Vermont cheddar, on mixed greens, with naan toast,  
with chicken salad, tuna salad, or hummus ... 18. lobster salad ... 27.

## Beverages

beer and wine also available.

Iced Tea, Green Tea.....	2.95	Coffee, Tea, Herb Tea.....	2.95
Lemonade.....	2.95	Cappuccino.....	4.25
Soft Drinks.....	2.95	Espresso.....	3.
Iced Coffee.....	2.95	Premium Fresh Squeezed Orange Juice.....	3.95
Chai hot or iced.....	3.95	Apple Juice.....	2.95
Hot Chocolate.....	2.95	Bottled Water.....	2.95
Milk.....	2.95		



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17 Mayhew Lane  
Edgartown

# Vineyard Feasts



## Among the Flowers

Fresh seafood, linguica, tricolor potatoes & corn on the cob, are steamed with housemade seasonings and served in a lobster pot - we give you a bib & all the tools for you to have a FEAST on our patio!  
Or we will pack your feast TO-GO.

## The New England Clambake

- Steamed 1 1/4lb Lobster, mussels, steamers, linguica, tri-color potatoes, corn on the cob, lemon, butter, herbs ... mkt price

## The Cleveland Clambake

- 1/2 Roasted Chicken, mussels, steamers, linguica, tri-color potatoes, corn on the cob, lemon, butter, herbs ... 38.

## The Island Shrimp Boil

- Shrimp, mussels, steamers, linguica, tri-color potatoes, corn on the cob, lemon, butter, herbs ... 38.

Additions: 1 1/4 lobster ... 25. shrimp ... 15. corn ... 2.

## The Cast Net

- Shrimp, linguica, tri-color potatoes, corn on the cob, lemon, butter, herbs... 34.

Hot Lobster Roll with lemon butter on a torpedo roll..... 28.

Homemade Lobster Mac & Cheese..... 32.

• 1/2 Roasted Chicken tri color potatoes, corn on the cob 26.

New England Clam Chowder 12 oz cup..... 8.

Stuffed Quahog house recipe with lemon & butter..... 8.

• Shrimp Cocktail 5 jumbo shrimp, lemon, cocktail sauce 15.

Homemade Mac & Cheese ..... 9.

1/4 lb all Beef Hotdog..... 6.

Garlic Bread fresh baguette grilled with garlic butter..... 6.

**Caesar Salad**  
crisp romaine, housemade croutons,  
shaved parmesan,  
homemade creamy dressing ... 12.

• **Garden Salad**  
garden veggies over mixed greens with  
our lemon honey vinaigrette ... 12.

## Salad Add Ons

Hot Lemon Buttered Lobster..... 20.  
Lobster Salad..... 18.  
Grilled Chicken..... 5.

## Strawberry Shortcake... 10

## Beer and Wine available

Please inform your server if anyone in your party has a food allergy. While we always do our best to keep our ingredients separate, and practice safe food handling, our very small kitchen does contain a variety of nuts, gluten, shellfish, and other common allergens. Therefore, cross-contamination is possible and we can not guarantee that any menu item will be completely allergen free.

\* Gluten Free Option available

\* Consuming undercooked eggs, meats, poultry, seafood or shellfish may increase your risk of food borne illness.  
Mastercard, Visa, & American Express accepted.

