

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5AM	GenStrength Michael	Burn Tamara	GenBlitz 5am Boxfit 5:10am Michael	ABT Tamara	GEN X Michael	
6:10AM	GenStrength Michael	GenSculpt Katie	GenBlitz Michael	GenFlow Katie	GEN X Michael	6:30am Free Bootcamp
9:10AM	GenStrength Katie	GenSculpt Katie	GenBlitz Katie	GenFlow Katie	GEN X Michael	7:45am Pilates Katie
3:30PM	Kidsfit ages 4-7			Youthfit ages 8-12		DC Clinic 9am
4:30PM	GenStrength Holly	GenSculpt Holly	GenBlitz Michael	GenFlow Katie		
5:30PM	GenStrength Holly	GenHybrid 5:30pm Boxfit 5:40pm Holly	GenBlitz 5:30pm Michael	GenFlow Katie	5:00PM GEN X Michael	
6:30PM	Pilates Katie		Boxfit Dean			