

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5AM	Strength: Full Body Michael	Boxfusion Tamara	Bootcamp Michael	ABT Tamara	GEN X Michael	
6:10AM	Strength: Full Body Michael	Fusion Katie	Bootcamp Michael	Functional Katie	GEN X Michael	6:30am Free Bootcamp
9:10AM	Strength: Full Body Michael	ABT Tamara	Bootcamp Micheal	Burn Tamara	GEN X Michael	7:45am Pilates Katie
3:30PM	Kidsfit ages 4-7			Youthfit ages 8-12		
4:30PM	Strength: Full Body Michael	ABT Tamara	Bootcamp Michael	Functional Katie		
5:30PM	Strength: Full Body Michael	Fusion Tamara	Bootcamp Michael	Functional Katie	5:00PM GEN X Michael	
6:30PM	Pilates Katie					