



- Remain 1.5meters apart
- Swipe in on entry
- Sanitise
- Clean equipment
- Bookings essential

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>5AM</b>	STRENGTH MICHAEL	BOXFIT TAMARA	FUSION MICHAEL	ABT X TAMARA	STRENGTH MICHAEL	
<b>6:10AM</b>	STRENGTH MICHAEL	FUSION KT	FUSION MICHAEL	FUSION KT	STRENGTH MICHAEL	6:30AM BOOTCAMP MICHAEL
<b>9:10AM</b>	STRENGTH MICHAEL	ABS TAMARA	FUSION KIMMY	SCULPT KIMMY	STRENGTH KIMMY	7:45AM PILATES KT
<b>9:30AM</b>	STRENGTH EXTENDED	FUSION TAMARA	FUSION EXTENDED	SCULPT EXTENDED	10:10AM ABS MICHAEL	
<b>4PM</b>	GEN X EDDIE	KIDSFIT JORDS	GEN X EDDIE	KIDSFIT JORDS	GEN X EDDIE	
<b>5PM</b>	GEN X EDDIE	FUSION TAMARA	GEN X EDDIE	FUSION KT	GEN X EDDIE	
<b>6PM</b>	STRENGTH MICHAEL	BOXFIT TAMARA	PILATES KT	FUSION JORDS	STRENGTH JORDS	
<b>7PM</b>	YOGA YOGA BY TAMARA \$5 M, \$10 NON					

**BOOKINGS ESSENTIAL | 50 MINUTE CLASS TIME CAP**