# CONCUSSION

**Ensure Safety** for Self and Others

#### **Call the Ambulance** on Triple Zero (000)

16

60

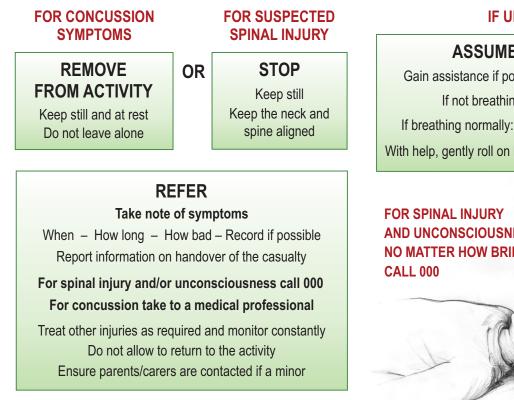
Incoherent

speech

For an incident/accident where concussion is suspected - Stop all activity around the casualty - Follow the 3Rs

### **RECOGNISE - REMOVE OR STOP - REFER**

RECOGNISE - DRSABCD - Do not allow to move until clear of spinal injury - Did they lose consciousness at any time? Assess for response and breathing - Assess for concussion - Assess for spinal injury

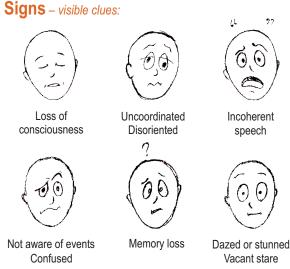


#### IF UNCONSCIOUS

#### **ASSUME SPINAL INJURY**

Gain assistance if possible - Assess airway/breathing If not breathing normally: Provide CPR If breathing normally: Align and immobilise spine/neck With help, gently roll on his/her side - Ensure airway is clear

AND UNCONSCIOUSNESS. NO MATTER HOW BRIEF



#### Vacant stare

#### **Symptoms** – what the casualty feels:







Dizziness. Headache or "pressure" in the head

Sensitivity to light Cannot and/or noise concentrate





Tired

(fatigued)



Ringing in the ears

Sick/Nauseous

## Vomiting

0422 304 974 info@dogfirstaid.com.au

**Dog First Aid Australia** www.dogfirstaid.com.au/