



# Pre-Treatment & Aftercare Gender Affirming

## Thank you

Firstly, thank you for selecting me to do your treatment.

## On the day

My studio is located in PRIMROSE BEAUTY – 51 STONECOT HILL, SUTTON, SM3 9HJ.

On the day of your appointment, please come on time, but not too early. As we don't have a receptionist to let you in, and I will likely be tattooing.

## Can I bring a friend?

I am happy for you to bring a friend or family member, but bear in mind, my studio room is small, and we need to be respectful of other salon users.

## What about parking / public transport?

I recommend you park in Asda, Stonecot hill. Or in the surrounding streets. Both are free for 2 hours.

From Morden or Wimbledon station you can get a 93 bus directly to the studio. The stop is Ash Road.

## How long will my appointment take?

You will be with me around 2 hours. So please leave plenty of time.

## What payment methods do you take?

You can pay by cash or card on the day.

Payments by insurance companies will be discussed prior to the appointment. Please bring your membership details with you.

## Will it be painful?

Any type of tattooing is painful. I recommend buying numbing cream online and applying 45 min before your appointment under a waterproof dressing or cling film.

Brands I recommend are TKTX, totally numb or emla. These can all be bought online without prescription.

Sadly I cannot provide numbing creams as it is illegal to supply in my council borough.

### Legal Things

- If you require a **patch test** for your treatment I will advise when booking. Please do this as soon as it arrives.
- If you have any illnesses, skin conditions or take under regular medication, please let me know prior to booking.
- I am unable to tattoo those who have had surgery in the past 6 months to the chest area.
- I cannot also accept patients with DBS or pacemakers.
- I cannot accept patients who have autoimmune disorders including Lupus.

### Pre-treatment Instructions

1. Keep skin well moisturised on the run up to your appointment. Skin that is dry, flaky or irritated will take pigment poorly.
2. Do not pluck, wax, dye or perform electrolysis on the tattooing site for 7 days prior to the appointment.
3. Do not sunbathe, self-tan or burn skin for 7 days prior to the appointment.
4. Avoid blood thinning agents prior to your appointment, these including fish oils, vitamin C, ibuprofen and aspirin. If you take blood thinners for a medical reason, please let me know when booking.

### Aftercare

After the tattoo, I will apply a waterproof dressing, that needs to stay in place overnight. The following morning, please remove and shower with a gentle soap.

I will also provide a vitamin balm, which I like you apply twice daily to a clean tattoo.

Washing the tattoo twice daily with a gentle soap, will prevent infection and aid healing. Washing does not remove pigment, but it will reduce your chance of a nasty infection.

Erythema around the tattoo in the first 24 hours is normal. But new erythema at 48-72 hours is a sign of infection.

Scabbing and flaking are normal, and slight fading between appointments is expected. This is why you will have 2 sessions with me to complete the tattoo.

### Please avoid the following

- No swimming, sauna and steam rooms for 2-3 weeks.
- No excessive sweating for 72 hours.
- No picking of the tattoo

If in doubt, please email or call me

[The.pixel.nurse.pmu@gmail.com](mailto:The.pixel.nurse.pmu@gmail.com) or 07791041489