



Pre-Treatment & Aftercare LIP Tattooing

Thank you

Firstly, thank you for selecting me to do your treatment.

On the day

My studio is located in PRIMROSE BEAUTY – 51 STONECOT HILL, SUTTON, SM3 9HJ.

On the day of your appointment, please come on time, but not too early. As we don't have a receptionist to let you in, and I will likely be tattooing.

Can I bring a friend?

I am happy for you to bring a friend or family member, but bear in mind, my studio room is small, and we need to be respectful of other salon users.

What about parking / public transport?

I recommend you park in Asda, Stonecot hill. Or in the surrounding streets. Both are free for 2 hours.

From Morden or Wimbledon station you can get a 93 bus directly to the studio. The stop is Ash Road.

How long will my appointment take?

You will be with me around 2 hours. So please leave plenty of time.

What payment methods do you take?

You can pay by cash or card on the day.

From 2025 a £50 deposit will be taken on booking. [Details below.](#)

This is refundable should you cancel 48 hours before the treatment.

Any cancellations after this will result in a loss of the deposit.

Will it be painful?

Yes, lip tattooing is very painful. I recommend buying numbing cream online and applying 45 min before your appointment in a thick layer. And bring extra for the appointment.

Brands I recommend are TKTX or totally numb at the highest strength. These can all be bought online without prescription.

Sadly, I cannot provide numbing creams as it is illegal to supply in my council borough.

Will I get a cold sore?

Yes, lip tattooing is likely to trigger a cold sore. Anyone having tattooing should take a course prior and post tattooing (14 days) Aciclovir 400mg Tablets can be bought online without prescription.

Legal Things

- For lips, you require a **patch test** for your treatment. Please do this as soon as it arrives.
- If you have any illnesses, skin conditions or take under regular medication, please let me know prior to booking.
- I am unable to tattoo those under active chemotherapy or who have had surgery to the site 6 months prior.
- I cannot also accept patients with DBS or pacemakers.
- I cannot accept patients who have autoimmune disorders including Lupus.

Pre-treatment Instructions

1. Keep lips well moisturised on the run up to your appointment. Lips that are dry, flaky or irritated will take pigment poorly.
2. Stop retinols as soon as you book and avoid for 4 weeks post treatment.
3. Do not sunbathe, self-tan or burn skin for 7 days prior to the appointment.
4. Avoid blood thinning agents prior to your appointment, these including fish oils, vitamin C, ibuprofen and aspirin. If you take blood thinners for a medical reason, please let me know when booking.

Aftercare

- After the tattoo, you should expect some swelling, redness and oozing. This is a healing response and can last for 24 hours.
- I will provide a clean tissue on leaving and I would like you to dab the lips if they ooze on the way home.
- In the first few hours after the appointment, applying ice inside of a clean sandwich bag can help with swelling. Do not over wet the lips.
- I will provide a vitamin balm, which I like you apply as required to prevent dryness.

- Washing the lips twice daily with a gentle soap, will prevent infection and aid healing. Washing does not remove pigment, but it will reduce your chance of a nasty infection.
- Scabbing and flaking are normal, and fading between appointments is expected. This is why you will have 2 sessions with me to complete the lips.
- Drinking via a straw and avoiding spicy foods will aid retention.

Please avoid the following

- No swimming, sauna and steam rooms for 2-3 weeks.
- No excessive sweating for 72 hours.
- No picking of the lip skin.
- Please avoid retinols, glycolic acids and vitamin c in the healing phase. These all-affect retention of the pigment.

If in doubt, please email or call me

The.pixel.nurse.pmu@gmail.com or 07791041489

Bank Account Details

Please on the booking use your name and appointment date as reference.

Laura Powell

Monzo – Personal

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