



the ideal bar

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SPIRITS

Nowadays, LIQUOR STORES are full-

to-bursting with an overwhelming variety

of spirits, liqueurs, fortified wines, amaros

and other sundry ingredients. A big part of

the fun of mixology is getting hold of some

esoteric bottlings and experimenting with

them. But before you start looking for the

odd or unusual, it's imperative you have the

required and the necessary. A great many

drinks, both classic and modern, utilize the same basic components. Here are some spirits and mixing items you should

always have on hand. Keep in mind that

this list is based on relative quality and

price, but taste should be the final arbiter of what you keep behind the bar. There are

thousands of spirit variants out there, and

just as many flavors and nuances, so taste

around and find what you like.

WHISKEYS. Have at least one of each of these within easy reach.

BOURBON

Bargain: Four Roses Yellow Label **Mid-Range:** Buffalo Trace; Wild Turkey **Sky's the Limit:** Blanton's; Noah's Mill

• RYE

Bargain: Old Overholt

Mid-Range: Rittenhouse

Sky's the Limit: Hudson Manhattan Rye

• SCOTCH

Bargain: Dewar's (blend)

Mid-Range: Glenlivet 12-year (single-malt)

Sky's the Limit: Balvenie 15-year (single-malt)

TEQUILA. Good tequila is essential for classics like the Margarita. Remember, quality tequila will always have "100 percent agave," or words to that effect, on the label. If it doesn't, it's a mixto, an amalgam of various sugars and colorings, and not worth picking up.

Bargain: Espolón Blanco or Reposado **Mid-Range:** Milagro Blanco or Reposado

Sky's the Limit: Avion; Patrón

GIN. A solid London Dry-style of gin is the basis of numerous classic cocktails. It's also important to have the more modern styles of gin on hand.

• LONDON DRY

Bargain: Beefeater

Mid-Range: Tanqueray

Sky's the Limit: Botanica

• MODERN

Bargain: Death's Door

Mid-Range: Hendrick's

Sky's the Limit: Nolet's

RUM. A quality rum is a must-have for standbys like the Daiquiri.

Bargain: DonQ Gold

Mid-Range: Flor de Caña

Sky's the Limit: Plantation Grande Reserve

VODK

Bargain: Pearl

Mid-Range: Absolut

Sky's the Limit: Crystal Head

MIXERS

These basic mixers are called for again and again in cocktail recipes. Be advised that vermouths are fortified wines, and like any other vino, they should be refrigerated after they're opened.

SWEET VERMOUTH

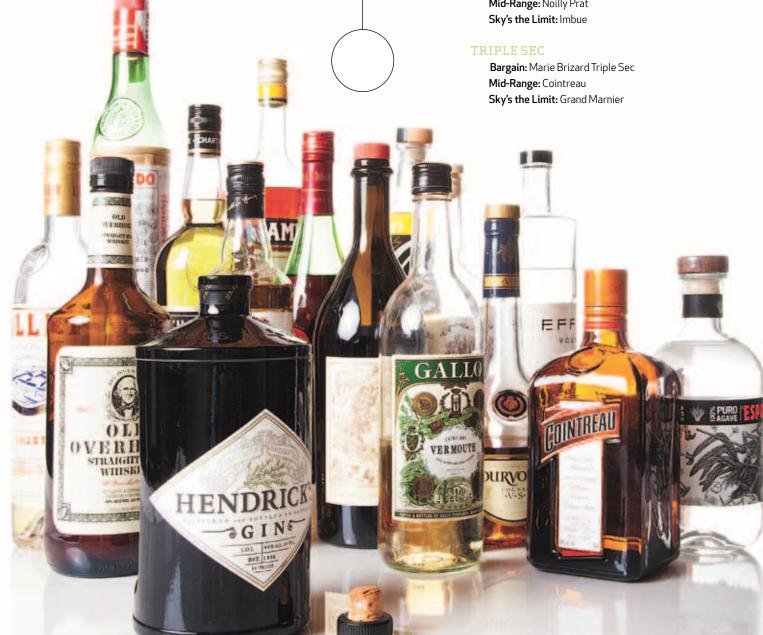
Bargain: Dolin Rouge

Mid-Range: Cocchi Vermouth di Torino Sky's the Limit: Carpano Antica

Sky S the Lunte. Carpano / trice

DRY VERMOUTH

Bargain: Cinzano **Mid-Range:** Noilly Prat







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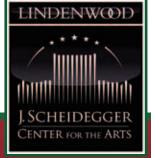
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THEATER THE WAY T'S MEANT TO BE SEEN.



BOSTON SHAKER. This shaker has two parts, a pint glass (or similar-size metal tin) and a larger metal shaker that fits over it. The pint portion is also used for stirring cocktails. Most professional bartenders use this style because there are only two pieces to it, and if the glass breaks, it's easy to find another. Three-piece shakers called cobbler shakers, which have a cap and built-in strainer, are also available. They work just as well but have more pieces to keep track of.

BAR SPOONS. These are long-handled spoons used to stir cocktails. They usually have a slightly concave bowl that can be used for adding small amounts of ingredients to the drink.

JIGGERS. These cone-shaped measuring cups have two sides, each with a different volume, such as $1\frac{1}{2}$ oz and $\frac{3}{4}$ oz. Many bartenders use clear 2-oz measuring cups made by Oxo instead of traditional metal jiggers since they have a large range of incremental measurements and can be read more easily in a dark bar.

STRAINERS. These fit over the top of your mixing glass to make sure only the final cocktail and not the ice and other stray bits end up in the glass. There are two basic types: the Hawthorne strainer, with its distinctive spring around the edge, and the Julep strainer, which looks like a big perforated spoon. The Hawthorne is generally used for shaken drinks, and the Julep is most $commonly\,used\,with\,stirred\,cock tails.$

HAND JUICERS. These come in a variety of sizes for different types of citrus. Get something sturdy and easy to keep at hand, as you'll be using it a lot.

MUDDLERS. These blunt rods are used to gently crush ingredients like fruits and herbs to release their flavors. They are normally made of metal or wood; for wooden versions, make sure there's no varnish or other coatings, as these can come off and end up in your drink.

PARING OR CHANNEL KNIFE.

For cutting and slicing garnishes.



THE NEXT LEVEL

Once you have your basic kit in place, it's time to start looking for high-end bar toys to play around with. If money were no object, Cory Cuff, assistant food and beverage manager at Four Seasons Hotel St. Louis, says he'd pick up an Alessi juicer and the Perlini Carbonated Cocktail System, which adds bubbles to individual drinks. "For my personal use, I'd love an ice machine at home," says Lindsay Baker, bar manager at Franco. "Besides that, any really ornate barware always catches my eye, be it a Japanese-style mixing glass or bitters bottle or a set of silver-plated Blue Blazer mugs." Tony Saputo of Eclipse lusts after a device by Nite Owl (niteowleurope.com) that **frosts glasses with dry ice**. "It's the Jersey Shore of bar tools," he says. "But it's nice to have a bubbling cocktail without a hunk of dry ice in it."

SHOPPING

Area retailers have some of these tools available. "For simple tools that I'm not buying in bulk, Randall's on Jefferson Avenue is my go-to," says Saputo. "For more specific or uncommon items, Kitchen Conservatory in Clayton is amazing." Online resources also abound. Cocktailkingdom. com and barproducts.com are two of the most popular websites used by pros for the basics as well as high-end equipment. Chris Muether of Danno's American Pub also recommends browsing etsy.com. "As it's all unique or homemade, you'll pay a pretty penny for much of it, but you get what you pay for," he says.

other ingredients

ALCOHOL ASIDE, there are some other ingredients that are required for building a fine libation.

FRESH FRUIT AND JUICES. Keep some fresh citrus on hand for garnishes. A fragrant lemon peel, a lime wedge on the edge of the glass or a spiral of orange draped over the side will make your drink even more appealing. And fresh juices are a must-have in order to make a good cocktail. Although some juices, like orange, cranberry and grapefruit, can be purchased commercially with no ill effects, lemon and lime juice must be fresh-squeezed by you and used within one or two hours. Period.

BITTERS. At the very least, you'll need Angostura and Peychaud's on the bar if you want to make any classic recipes requiring bitters.

Once you have these two essentials, you can start experimenting with the hundreds of custom concoctions on the market. Some good go-to brands include The Bitter Truth, Bittercube and Bittermens. "I love Fee Bros. Whiskey Barrel-Aged bitters," says Muether. "They're actually not too bitter, but they're great with so many darker spirits."

SYRUPS. Many drinks require a little something sweet to round them out. Sometimes a sugar cube is used, as in traditional drinks like the Old Fashioned. But more often than not, the sweetness is added via simple syrup, also referred to as bar syrup. There are some commercial versions available, but many use additives and questionable ingredients. Making your own simple syrup is easy – and much tastier.

CHERRIES. Many brands of cherries intended to augment cocktails are funky neon-red and packed in heavy syrup that can affect the taste of the cocktail. Avoid these low-end versions and look for Luxardo cherries. They're pitted and

candied in Marasca syrup; ultra-tasty but also really pricey. Fresh Bing cherries, when they're in season, make for a quality substitute.

OLIVES. It's a good idea to keep olives on hand, but make sure they're the traditional pitted green variety. Olives that are too large or stuffed with things like blue cheese take away from the aesthetics and nuanced flavors of the drink.

Simple Syrup

Yield | Approx. 1½ cups |

 $\begin{array}{ll} 1\,\mathrm{cup} & \mathbf{pure}\,\mathbf{cane}\,\mathbf{sugar} \\ 1\,\mathrm{cup} & \mathbf{water} \end{array}$

| **Preparation** | In a medium saucepan, combine ingredients and bring to a boil. Reduce heat and let simmer for 5 minutes. Remove from heat and cool. Strain into a bottle and refrigerate. Keeps indefinitely.

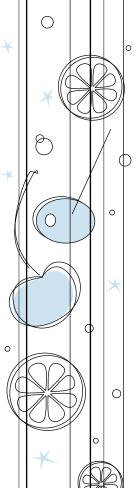
| **Variations** | Try substituting a different type of sugar, such as turbinado or Demerara. To make cinnamon syrup, add 2 cinnamon sticks at the beginning and remove before bottling. Or add 3 oz of 100 percent pomegranate juice to 1 oz of simple syrup for basic grenadine.

GARNISH RULES

At one time it was de rigueur to augment cocktails with a pile of fruit the size of Carmen Miranda's headdress. But today, economy, taste and functionality are what bartenders consider when contemplating a garnish. According to Cuff, there are three basic questions to ask yourself when creating a garnish: "Does it make sense? Are the flavor combinations recognizable? Does it serve the same function as throwing parsley around a plate because it needs color? If the answer to the last question is 'yes,' don't use it."

"A garnish should lend something to the cocktail aside from adding to the visual appeal," says Baker. "Fresh herbs are one of my favorite things to garnish with because they add a really great bouquet as you bring the drink to your mouth." She adds that it's crucial to "spank" (i.e., lightly slap) herbs before placing them in the drink to release their aromas.







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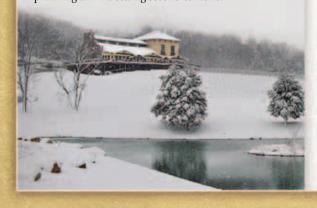
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MUSIC AND EVENTS CALENDAR

Saturday, December 1 - 1:00pm to 4:00pm Kevi Bilchik

Su day, December 2 - 1:00pm to 4:00pm Ado is Blue

Friday, December 7 - 6:00pm to 9:00pm Acoustics A o ymous

Saturday, December 8 - 1:00pm to 4:00pm Lucky Da & Naked Mike

Su day, December 9 - 1:00pm to 4:00pm 0 e Take Ba d 6:00pm to 10:00pm Eri Bode

Friday, December 14 - 6:00pm to 9:00pm Jaso Garms Duo

Saturday, December 15 - 1:00pm to 4:00pm Rosewood 6:00pm to 9:00pm Kevi Babb

Su day, December 16 - 1:00pm to 4:00pm Falli g Marti s

Friday, December 21 - 6:00pm to 9:00pm Da Hoerle

Saturday, December 22 - 1:00pm to 4:00pm Blue 66

Su day, December 23 - 1:00pm to 4:00pm Dow stereo

Friday, December 28 - 6:00pm to 9:00pm Stuart Joh so

Saturday, December 29 - 1:00pm to 4:00pm Kevi Bilchik 6:00pm to 9:00pm Jim McClare

Su day, December 30 - 1:00pm to 4:00pm Nick Cala dero

Mo day, December 31 - 9:00pm to Mid ight Soulard Blues Ba d

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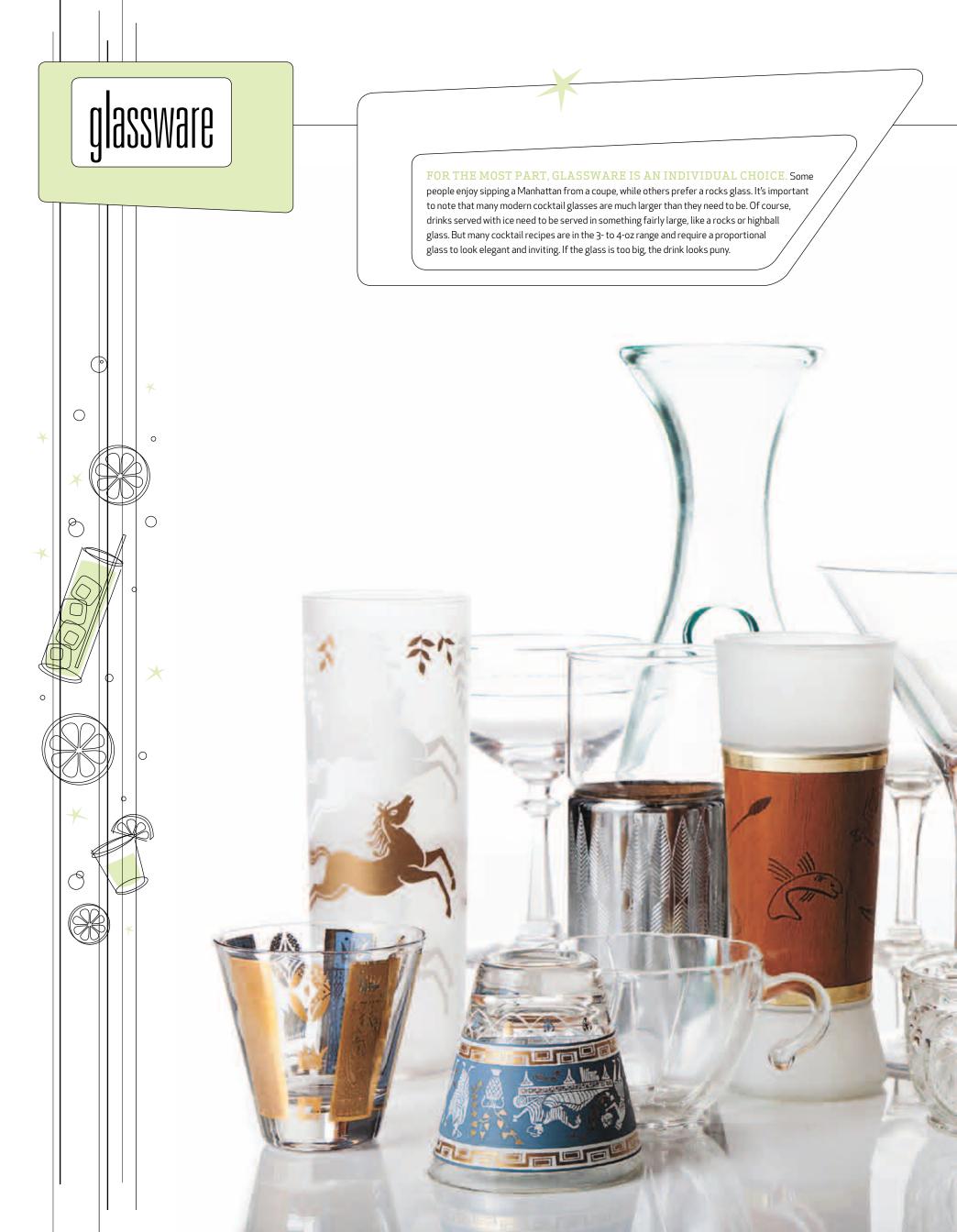
NEW YEAR'S EVE A CHANDLER HILL!

Mo day, December 31st

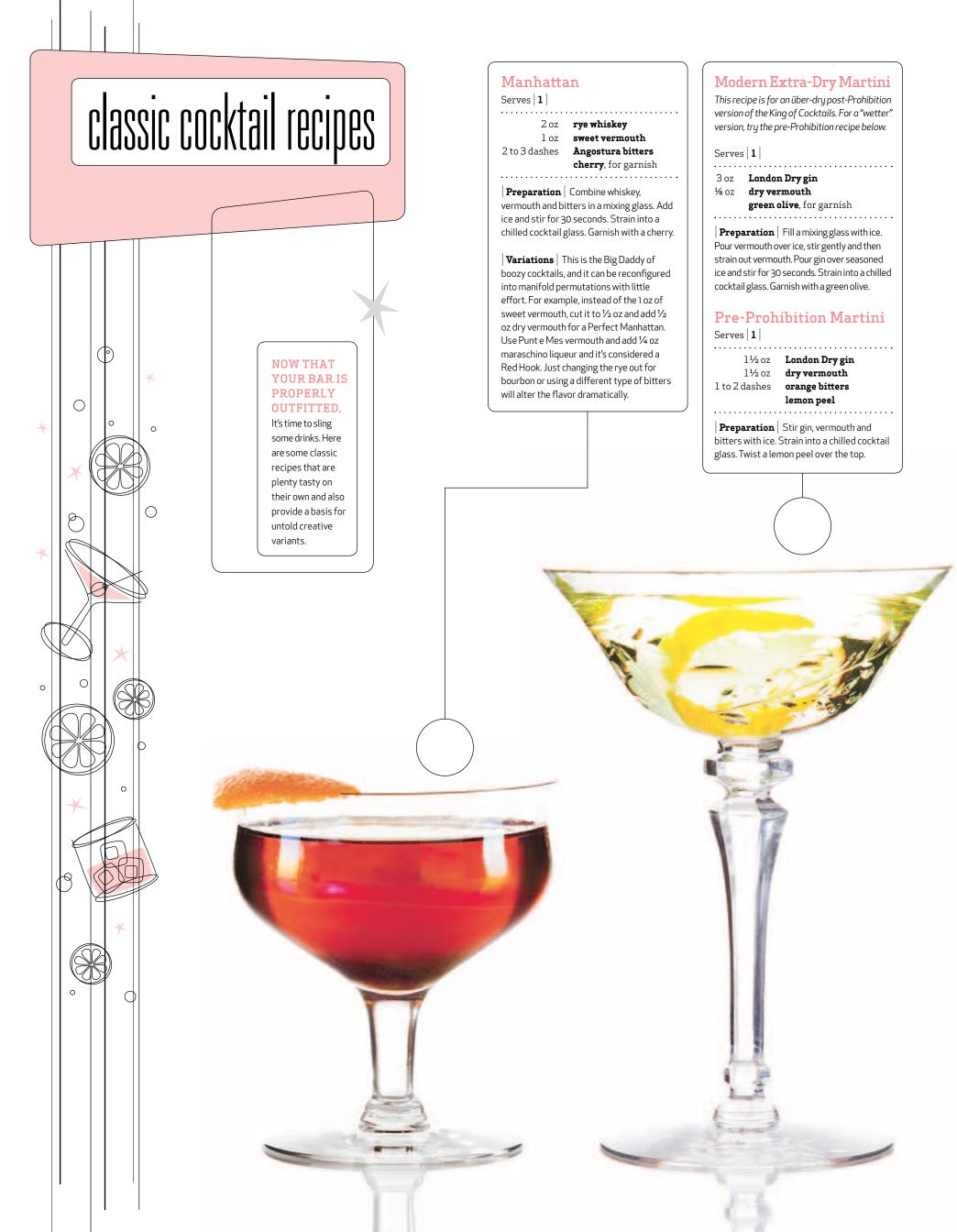
8:00pm - Mid ight

Usher i the New Year at the area's premier ve ue. E joy delectable *heavy hors d'oeuvres* with *meat* carv ng and seafood stat ons, open bar, music by the Soulard Blues Band, plus fireworks a d champagne toast at mid ight.

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Negroni

The Negroni is traditionally served neat, but for those who prefer it on the rocks, this drink can be built over ice in a rocks glass.

Serves 1

3/4 OZ London Dry gin ³¼ oz **Campari** sweet vermouth

Preparation | Stir all ingredients with ice for approximately 30 seconds. Strain into a chilled cocktail glass.

| Variation | Try substituting vodka for the gin. And replace the Campari with another amaro, such as Cynar or Aperol. The key is keeping all the parts equal.

Vesper

The most common variation on the martini is to replace the gin with vodka. However another popular take on this drink, The Vesper, uses both. This is also known as The James Bond Martini.

Serves $|\mathbf{1}|$

2 oz London Dry gin ½ oz **vodka** ¼ oz Lillet Blanc

lemon twist, for garnish

Preparation | Shake gin, vodka and Lillet Blanc with ice. Strain into a chilled cocktail glass. Garnish with a lemon twist.

Sours

A sour is a classification of drink as opposed to a specific cocktail. The sour formula provides the bones for any number of drinks, such as Margaritas, Daiquiris and Sidecars. Just mix and match your favorite ingredients and see what you can come up with.

Serves 1

2 oz base spirit 1 oz sweetener 3/4 oz sour juice

| **Preparation** | Combine all ingredients and shake with ice. Strain into a chilled cocktail glass or an ice-filled rocks or highball glass.



HOW-TO VIDEOS!

Scan the tag to watch BC's Kitchen's Justin Cardwell make his version of a Sidecar. Head to the Multimedia section of feastSTL.com to see him make a Chai Flip.







Eggnog

Nogs are frequently made in punch-size quantities, but this single-serving recipe is great for small gatherings. Other spirits, such bourbon, can easily replace the brandy.

Serves 1

 $1 \hspace{0.1cm} extsf{egg}$

1 oz heavy cream

2 oz brandy

1 Tbsp powdered sugar

grated nutmeg, for garnish

Preparation Dry shake (without ice) the egg and cream. Add ice, brandy and $powdered\,sugar\,and\,shake\,again.\,Strain\,into$ a mug or juice glass and top with nutmeg.

Modern Porteree

Stouts and porters are perfect for quaffing on a winter's eve, and the addition of the syrup and sherry give the beer even more depth. A little grated nutmeg makes another nice aromatic addition to this drink.

Serves 1

12 oz **porter**

 $2\,\mathrm{Tbsp}$ maple syrup

Oloroso sherry $1\,\mathrm{oz}$

orange peel, for garnish

Preparation Pour the porter and maple syrup in a pint glass and stir until syrup is wellincorporated. Top with the sherry and garnish with a flamed orange peel (see sidebar).



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To flame an orange peel, slice a small disc of peel from a ripe orange, avoiding taking too much pith. Heat the peel over the flame from a lighter and, keeping the flame lit, squeeze the peel. The oil expelled from the peel will cause the flame to flare. Immediately add the peel to your drink.



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ONCE YOU HAVE THE BASICS UNDER YOUR BELT,

you can move on to some of these more advanced bar projects.

INFUSIONS. If you really want to create a one-of-a-kind drink, make your own flavored spirits. Custom creations can be as simple or as involved as you care to make them. To begin, it's easiest to use a neutral spirit, such as Everclear or vodka, as it won't impart any extraneous flavors. Start with a standard 750-ml bottle of spirits. Chop up your favorite fruit or vegetable, making sure to remove pits, cores, stems or anything that might produce bitterness, and add it to the alcohol. Let the infusion do its magic in a cool, dark place. Check it daily until it has achieved the flavor you're after. Once you determine that it's done, strain out the bits and your infusion is ready to use. Since infusions are alcohol-based, they'll keep indefinitely, just like any other spirit. After you get your legs, you can start combining flavors - try ginger and peaches - and experimenting with more complex spirits as bases.

Flavorful cordials can be made with similar techniques. Jamie Kilgore, bartender at Cielo, says a simple cranberry cordial can be made by pulsing 2 cups of fruit in a food processor, and then adding it to 750 ml of a neutral grain spirit such as vodka. Let the cordial rest in a dark, cool-to-room-temperature place for two weeks, shaking it every couple of days. Then cut the finished product with simple syrup made with 1½ cups water and 1½ cups sugar, and you have a tasty addition to any cocktail. Advanced practitioners can play with more complex spirits such as rum or cognac.

If you're in a real hurry to get results, Eric Scholle, manager and wine director at Farmhaus, recommends puréeing herbs in a blender. "Blanch your herbs first for just a second or two, then immediately purée them with your liquor of choice," says Scholle. "Then strain the herbs back out and you're ready to go."

Not only is this concoction delicious, but some herbs, like mint, basil and cilantro, produce a vibrant green color that will wow your guests. A good ratio to follow is 750 ml of spirits to 1 to 2 cups of herbs. Vodka is the most obvious spirit to use, but Scholle's had success with gin and even dry vermouth. Another blender trick Scholle uses is macerating berries in sugar for a couple of hours and puréeing them. The resulting sauce can be added right into a 750-ml bottle of vodka or gin.

SHRUBS. There are several ingredients in the drinking world called shrubs. For our purposes here, it refers to syrup containing acid, fruit and sugar. Shrubs were originally a way to preserve fruit, but creative bartenders have utilized them to ramp up their cocktail creations, bringing sweetness as well as tartness to the final product. Some shrubs are fairly time-intensive, but Joel Clark from Sanctuaria has a shrub recipe that's both quick and tasty.

18-Hour Cold Shrub

BY JOEL CLARK. SANCTUARIA

Clark says berries and peaches work best, as they tend to have more juice.

Yield Approx. 1½ cups

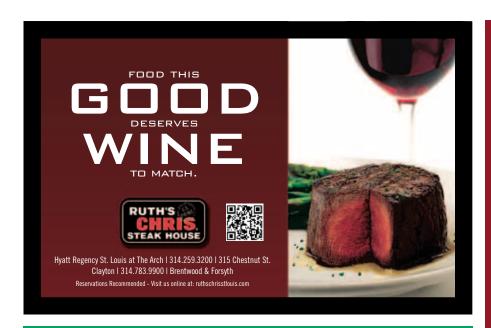
½ cup

1 cup diced fruit of choice
1 cup sugar

apple cider vinegar

| **Preparation** | Combine fruit and sugar in a bowl to macerate. Refrigerate for 12 hours. Remove and let sit at room temperature for 6 more hours. Strain the juice into a bottle or jar with a lid. You should have approximately 1 cup. Add vinegar to the juice to finish. Shrub will keep in the refrigerator up to 2 months.





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complete cocktail," he says, requiring only stirring with ice. The final product is kept bottled and refrigerated. Cuff says the color isn't quite as brilliant as that of the standard Negroni, but the taste is spot-on. Try your own experiment with your favorite libation or with a completely new flavor profile.

MOLECULAR MIXOLOGY. For those who want to get scientific with their drinks, check out the Molecule-R Cocktail R-Evolution molecular mixology kit. It comes with additives such as calcium lactate and soy lecithin as well as a 30-recipe DVD. You'll be whipping up your own one-of-akind foams and "caviar" pearls in no time (molecule-r.com).

HOLIDAY PARTY TIPS

Here are some tips from the pros on throwing a successful holiday soiree.

"I like to have themes in mind. That way I know what direction the spirits and flavors are going, what glassware to buy, what food to serve, etc. It all has to be a cohesive package at the end of the day." – Cory Cuff, Four Seasons Hotel St. Louis

"If you're actually looking to have fun at your party, make a punch. Punches are all the rage these days. You can show off that crazy new punch bowl you found on Cherokee Street when you were looking for coupe glasses, and your guests can serve themselves, leaving you free to tend to your other duties as host." – Chris Muether, Danno's American Pub

"Make ice cubes that have a small amount of spirits or cordial and juice in them and serve a drink on the rocks that will continue to taste delicious and maybe evolve over the time your guests drink it." – Jamie Kilgore, Cielo

"I have a lot of martini pitchers, so I'll batch up some Manhattans or martinis in them and have olives and other things around so people can choose their own garnish. I'll also pre-make drinks that don't have a lot of modifiers and bottle them and let the guests pour their own drinks." – Ted Kilgore, Taste