



GODDESS MAE

Boudoir

SESSION
DESIGN
GUIDE

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WELCOME!

Congratulations for taking this opportunity to celebrate yourself. You will love the confidence boost that comes from seeing your own beauty and this simple tool is going to make it easy to create the session experience of your dreams.

Boudoir photography session experiences can be an intensely emotional and I'm honored that you trust me to be a part of your journey.

Let's create something amazing!

~Alicia

STARTING WITH THE END IN MIND...

Know your priorities & your emotional (& other) needs

1.) What is the most important thing to you about your session experience?

2.) How do you want to feel about your experience? Examples: Sexy, sensual, beautiful, strong, powerful, confident, glamorous, sultry, etc.

3.) Elaborate, or simple, or something in between?

4.) How would you like to enjoy and celebrate your favorite images?

- | | |
|---------------|-------------------|
| • Album & Box | • Prints & Box |
| • Tin Mini's | • Digital Gallery |
| • Wall Art | • Custom Requests |

PHOTO STYLING

Photo Styling = the overall mood of the photo.

Let's go back to what emotions we're aiming for. When you imagine your finished images try to find words that describe parts of the finished photo, even if they don't seem to properly describe the whole thing. We can do variety, too.

Dramatic

Innocent

Classic

Edgy

Dreamy

Casual

Daring

Bold

Glamorous

Moody

Colorful

Themed

Bright

Intense

Quirky

Romantic

Mysterious

Fantasy

*There is nothing more beautiful than
a woman in her natural element*



SELECTING THE LOCATION

The setting can be simple or elaborate or anything in between...

My Home Studio Location

Outdoor Variety:

- North shore of Collinwood Lake near Dassel
- Over 20 acres of beautiful scenery: lake, creek, fields, landscaping
- Secluded areas for privacy

Indoor Variety:

- Blank walls/open spaces
- Simple background sets
- Fun furniture
- Bedroom set
- Custom sets available upon request

Your Own Home

It can be nice to do the session where you feel the most comfortable- your own home. Are you proud of your home? Does it get great natural light? Is it meaningful to your photos? Do you have amazing outdoor views? Maybe you like the idea of capturing this time in your life in your authentic space. Either way, we can make this happen.

A Hotel Suite or Rental

Sometimes we can use someone else's decorating efforts to our advantage, plus there's the bonus of a night out in a beautiful place. Many hotel suites and vacation rentals have a kitchenette, Jacuzzi tub, and sometimes even a fireplace. Great for a couple's session, a group session, or make it a double surprise for your lover. Ask me about it when we talk.

Borrow From Someone Else

Do you know someone with the perfect space for a photo shoot? Is it the ideal outdoor landscape? Maybe they have great furniture or a unique style. Sometimes it's a space that creates the right over-all mood for your images. Asking to borrow can help you save on rental costs.

WARDROBE STYLING

What to wear?! Let's break it down....

1.) How many different outfits do you see yourself in?

2.) What do they look like? Are you strategically covered or do you have a lot of exposed skin?

3.) What accessories are you wearing; such as stockings, heels, garter belt, or something else? _____

4.) What jewelry are you wearing for your look(s)?



HAIR & MAKE-UP STYLING

1.) Do you see yourself doing multiple hair & make up looks to match your outfits or just one look for the whole session?

2.) Make-Up: Do you want a fresh natural look? Or a dark and dramatic look? Vibrant color? Describe the make-up style(s) you are going for:

3.) Hair: Do you want something full of volume & curly with your hair down? (This is the most popular request from my clients!) Or sleek and straight? Maybe you have a specific style in mind. Describe:

Important things to note:

If you would like to do your own hair &/or make-up, or if you'd like to use a stylist outside of my studio recommendations, make sure they understand the hair & make-up needs for your photo plan, so they can choose products and styles accordingly.

Hair styling: Not everyone's hair reacts the same to styling.

- It's important for your stylist to be aware of your specific hair needs. If I am planning for your styling, I'll be asking you questions about your hair needs.
- If you want volume and curl retention during high humidity days PLUS flexibility and movement during posing, I can make that happen.

Make-up styling: It's very important that your foundation matches your skin tone and blends into your neck and chest.

- You will likely be showing a lot of skin between your face and your chest so any variations will be more noticeable.
- Not all make-up reacts to camera lighting the same as real life. Test your make-up ahead of time if you are taking care of it yourself.

BOUDOIR SESSION DESIGN WORKSHEET

Total # of outfits _____

Total # of Hair & Make-up looks _____

Look #1

Photo Styling _____

Location/Set: _____

Outfit: _____

Jewelry / Accessories: _____

Hair Styling: _____

Make-up Styling: _____

Notes: _____

Look #2

Photo Styling _____

Location/Set: _____

Outfit: _____

Jewelry / Accessories: _____

Hair Styling: _____

Make-up Styling: _____

Notes: _____

Look #3

Photo Styling _____

Location/Set: _____

Outfit: _____

Jewelry / Accessories: _____

Hair Styling: _____

Make-up Styling: _____

Notes: _____
