



Healthy Meals

Charleston

Meal Plan Packages

Weekly

5 Breakfast Weekly Meal Plan Package \$45

5 Lunch/Dinner Weekly Meal Plan Package \$60

2 Weeks

2 Week Meal Plan Package Option 1: with Breakfast \$200
(18 Meals)

2 Week Meal Plan Package Option 2: without Breakfast \$140
(12 Meals)

Monthly

Monthly Meal Plan Package Option 1: with Breakfast \$380
(36 Meals)

Monthly Meal Plan Package Option 2: without Breakfast \$260
(24 Meals)

1 delivery per week