



## **SANDWICH MENUS**

### **TRADITIONAL SANDWICH BOX \$8**

Each box includes kettle chips, pickle, lettuce, tomato and cookie

HAM & SWISS on SOURDOUGH

TURKEY & MUENSTER on GRAIN BREAD

ROAST BEEF & PROVOLONE on CIABATTA

TUNA SALAD on CROISSANT

CHICKEN SALAD on CROISSANT

EGG SALAD on CROISSANT

VEGETARIAN WHOLE WHEAT WRAP

### **DELUXE SANDWICH BOX \$9.25**

Replace chips with choice of side

fresh cut fruit - classic potato salad - Mediterranean pasta salad - classic macaroni salad  
couscous & chickpea salad - spicy kale & quinoa black bean salad - balsamic green bean salad  
bruschetta caprese salad - broccoli slaw salad

### **DELI SANDWICH TRAY \$11 – minimum 15**

Everything you need to build your sandwiches, including choice of 3 proteins, 3 cheeses, 3 breads,  
with lettuce, tomato, mayo, mustard and pickles. Served with choice of 2 sides and 2 cookies.

SELECT PROTEIN: Ham – Turkey - Roast Beef - Chicken Salad - Tuna Salad - Egg Salad

SELECT BREADS: Country White – Wheat – Rye – Croissant - Kaiser Roll – Whole Wheat Wrap

SELECT CHEESES: Cheddar – Swiss – Provolone – Muenster - Pepper jack

SELECT SIDES: fresh cut fruit - classic potato salad - Mediterranean pasta salad - classic macaroni salad  
couscous & chickpea salad - spicy kale & quinoa black bean salad - balsamic green bean salad  
bruschetta caprese salad - broccoli slaw salad

SELECT COOKIES: Snickerdoodle - Chocolate Chip - Oatmeal

## **SPECIALTY SANDWICH BOX \$10.50**

Each box includes choice of side, pickle & cookie

### **TURKEY BLT ON CROISSANT**

turkey, apple wood smoked bacon, lettuce, tomato

### **ULTIMATE CHICKEN SALAD ON CROISSANT**

dried apricot, Craisins, toasted almonds, lettuce, tomato

### **FRENCH ROAST ON KAISER ROLL**

roast beef, sun-dried tomato relish, brie, caramelized onion

### **VEGGIE WRAP**

shredded carrots, zucchini, red peppers, guacamole, sprouts, red onion, cream cheese

### **BLACK BEAN BURGER ON KAISER ROLL**

pepper jack, guacamole, tomato, lettuce, cilantro lime aioli

### **TURKEY BACON CLUB WHEAT WRAP**

turkey, bacon, cream cheese, tomato, roasted red peppers, spinach

### **COBB ON HOAGIE ROLL**

turkey, apple wood bacon, guacamole, tomato, lettuce, blue cheese dressing

### **MEXICAN CHICKEN WRAP**

grilled chicken, cheddar, black bean & corn salsa, pico de gallo, guacamole

### **CHICKEN CORDON BLEU WRAP**

grilled chicken, ham, Swiss, dijonnaise

### **CHIPOTLE ROAST BEEF WRAP**

lettuce, tomato, chipotle ranch, pepper jack

### **MONTE CRISTO ON FRENCH TOAST**

ham, turkey, Swiss, strawberry jam, sprinkled with powdered sugar

### **TURKEY CRANBERRY GRILL ON SOURDOUGH**

Muenster cheese and cranberry horseradish sauce

### **FRIED CHICKEN CLUB ON KAISER ROLL**

chicken breast, apple wood bacon, sun-dried tomato relish, guacamole, herb goat cheese

### **Select Side**

fresh cut fruit - classic potato salad - Mediterranean pasta salad - classic macaroni salad  
couscous & chickpea salad - spicy kale & quinoa black bean salad - balsamic green bean salad  
bruschetta caprese salad - broccoli slaw salad



## **SALADS**

### **BOXED LUNCHEON SALADS \$11**

All salads with balsamic vinaigrette. Includes wrapped utensils for each meal.

#### **COBB SALAD**

ham, turkey, apple wood smoked bacon, toasted almonds, sliced egg, tomato, cheddar, spring mix

#### **COLONIAL SALAD SAMPLER**

pecan crusted chicken, granny smith apples, tomato, Craisins, feta, spring mix

#### **KING STREET SALAD**

grilled chicken, asparagus, country ham, roasted red peppers, tomato, blue cheese, spring mix

#### **LITTLE ITALY SALAD**

portabella mushroom, peppers, onions, fresh mozzarella, Kalamata olives, tomato, basil, romaine

#### **SHEM CREEK**

grilled shrimp, apple wood smoked bacon, tomato, sliced egg, guacamole, cheddar, spring mix

#### **MAGNOLIA SALAD**

crab cake, black bean & corn salsa, tomato, herb goat cheese, spring mix

#### **ROASTED BRUSSELS SPROUT SALAD**

sesame-peanut chicken, herb goat cheese, balsamic Brussels sprouts, Craisins, mandarin oranges, grape tomatoes, pecans, spinach

#### **FARM HOUSE FARRO SALAD**

farro with tomatoes, chicken, blue cheese, roasted sweet potatoes, shredded carrots, granny smith apples, radish, spinach

#### **RAINBOW SALAD**

lemon pepper salmon, feta, mandarin oranges, strawberries, grapes, peppers, cucumber, shredded carrots, spinach

#### **BERRY QUINOA SALAD**

lemon herb quinoa, herb goat cheese, strawberries, raspberries, blackberries, blueberries, cucumber, almonds, fresh basil, mint, arugula

#### **GREEK SALAD**

chicken, feta, tomatoes, cucumbers, Kalamata olives, pepperchini, red onion, romaine

#### **THAI SHRIMP SALAD**

Asian spiced shrimp, shredded carrots, bean sprouts, cucumber, peppers, grape tomatoes, fresh basil, cilantro & mint, almonds, spinach



## **CHARLESTON POWER BOWLS \$11**

### THAI CHICKEN BUDDHA BOWL

farro & tomatoes, chicken, pickled red cabbage, shredded carrots, bean sprouts, pickled ginger, crushed peanuts, cilantro, spinach  
\*peanut sauce\*

### KOREAN BOWL

brown rice pilaf, flank steak, shredded carrots, cucumber, radish, bean sprouts, kimchi, baby kale  
\*Korean BBQ sauce\*

### GREEK BOWL

couscous with spinach, chicken, feta, eggplant, zucchini, cucumbers, roasted peppers, Kalamata olives, arugula  
\*balsamic vinaigrette\*

### VIETNAMESE BBQ SHRIMP BOWL

rice noodles, BBQ shrimp, shredded carrots, cucumbers, water chestnuts, kimchi, crushed peanuts, cilantro, lime wedge, baby kale  
\*ponzu sauce\*

### FRESH GARDEN BOWL

lemon herb quinoa, balsamic Brussel sprouts, roasted sweet potatoes and cauliflower, peppers, cucumber, grape tomatoes, pepitas, spinach  
\*balsamic vinaigrette\*

### BLACKENED SHRIMP

blackened shrimp, brown rice, black beans and corn, asparagus, red onion, fresh basil, salsa, spinach, lime wedge  
\*creamy yogurt cilantro lime dressing\*