



SANDWICH MENUS

TRADITIONAL SANDWICH BOX

each box includes chips, pickle, lettuce, tomato and cookie

HAM & SWISS on SOURDOUGH

TURKEY & MUENSTER on GRAIN BREAD

ROAST BEEF & PROVOLONE on CIABATTA

TUNA SALAD on CROISSANT

CHICKEN SALAD on CROISSANT

EGG SALAD on CROISSANT

VEGETARIAN WHOLE WHEAT WRAP

DELUXE SANDWICH BOX

with choice of side

*cut fresh fruit - classic potato salad - Mediterranean pasta salad - classic macaroni salad
couscous & chickpea salad - spicy kale & quinoa black bean salad*

SPECIALTY SANDWICH BOX

each box includes choice of side, pickle & cookie

TURKEY BLT ON CROISSANT

turkey, Applewood smoked bacon, lettuce, tomato

ULTIMATE CHICKEN SALAD ON CROISSANT

dried apricot, Craisins, toasted almonds, lettuce, tomato

FRENCH ROAST ON KAISER ROLL

roast beef, sun-dried tomato relish, brie, caramelized onion

VEGGIE WRAP

shredded carrots, zucchini, red peppers, guacamole, red onion, hummus

BLACK BEAN BURGER ON KAISER ROLL

pepper jack, guacamole, tomato, lettuce, cilantro lime aioli



TURKEY BACON CLUB WHEAT WRAP

turkey, Applewood smoked bacon, cream cheese, tomato, roasted red peppers, spinach

COBB ON HOAGIE ROLL

turkey, Applewood smoked bacon, guacamole, tomato, lettuce, blue cheese dressing

MEXICAN CHICKEN WRAP

grilled chicken, cheddar, black bean & corn salsa, pico de gallo, guacamole

CHICKEN CORDON BLEU WRAP

grilled chicken, ham, Swiss, dijonnaise

CHIPOTLE ROAST BEEF WRAP

lettuce, tomato, chipotle ranch, pepper jack

MONTE CRISTO ON FRENCH TOAST

ham, turkey, Swiss, strawberry jam, sprinkled with powdered sugar

TURKEY CRANBERRY GRILL ON SOURDOUGH

Muenster cheese and cranberry horseradish sauce

FRIED CHICKEN CLUB ON KAISER ROLL

chicken breast, Applewood bacon, sun-dried tomato relish, guacamole, herb goat cheese

Select Side

*fresh cut fruit - classic potato salad - Mediterranean pasta salad - classic macaroni salad
couscous & chickpea salad - spicy kale & quinoa black bean salad*



SALADS

BOXED LUNCHEON SALADS

all salads with balsamic vinaigrette

COBB SALAD

ham, turkey, Applewood smoked bacon, toasted almonds, sliced egg, tomato, cheddar, spring mix

COLONIAL SALAD

pecan crusted chicken, granny smith apples, tomato, Craisins, feta, spring mix

KING STREET SALAD

grilled chicken, asparagus, country ham, roasted red peppers, tomato, blue cheese, spring mix

LITTLE ITALY SALAD

portabella mushroom, peppers, onions, fresh mozzarella, Kalamata olives, tomato, basil, romaine

SHEM CREEK

grilled shrimp, Applewood smoked bacon, tomato, sliced egg, guacamole, cheddar, spring mix

MAGNOLIA SALAD

crab cake, black bean & corn salsa, tomato, herb goat cheese, spring mix

ROASTED BRUSSELS SPROUT SALAD

sesame-peanut chicken, herb goat cheese, balsamic Brussels sprouts, Craisins, mandarin oranges, grape tomatoes, pecans, spinach

FARM HOUSE FARRO SALAD

farro with tomatoes, chicken, blue cheese, roasted sweet potatoes, shredded carrots, granny smith apples, radish, spinach

RAINBOW SALAD

lemon pepper salmon, feta, mandarin oranges, strawberries, grapes, peppers, cucumber, shredded carrots, spinach

BERRY QUINOA SALAD

lemon herb quinoa, herb goat cheese, strawberries, raspberries, blackberries, blueberries, cucumber, almonds, fresh basil, mint, arugula

GREEK SALAD

chicken, feta, tomatoes, cucumbers, Kalamata olives, pepperchini, roasted chick peas, romaine

THAI SHRIMP SALAD

Asian spiced shrimp, shredded carrots, bean sprouts, cucumber, peppers, grape tomatoes, fresh basil, cilantro,, almonds, spinach



CHARLESTON POWER BOWLS

THAI CHICKEN BUDDHA BOWL

farro & tomatoes, chicken, pickled red cabbage, shredded carrots, bean sprouts, pickled ginger, crushed peanuts, cilantro, spinach
peanut sauce

KOREAN BOWL

brown rice pilaf, flank steak, shredded carrots, cucumber, radish, bean sprouts, kimchi, baby kale
Korean BBQ sauce

GREEK BOWL

couscous with spinach, chicken, feta, eggplant, zucchini, cucumbers, roasted peppers, Kalamata olives, arugula
balsamic vinaigrette

VIETNAMESE BBQ SHRIMP BOWL

rice noodles, BBQ shrimp, shredded carrots, cucumbers, water chestnuts, kimchi, crushed peanuts, cilantro, lime wedge, baby kale
ponzu sauce

FRESH GARDEN BOWL

lemon herb quinoa, balsamic Brussel sprouts, roasted sweet potatoes, peppers, cucumber, grape tomatoes, pepitas, spinach
balsamic vinaigrette

BLACKENED SHRIMP

blackened shrimp, brown rice, black beans and corn, asparagus, red onion, fresh basil, salsa, spinach, lime wedge
creamy yogurt cilantro lime dressing