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| Dr. ReVivajennz Spa | PFB Laser Treatment Care Form |

**Pre-Treatment**

* Notify your practitioner of any medications you have used within the last 6 months.
* Notify your practitioner if you have a history of perioral herpes.
* Discontinue waxing, tweezing or plucking 3 weeks prior to treatment. Shaving is required for these areas as the follicle must be present for the treatment to be as effective as possible.
* It is best to shave or clip hairs 2-3 days prior to treatment and have stubble of 2-3 mm. This helps the laser operator see the treatment areas and allows a more effective treatment.

**Immediately Before Treatment**

* Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

**Post-Treatment**

* You may return to your normal daily activities immediately after your treatments.
* Avoid extended sun exposure or tanning for at least 1-week post treatment.
* Use of a broad spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
* Continue a regiment of shaving or clipping hairs through your course of treatments to ensure any remaining follicles are present at treatment.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

Dr. ReVivajennz Med Spa

418 S. Wagner Rd. Ann Arbor, MI 48103

www.revivajennz.com