

Bun Eating Contest Rules

1. Starting the Contest

- All contestants must keep hands off bun until the official start signal.
- No early biting or touching.

2. During the Contest

- Bun must be fully swallowed to count.
- Dunking bun in water or any other liquid will not be allowed.
- Contestants may not share, throw, or hide bun.

3. Winning

- The contestant who eats all the bun first wins.
- In case of a tie, a tiebreaker round will be held.
- All food must be swallowed; anything spit out is not counted.

4. Disqualification

- Vomiting results in disqualification.
- Cheating (e.g., hiding bun) leads to immediate removal from the competition.
- Failure to follow contest staff instructions may also result in disqualification.