

Psalm 40: 1-4

I waited patiently for the Lord! He heard my cry!

“I waited patiently for the Lord; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praises to our God. Many will see and fear and put their trust in the Lord. Blessed is the man [or woman!] who makes the Lord his trust, who does not look to the proud, to those who turn aside to false gods.”

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