

Psalm 103: 1-6

Bless the Lord, O my Soul, and All That Is Within Me!

“Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s. The Lord works righteousness and justice for all the oppressed.”

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