

Psalm 121: 1 - 8

My Help Comes from the Lord!

“I lift up my eyes to the mountains—
where does my help come from?

My help comes from the Lord,
the Maker of heaven and earth.

He will not let your foot slip—
he who watches over you will not slumber;
indeed, he who watches over Israel
will neither slumber nor sleep.

The Lord watches over you—
the Lord is your shade at your right hand;
the sun will not harm you by day,
nor the moon by night.

The Lord will keep you from all harm—
he will watch over your life;
the Lord will watch over your coming and going
both now and forevermore.”

New International Version (NIV)

Holy Bible, New International Version®, NIV® Copyright ©1973, 1978, 1984, 2011 by [Biblica, Inc.®](#) Used by permission. All rights reserved worldwide.

[Return to website](#)

Dr. Robert J. Rapalje, Retired
Seminole State College of Florida
Altamonte Springs Campus
Email: rapaljer@mathinlivingcolor.com