

Carley Schmitt—Sample Ballet Notation

Creative Movement Ages 5-6

Across the Floor: Waltzes

Music: Flowing Waltz: Bethena by Kimbo Children's Music

Time Signature: 3/4

Learning Objective: to step in the correct rhythms with the music

Cautionary Reminder: to step down in pli   and then take two more steps in relev  

Creative Explanation: step down onto melted candy/chocolate and up onto a candy corn

Note: Hands are on hips for the whole combination, measures 1-4 take them to white (center line) and 5-8 are done in place

Start: tendu devant (R leg for R side, L leg for L side) with hands on hips

Preparation: stand up tall with a lifted chin

| Measures | Counts | Steps w/Arms |
|----------|---------------------|---------------------|
| 1 | 1, 2, 3 | waltz (R, L, R) |
| 2 | 2, 2, 3 | waltz (L, R, L) |
| 3-4 | 3, 2, 3 and 4, 2, 3 | repeat measure 1-2 |
| 5-6 | 5 2 3, 6 2 3 | pli  , stretch |
| 7-8 | 7 2 3, 8 2 3 | relev  , lower |
| 1-4 | 1-3, 2-3, 3-3, 4-3 | repeat measures 1-4 |
| 5-8 | 5-3, 6-3, 7-3, 8-3 | repeat measures 5-8 |