

**IN THE NAME OF THE FATHER AND OF THE SON AND  
OF THE HOLY SPIRIT.**

Christ has Risen. Christ has Risen indeed Alleluia, Alleluia!

Let us pray.

Lord, as disciples on the pilgrimage of life,  
reveal yourself to us, as you did to your first disciples on the  
road to Emmaus.

Reveal Your presence to us who reverently make this way of  
the Resurrection.

We ask this through Christ our Risen Lord Amen.

## **The First Station: The empty tomb.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,  
You have redeemed the world.



Matthew 28:1-2.

**The woman; Mary Magdalene and the other Mary went to the tomb to finish the burial ritual and anoint the body with spices. An angel appeared to them and said, “He is not here He has Risen.”**

Let us Pray.

Lord, death could not hold You,

The empty tomb is not about absence

It's about Your real and living presence. May we know Your presence with us always and everywhere. We ask this through Christ our Risen Lord. Amen.

## **The Second Station: Peter and John run to see the empty tomb.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,  
You have redeemed the world.



John 20: 2-9.

**Mary Magdalene runs to tell Peter and John about the angel and the empty tomb. In disbelief they run to see for themselves, they find the tomb empty and the burial cloths folded neatly, this was no nefarious theft of a body, this was considered and tidy.**

Let us pray.

Lord,

Peter who had denied You

And John who had stood by You.

Forgive our abandonment of You and encourage our love of You. We ask this through Christ our Risen Lord. Amen.

**The Third Station: The Risen Lord greets Mary.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,  
You have redeemed the world.



**John:11-18.**

**Mary went to the tomb to remember, to try to be close to the Lord, again she met an angel and then a man she**

**thought was the gardener, but when he spoke and addressed her by name she knew it was the Lord, different but the same. He looked different but sounded the same.**

Lord,

Your Resurrection allows You to be present in our lives today.

May we recognise your presence alive in others, in the Sacraments and above all in ourselves.

We ask this through Christ our Risen Lord Amen.

### **The Fourth Station: The road to Emmaus.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



Luke 24:13-27.

**Despondent two of the disciples gave up and walked away from Jerusalem. It was too much; they were finished and walked away. On the road a mysterious stranger joined them and put new heart into them. He explained the scriptures to them, their hearts began to warm and their vision restored.**

Let us pray.

Lord, on our life's journey we are often despondent and want to turn our backs and walk away. At these times reveal yourself to us, as our companion and friend. Do not walk too far ahead of us in case we cannot follow, do not walk too far behind in case we cannot lead, but walk always at our side and be our friend. Amen.

**The Fifth Station: They knew Him in the Breaking of Bread.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



Luke 24: 28-31.

In the Breeding of Bread, in that simple gesture and with those familiar words, the Risen One revealed His presence. “and their hearts burned within them.”

Lord,

May Your presence ignite the fire of faith and love within us, may our hearts burn with love of your Sacred Heart.

Open the scriptures to us, that we may recognise Your Risen presence in the Breaking of Bread.

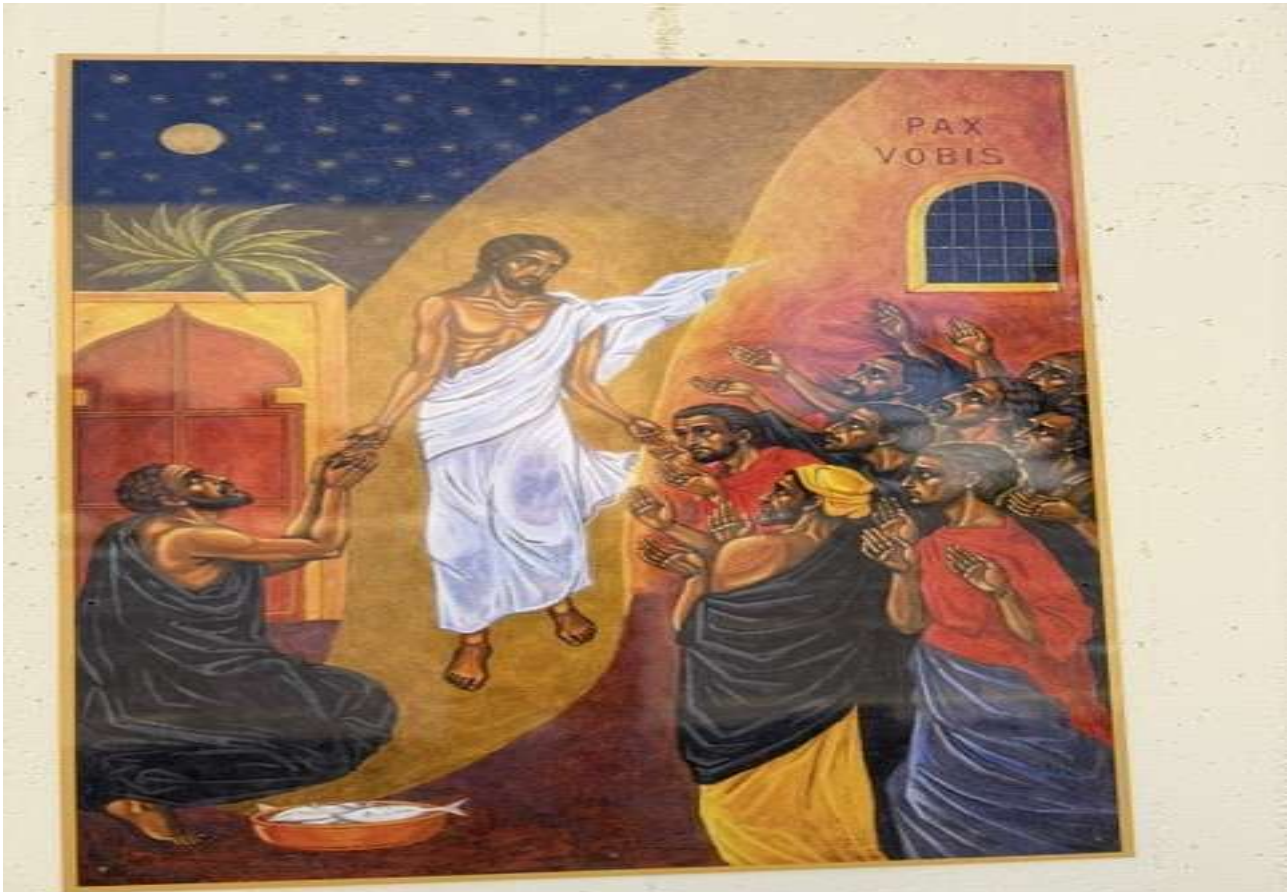
We ask this through Christ our Risen Lord. Amen.

## **The sixth Station: Jesus appears in Jerusalem.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



Luke 24:35-43.

**As the disciples told their story of the appearance of Jesus on the Emmaus Road and in the breaking of Bread he appeared to the gathering of disciples. Up to 5000 claimed to have seen the Risen Lord at different times until His Ascension.**

**He asked for fish to eat to prove he was no ghost and this was no hallucination.**

Let us pray.

Lord, continue to gather believers of all nations together.  
United in faith, may our lives convince the world that You are truly alive and Risen within us.

We ask this through Christ our Risen Lord. Amen.

**The Seventh Station: Breathing Peace and the power to forgive.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,  
You have redeemed the world.



John 20:19-23.

**Gathered in fear of the Jews, the Lord appears to His disciples showing his wounds and breathing the gift of the Spirit on them with the power to forgive and to reconcile. Through His wounds we are healed. Notice the Spirit triumphing over the serpent, the water of Baptism and regeneration and the Risen One holding onto and affirming Peter: the one who denied him.**

Let us pray.

Lord,

Like You, often our wounds are the result of our love.

Loving is risky. When we hurt, remind us to be wounded healers, just like You.

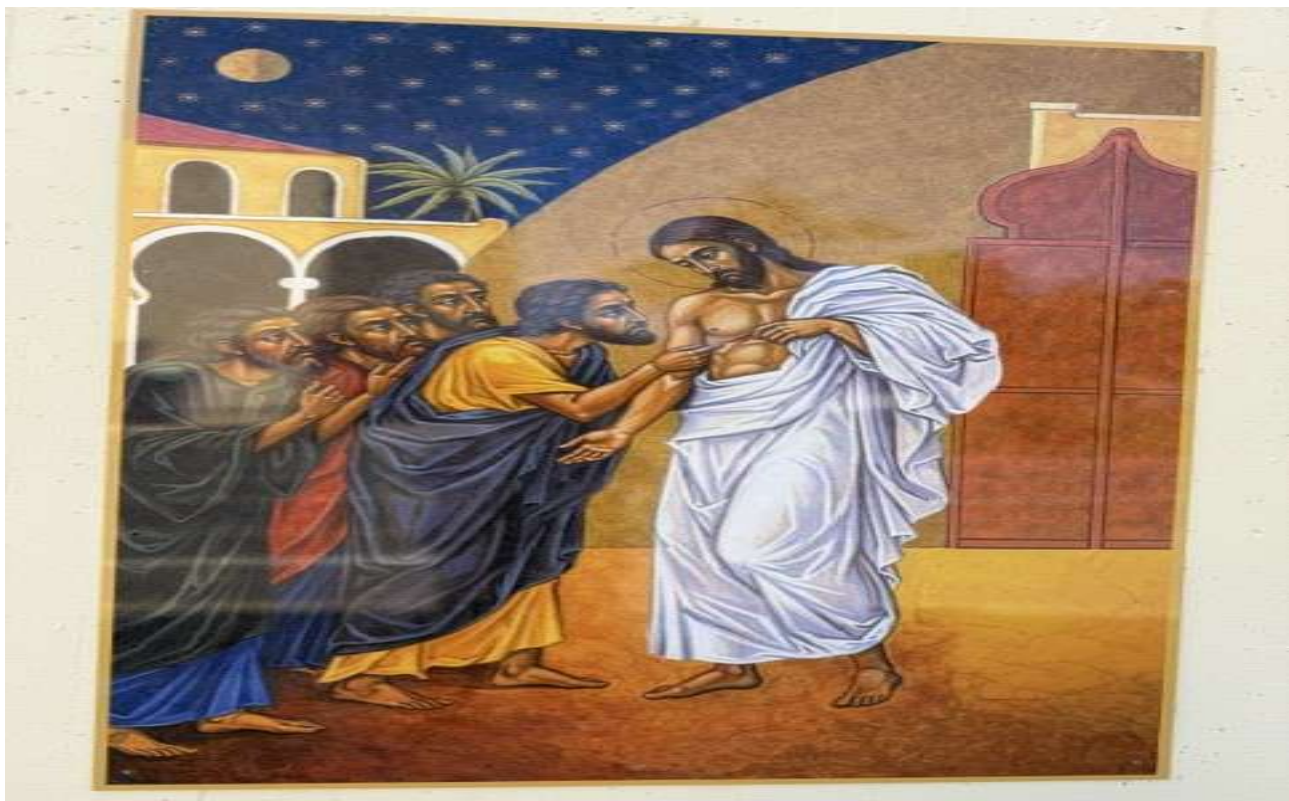
We ask this through Christ our Risen Lord. Amen.

**The Eighth Station: Jesus strengthens the faith of Thomas.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



John 20:24-29.

**Thomas was not there when Jesus appeared to the disciples, so he refused to believe. The Risen Lord came to confirm Thomas faith. The faith of the individual counts in Gods eyes.**

Let us pray.

Lord, may we never be afraid of our doubts.

They can help us, like Thomas; to reach a deeper and more mature faith in You.

We ask this through Christ our Risen Lord. Amen.

**The Ninth Station: The Risen Lord prepares Breakfast on the shores of the Sea of Tiberius.**



John 21:1-14.

**The Risen Lord asks his disciples to go out and fish again, he makes breakfast for them when they return to the shore. A very human way through which to reveal Himself.**

Let us pray.

Lord, You reveal Your love for us, in our cradling as children, in the caress of a loved one, in the support of a friend. In so many ordinary ways, You speak to us of what Your great love

is like. What great God You are who speaks through the ordinary things in our lives.

Through Christ our Risen Lord. Amen.

### **The Tenth Station: Entrusting the flock to Peter.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,  
You have redeemed the world.



John 21:15-17.

**To the one who denied Jesus three times, the Risen One affords Peter the chance to redeem himself three times.**

**“Yes Lord you know I love You.” Every saint has a past and every sinner a future.**

Let us pray.

Lord, for those under my authority.

My children, my workmates and co workers.

Out of my love for You, grant that I may empower those around me to blossom and flourish.

We ask this through Christ our Risen Lord. Amen.

**The eleventh Station: The great commission to preach and bear fruit.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



Matthew 28:18-20.

**Led by our Holy Mother the church we are to go out to the whole world and call disciples to bear the fruits of the Kingdom of God.**

Let us pray.

Lord strengthen our faith that we may share it with others.

We ask this through Christ our Risen Lord. Amen.

### **The Twelfth Station: The Ascension of the Risen Lord.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross and Resurrection,

You have redeemed the world.



Mark 16:19-20.

**After 40 days the appearances of the Lord came to an end as He Ascended back to His Heavenly Father.**

Let us pray.

Lord, draw our gaze upwards to where Christ now sits in glory.

Where He has gone may we one day follow.

We make this prayer through Christ our Risen and Ascended Lord. Amen.

**The Thirteenth Station: Mary and the disciples wait in prayer.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross, Resurrection, and Ascension

You have redeemed the world.



Acts of the Apostles 1:14.

**In the original “NOVENA” nine days of prayer between the Lords Ascension and the Gifting of the Holy Spirit the early church waited actively in prayer. Mary was there at the churches beginning.**

Let us pray.

Lord, as Your mother was open to the power of Your Spirit,  
through our prayer and her intercession for us,

May we too be open to Him who can bear much fruit in us.

We ask this through Christ our Risen and Ascended Lord.

Amen.

### **The Fourteenth Station: Pentecost Sunday.**

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross, Resurrection, and Ascension.

You have redeemed the world.



John 20:19-23.

**In the upper room they waited in prayer and God sent the Holy Spirit to be with us for all time. The Spirit of the Risen Lord has not departed but arrived to assist us in this present time.**

Let us pray.

Lord, through the gift of Your Holy Spirit,

Let the brightness of Christ shine through our hearts and minds and show in our attitudes and values.

We ask this through Christ our Risen and Ascended Lord.  
Amen.

V/We adore Thee O Christ and we praise Thee.

R/ Because by Your Cross, Resurrection and the gift of the Holy Spirit,

You have redeemed the world.

Our Father.....for the intentions of Our Holy Father the Pope.

Hail Mary.....for the intentions of our parish family.

Glory be .....for our own intentions.

Let us pray.

Increase Your gifts within us, as we reverently make this way of the Resurrection.

May we burn with the fire of Your Holy Spirit of Pentecost and walk always in the way of light: Your way.

We ask this through Christ our Risen and Ascended Lord Amen.

**Christ our hope has Risen.**

**He goes before you into Galilee.**

**That Christ is Risen from the dead we know,**

**Victorious King, Your mercy show. Amen Alleluia!**

In the Name of the Father and of the Son and of the Holy Spirit.

