



LIP BLUSH AFTERCARE

DO:

Keep your lips clean and dry of any fluid that may present itself after treatment. Pat dry with a clean tissue or paper towel.

Keep your lips constantly moisturized with a fragrance-free, medication-free lip balm such as Aquaphor.

Normal swelling occurs after treatment and should subside within 24-48 hours. To help with swelling, apply an icepack with a sterile barrier such as a clean paper towel or take ibuprofen if it is medically safe for you to do so.

Be sure to stay hydrated to help heal.

Avoid irritation from salty or spicy foods for the first week.

Use a straw while drinking for the first week (no hot beverages).

DON'T:

Don't touch or pick the peeling on your lips as this could lead to infection or loss of pigment.

Don't exercise for the first week in order to avoid sweating.

Don't apply cosmetics, cleaners or lotions to lips for the first 2 weeks.

Don't go tanning or do any chemical treatments until your lips are healed (4-6 weeks).

Don't get lip fillers 1 month before or 1 month after getting lip blush.

Don't use saunas, steam rooms, or swim for the first week.

Additional notes:

It may take around 6-8 weeks to see the final results.

The aftercare instructions are geared toward minimizing risk of infection and aiding in pigment retention.

It is ultimately up to you to follow these instructions in order to heal your fresh PMU properly.

Please contact the studio if you have any questions or concerns.