

# August 2027 Preschool Meal Calendar (CACFP Compliant)

Center Name: \_\_\_\_\_

Center Address: \_\_\_\_\_

All meals meet USDA CACFP Meal Pattern Requirements for Children Ages 2–5.

## Week 1: Aug 1–7

Day	Breakfast	AM Snack	Lunch	PM Snack
Sun 1	Oatmeal, peaches, milk	Banana	Chicken, rice, broccoli, milk	Yogurt
Mon 2	Whole grain toast, applesauce, milk	Cheese	Turkey sandwich, carrots, milk	Graham crackers
Tue 3	Cereal, milk	Orange wedges	Pasta w/ marinara, green beans, milk	Apples
Wed 4	Pancakes, strawberries, milk	Cucumbers	Baked chicken, sweet potatoes, milk	Applesauce
Thu 5	Eggs, toast, milk	Pears	Meatballs, rice, peas, milk	Yogurt
Fri 6	Muffin, milk	Apple slices	Fish sticks, corn, milk	Pretzels
Sat 7	Oatmeal, fruit, milk	Fruit cup	Grilled cheese, tomato soup, milk	Rice cakes

## Week 2: Aug 8–14

Day	Breakfast	AM Snack	Lunch	PM Snack
Sun 8	Yogurt, berries, milk	Banana	Chicken pasta, veggies, milk	Crackers
Mon 9	Toast & jelly, milk	Grapes (cut)	Beef taco bowl, beans, milk	Applesauce
Tue 10	Cereal, milk	Cheese slices	Baked ziti, peas, milk	Oranges
Wed 11	Waffles, peaches, milk	Carrots	Chicken nuggets, broccoli, milk	Yogurt
Thu 12	Eggs, toast, milk	Pears	Meatloaf, mashed potatoes, milk	Graham crackers
Fri 13	Bagel & cream cheese, milk	Apple slices	Whole-grain pizza, veggies, milk	Fruit cup
Sat 14	Oatmeal, milk	Banana	Mac & cheese, peas, milk	Pretzels

### Week 3: Aug 15–21

Day	Breakfast	AM Snack	Lunch	PM Snack
Sun 15	Yogurt parfait, milk	Apples	Chicken & rice, carrots, milk	Crackers
Mon 16	Toast, fruit, milk	Cheese	Sloppy joe, green beans, milk	Applesauce
Tue 17	Cereal, milk	Oranges	Spaghetti, green beans, milk	Yogurt
Wed 18	Pancakes, milk	Cucumbers	Chicken pot pie, milk	Fruit cup
Thu 19	Eggs & toast, milk	Banana	Beef & rice, peas, milk	Graham crackers
Fri 20	Muffin, milk	Pears	Fish sticks, corn, milk	Pretzels
Sat 21	Oatmeal, milk	Apple slices	Grilled cheese, tomato soup, milk	Rice cakes

## Week 4: Aug 22–28

Day	Breakfast	AM Snack	Lunch	PM Snack
Sun 22	Yogurt & fruit, milk	Banana	Chicken casserole, veggies, milk	Crackers
Mon 23	Toast & applesauce, milk	Cheese	Turkey & rice, carrots, milk	Fruit cup
Tue 24	Cereal, milk	Oranges	Pasta Alfredo, broccoli, milk	Yogurt
Wed 25	Waffles, milk	Carrots	Chicken nuggets, veggies, milk	Applesauce
Thu 26	Eggs & toast, milk	Pears	Beef stew, vegetables, milk	Graham crackers
Fri 27	Bagel, milk	Apple slices	Cheese quesadilla, beans, milk	Fruit
Sat 28	Oatmeal, milk	Banana	Mac & cheese, peas, milk	Pretzels

## Week 5: Aug 29–31

Day	Breakfast	AM Snack	Lunch	PM Snack
Sun 29	Yogurt, milk	Apples	Chicken & vegetables, milk	Crackers
Mon 30	Toast & fruit, milk	Cheese	Pasta & meat sauce, milk	Yogurt
Tue 31	Cereal, milk	Banana	Baked chicken, rice, milk	Applesauce

## CACFP Portion Size Chart (Ages 2–5)

Component	Minimum Serving
Milk	6 oz
Fruit/Vegetable	1/4 cup
Grains	1/2 slice bread or 1/4 cup
Meat/Meat Alternate	1 1/2 oz or equivalent

## **CACFP Monthly Audit Checklist**

- ✓ Menus posted daily
- ✓ All meal components served
- ✓ Milk served with breakfast and lunch
- ✓ Portion sizes meet CACFP minimums
- ✓ Substitutions documented
- ✓ Food allergies posted
- ✓ Attendance & meal counts recorded

Food Program Supervisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_